

# Ecology, Meditation and Living Dharma

March 25 – April 14, 2011

Residential retreat and public talks

## Tarchin Hearn



Each one of us is a living organism with a history that links back to the beginning of the universe. Each one of us is profoundly immersed in an environment of living beings with equally venerable histories. I am environment for you and you are environment for me. Collectively, we trigger shifts and changes in each other, and the summation of all this activity is our unfolding world, a world that is awesomely complex, interwoven, and profoundly alive.

Ecology helps us to intuit this truth.

Meditation is the work of consciously exploring this situation we find ourselves in.

Living dharma is to unfold a flow of authenticity, presence, deepening understanding and skilful compassion in every situation of our life journey.

During the retreat, with Tarchin's guidance, we will blend the teachings of Buddhadharma and deep ecology to explore a path of liberation through wonderment, contemplation, social action and ultimately, profound reverence for all life.

Tarchin writes about Dorje Ling Retreat Centre; "I love the land around Dorje Ling. The vitality of so much aliveness is palpable. It is a marvelous place to both rest in and deepen, the wondrous work of remembering our way home."

This retreat will be of great benefit for dharma practitioners, eco-activists, social activists, healers, care-ers, lovers of life and bodhisattvas of all shapes and sizes. To encourage deep and transformative experience, for most of the retreat, participants will be encouraged to engage in a flow of easeful, natural silence. There will be a bit of speaking and sharing in classes but otherwise we will dedicate much time to learning the language of our cells, the language of trees and birds and soil and sky and in the process gradually weave ourselves back into the fullness of the world.

Please bring a magnifying glass, a sketch book and pencils.

**Retreat:** 25 March - 10 April (arrive 24th)

Dorje Ling Retreat Centre (NW Tasmania)

\$860 waged/\$820 concession + dana

If wishing to come just for a few days: \$60/day + dana

**Public talks:** 7.30-9.00 pm, 12, 13, 14 April

Weeroona Yoga Studio,

326 Elizabeth St North Hobart

\$20 waged/\$15 concession per night + dana

**TASHI CHOLING DHARMA FOUNDATION**

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**Tarchin Hearn** Since 1977 Tarchin has taught in many countries and helped establish a number of centres for study and practice. Author of several books, he has been a guiding teacher for The Wangapeka Study and Retreat Centre in New Zealand since 1980. Writer, artist, poet, traveller and inspiring teacher, Tarchin has at times described himself as a 'yogi of the natural world'. He has a great interest in blending the insights and understandings of science and ecology with Buddha Dharma and in particular the teachings of Mahamudra and Dzogchen. Though well trained in Buddhism, Tarchin's approach is thoroughly non-sectarian and universal in nature. Bringing together a wonderful balance of humour and seriousness, eclectic experimentation and classical tradition, His work has inspired a wide range of people, from those who are new to the spiritual life, all the way through to people who are themselves already competent teachers of various different traditions.

For more information about Tarchin and for examples of his wide range of writing, please visit [www.greendharmatreasury.org](http://www.greendharmatreasury.org)