



Tarchin Hearn has an inspiring and unique approach to Buddhist Dharma: a non sectarian, universal, down to earth scientific approach from a brilliant, yet very human and humorous mind. Sometimes describing himself as a yogi of the natural world, Tarchin is also an artist, poet, writer and traveler. He has a great interest in blending the insights and understandings of science and ecology with the teachings of Buddha Dharma. Tarchin's way of teaching brings together a wonderful balance of eclectic experimentation and classical tradition. Since 1977 he has taught in many countries and helped establish a number of centres for study and practice. Author of several books, he is the guiding teacher for The Wangapeka Study and Retreat Centre, New Zealand.

Tarchin Hearn was born in England and raised in Canada. He has more than 30 years of experience in Theravadin and Mahayana schools of Buddhism and was ordained as a monk for 12 years in the Tibetan tradition. In his early years he studied with such illuminating teachers as Namygal Rinpoche, Kalu Rinpoche, H.H. the XV Karmapa, and Ven. Sayadaw U Thila Wunta, as well as receiving teachings and transmissions from H.H. The Dalai Lama, H.H. Sakya Trizin, Chobgye Rinpoche, Ling Rinpoche, Trichang Rinpoche, Karma Thinley Rinpoche, Dilgo Khyentse Rinpoche and Thich Nhat Hahn.



Dana

Dana is a voluntary amount given to the teacher in appreciation for the teachings. People are free to offer according to their individual circumstances. This is the only payment Tarchin receives.

Bookings and enquiries:

Kirsten Mayer
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E: bookings@tashicholing.net

PO Box 953
North Hobart
TAS 7004



Co-ordinated by:
Tashi Choling Dharma Foundation
www.tashicholing.net

Straight from

the heart

Tarchin Hearn In Tasmania

2007

Public Talks

Workshops

Urban retreat

19 Sep – 7 Oct

*Life is short and precious. How
can we live so that all beings
become our companions on the
path of awakening?*

The Program

Teachers' Workshop

Self Care for Teachers — taking care of yourself and being there for kids. A Buddhist perspective to enrich your life. This will be useful to anyone involved in caring for others including parents and counsellors.

Teachers do some of the most important and valuable work in the world; at the same time, what we are required to do can push us to the limits of our abilities. It is important that we take the time to replenish and nurture ourselves so that we can be available for our families, friends, colleagues, students and ourselves.

This workshop will offer you the opportunity to do just that.....

Adult Education Centre, Church St, North Hobart

Wed 19th September, 9:30—1:30pm

Thu 20th September, 9:30—1:30pm

Fri 21st September, 9.30—12pm

\$35 per session; \$80 for the series Plus Dana

Registration necessary — Morning tea provided

Public Talk: 'Straight from the Heart'

An introduction to exploring profundity and practicality wherever we find ourselves.

Frank Wells Hall, Friends Primary School, 393 Argyle St, North Hobart

Wed 19th September, 7:30—9pm

\$20, \$15 concession plus Dana

Urban Retreat

22 — 30th September, 2007

'Straight from the Heart' - exploring profundity and practicality wherever we find ourselves.

An urban retreat is an opportunity for people who value meditation and contemplative enquiry to learn to seamlessly merge them into their daily activities. Practice bringing joyful mindfulness into every moment.

Weeroona House, Elizabeth St, North Hobart

Sat 22 Sept, 9:30am—1pm,

Sun 23 Sept, 9:30am—1pm

Mon 24, Tue 25, Thu 27 Sept 7—9pm

Satu 29 Sept, 9:30am—1pm,

Sun 30 Sept, 9:30am—1pm

\$200 plus Dana

Registration essential.

Tarchin asks that participants commit to all sessions as far as is possible.

Tachi Choling Meditation

Our regular meditation session is led for this week by Tarchin.

71 Liverpool Street Hobart
(2nd floor, lane next to Gould's Pharmacy)

Tue 2nd October, 7:30 — 9pm

Dana

Public Talk: 'Climate Change'

There's 'an inconvenient truth' that perhaps our inner climate needs to change to make it possible to tackle the outer climate change in a meaningful way. Can changing our thinking change the world?

Frank Wells Hall, Friends Primary School 393 Argyle St, North Hobart

Thu 4th October, 7.30—9pm

\$20 (\$15 concession) plus Dana

Workshop: "Beyond Denial and Despair"

As fear of terrorism and looming environmental crisis take hold, how can we act with courage and compassion? Tarchin would like to explore activism from the perspective of dharma and see if there is a way of moving beyond the states of denial and despair described by Al Gore.

Frank Wells Hall, Friends Primary School 393 Argyle St, North Hobart

Sat 6th October, 1pm - 5pm

Sun 7th October, 9:30am - 12 noon

Weekend: \$75 (\$50 concession) plus Dana

Registration necessary — Refreshments provided

Name (Please print)

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Address:

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Postcode:.....

Phone (day).....

(evening).....

Email:.....

I would like to book for:

Teacher's Workshop, 19—21 September

Urban Retreat, 22—30 September

Workshop, 6—7 October

I have enclosed a cheque for: \$.....

Please send your cheque with the amount specified on the brochure by the date specified on the brochure for the retreat you have selected.

Cheques payable to: "Tashi Choling Dharma Foundation". Please mail this form along with your cheque to:

Tarchin Hearn Retreats
c/- Tashi Choling Dharma Foundation
PO Box 593
North Hobart
TAS 7002

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