

The Tibetan Buddhist fundamental spiritual premise is that life is beginningless and also endless, not bound in time or space but existing rather in a state of a continuous infinite present of pure consciousness. Our life style, our approach to living will determine whether this clarity is allowed to shine through in a state of happiness or cloud it with suffering. We are given this opportunity again and again to turn our life around as the wheel of time symbolizes.

Drawing inspiration from the tantric deity of the infinite present, Buddha Amitayus, the Gyuto monks will elaborate on the concept of the infinite present and its application in our daily lives through their sand mandala, meditation series 'The Concept of Stillness', evening teachings on 'Relating and Enduring', chanting, Culture for Kids and ultimately an indepth weekend retreat 'Dying to Live'.

New offerings this year are Monk Tibetan Tips for Daily Life – each day a different Gyuto Monk will reveal simple but effective ways in which we can enrich our lives and minimize pain and suffering. In addition, time has been allocated for individuals to request short pujas addressing specific personal issues.



Visit the Gyuto Precious Items Stall

All proceeds from program benefit the refugee monks of
Gyuto Tantric Monastery in India

GYUTO MONKS OF TIBET

Return to Hobart with

The Infinite Present Tour of Australia 2011



**WATERSIDE PAVILION
MAWSON PLACE, HOBART**

Opening Friday 7.30pm Sept. 2nd

with a Buddha Amitayus Puja

then daily to Sept. 14th 2011

Open 10am – 5 pm and evenings as scheduled

Daily: Sand Mandala of Infinite Present – Buddha Amitayus

All Welcome – Entry by Donation

followed by Retreat into Bliss

“DYING TO LIVE”

Taroona High School (non-residential)

Meath Ave, Taroona

Friday Sept. 16th 7.30 pm

Saturday Sept. 17th 10 am – 9 pm

Sunday Sept. 18th 10 am – 4 pm

Gyuto “Masterchef Monks” catering included all weekend.

Cost \$320 Book now: ph 0412 124 678

Enquiries: Local 0427 348 766

Gyuto House 0412 124 678

gyuto@gyutoaus.com www.gyuto.co

DAILY PROGRAM

FRIDAY 2 SEPT

7.30 pm Opening Reception with
Buddha Amitayus Puja

SATURDAY 3 SEPT

10.00 – 10.30 Sand Mandala Blessing &
Drawing of Blueprint
11.00 – 12.00 Culture for Kids: *Medicine Trees*
12.00 – 1.00 Meditation: *Practice of Surrender*
2.00 – 3.00 Monks' Tibetan Tips for
Daily Life: *Humour*
3.00 – 4.00 'Tortang' Karma Burning Ritual
4.30 – 5.00 Evening Meditation
7.30 – 9.00 Buddhist Talk Series: *Relating to Others*

SUNDAY 4 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Peace Calligraphy*
12.00 – 1.00 Meditation: *Mental Discipline*
2.00 – 3.00 Monks' Tibetan Tips for
Daily Life: *Health*
3.00 – 4.00 Personal Pujas by request & offering
4.30 – 5.00 Evening Meditation

MONDAY 5 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Wish Fulfilling Gems*
12.00 – 1.00 Meditation Series: *Challenging Routine*
2.00 – 3.00 Monks' Tibetan Tips for
Daily Life: *Healing*
3.00 – 4.00 'Tortang' Karma Burning Ritual
4.30 – 5.00 Evening Meditation

TUESDAY 6 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Protective Skulduggery*
12.00 – 1.00 Meditation Series: *Dismantling Depression*
2.00 – 3.00 Monks' Tibetan Tips for Daily Life:
Happiness
3.00 – 4.00 Personal Pujas by request & offering
4.30 – 5.00 Evening Meditation
7.30 – 9.00 Buddhist Talk Series: *Alone with Oneself*

WEDNESDAY 7 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Happy Flags*
12.00 – 1.00 Meditation Series: *Undermining Anger*
2.00 – 3.00 Monks' Tibetan Tips for Daily Life: *Hurt*
3.00 – 4.00 'Tortang' Karma Burning Ritual
4.30 – 5.00 Evening Meditation

THURSDAY 8 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Good Luck Scarf*
12.00 – 1.00 Meditation Series: *Realizing Stress*
2.00 – 3.00 Monks' Tibetan Tips for Daily Life: *Home*
3.00 – 4.00 Personal Pujas by request & offering
4.30 – 5.00 Evening Meditation
7.30 – 9.00 Buddhist Talk Series: *True Independence*

FRIDAY 9 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Meditation Mantras*
12.00 – 1.00 Meditation Series: *Selfless Strength*
2.00 – 3.00 Monks' Tibetan Tips for Daily Life: *Heart*
3.00 – 4.00 'Tortang' Karma Burning Ritual
4.30 – 5.00 Evening Meditation

SATURDAY 10 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Tibetan Dolls*
12.00 – 1.00 Meditation Series: *Dissolving Insecurity*
2.00 – 3.00 Monks' Tibetan Tips for Daily Life: *Hell*
3.00 – 4.00 Personal Pujas by request & offering
4.30 – 5.00 Evening Meditation

SATURDAY 10 SEPTEMBER
8.00 – 10.00 HARMONIC
CHANTING PERFORMANCE
'INFINITE SOUND'
Admission \$25.

SUNDAY 11 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Energy Sticks*
12.00 – 1.00 Meditation Series: *Confident Humility*
2.00 – 3.00 Monks' Tibetan Tips for
Daily Life: *Honesty*
3.00 – 4.00 'Tortang' Karma Burning Ritual
4.30 – 5.00 Evening Meditation

MONDAY 12 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Fearless Amulets*
12.00 – 1.00 Meditation Series: *Calming Anxiety*
2.00 – 3.00 Monks' Tibetan Tips for Daily Life
Humility
3.00 – 4.00 Personal Pujas by request & offering
4.30 – 5.00 Evening Meditation
7.30 – 9.00 Buddhist Talk Series: *The Positive
and Negative Nature of Endurance*

TUESDAY 13 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Mandala Protector*
12.00 – 1.00 Meditation Series: *On the Cushion or off?*
2.00 – 3.00 Monks' Tibetan Tips for Daily Life:
Honour
3.00 – 4.00 'Tortang' Karma Burning Ritual
4.30 – 5.00 Evening Meditation

WEDNESDAY 14 SEPTEMBER

10.00 – 10.30 Morning Meditation
11.00 – 12.00 Culture for Kids: *Travel Talismans*
12.00 – 1.00 Meditation Series: *Infinite Present
(Om Amarani Jivantiyeh So Ha)*
2.00 – 3.00 Monks' Tibetan Tips for Daily Life: *Habit*
3.00 – 4.00 Public Talk on Mandala Creation
4.30 – 5.00 Dissolution of the Mandala Of
Buddha Amitayus



State
CINEMA hill
street

