

AUTHOR	TITLE	USER_NUM	PRODUCT_INFO
Edward Albertson	Understanding Zen for the millions	1000	Zen teaching with examples, anecdotes and exercises to make the task easy.
Dalai Lama	The Art of Happiness	1001	The world's greatest spiritual leader teams up with a psychiatrist to share, for the first time, how he achieved his hard-won serenity and how we can find the same inner peace.
Various sources	Atisha : a biography of the renowned Buddhist sage / translated from Tibetan sources by Lama Thubten Kalsang et al.	1002	
Kuanyu Lu (Charles Luk)	Ch'an and zen teaching: First Series	1003	
Stephen. Levine	A Gradual awakening.	1004	A straightforward guide to the practice of meditation that is as useful for a regular practitioner as for the beginner; with original discussion and guidelines that brings meditation practice into daily life, and assists in the challenge of working in the world while practising purity of heart.
Ayya. Khema	A Gradual awakening.	1005	
Ayya. Khema	All of us : beset by birth, decay and death: twelve dhamma talks on practice given on Parappuduwa Nuns Island	1006	Abstract: Chapters: The dhamma of the blessed one ; accepting oneself ; to control one's mind ; be nobody ; war and peace ; non-duality ; renunciation ; ideal solitude ; dukkha for knowledge and vision ; our underlying tendencies ; sorrowless, sinless and secure ; path and fruit
Jamgon. Kongtrul	The torch of certainty / Jamgon Kongtrul ; translated from the Tibetan by Judith Hanson ; foreword by Cho?gyam Trungpa.	1007	Important and fundamental Tantric text
Hisao Inagaki	The three Pure Land sutras	1008	The larger sutra on Amita?yus : the sutra on the Buddha of Infinite Life, Taisho?, v. 12, no. 360 -- The sutra on contemplation of Amita?yus : the sutra on visualization of the Buddha of Infinite life, Taisho?, v. 12, no. 365 -- The smaller sutra on Amita?yus : the sutra on Amita?yus Buddha, Taisho?, v. 12, no. 366.
Ajahn. Jagaro	Calm & insight	1009	
Venerable Ajahn Chah	Food for the heart	1010	Abstract: Contents : Addresses to monks on dharma fighting, understanding vinaya, maintaining the standard, right practice - steady practice, samma samadhi - detachment within activity, the flood of sensuality, in the dead of night..., sense contact - the fount of wisdom,'not sure?' - the standard of the noble ones, transcendence.

Reginald A. Ray	Indestructible Truth: The Living Spirituality of Tibetan Buddhism	1011	<p>This book is divided into 4 parts: The sacred environment, Tibet's story, core teachings, Buddhist philosophy</p> <p>Amazon.com</p> <p>Studying Tibetan Buddhism can be like entering a maelstrom of deities, rituals, and scriptures. In a new introduction to the history, the religion, and the philosophy of Tibetan Buddhism, Reginald Ray calms the storm and provides a compass for exploration. A professor and seasoned practitioner, Ray walks the line between objective historian and caring adviser. With spare precision and rich detail, he tells the story of Buddhism in Tibet, from its great progenitors in India to the larger than life transmitters to the series of schools that developed over the centuries. Ray makes no pretense at secularizing Tibetan Buddhism or diminishing its magical elements. He begins with the multifarious Tibetan cosmos but also covers the major tenets of Buddhism, emphasizing the living practices and their results. Capping the book, Ray devotes a section to the development of Buddhist philosophy, again displaying a knack for putting complex issues debated over centuries into just a few easy-to-understand paragraphs. It would be no exaggeration to say that indestructible truth is the best all-around introduction to Tibetan Buddhism you're likely to find. --Brian Bruya --This text refers to an out of print or unavailable edition of this title.</p> <p>From Publishers Weekly</p> <p>The tyro learning something about Buddhism will have noticed a trend in books: many are either about</p>
Chogyam Trungpa	The rain of wisdom: the essence of the ocean of true meaning	1012	Abstract: The essence of the ocean of true meaning, bring the rain of wisdom, the spontaneous self-liberation, the blazing great bliss, the quick path to realisation of the Supreme Siddhi and the Vajra songs of the Kagyu Gurus.
Venerable Ajahn Chah	Bodhinyana : a collection of dhamma talks	1013	
Geshe Rabten	The preliminary practices of Tibetan Buddhism	1014	
Bukkyo? Dendo? Kyo?kai.	The Teaching of Buddha	1015	
Betty Kelen	Gautama Buddha: in life and legend	1016	
Amaravati Publications (Hertfordshire, England)	Seeing the way : Buddhist reflections on the spiritual life: an anthology of teachings by English-speaking disciples of Ajahn Chah	1017	

Venerable Ajahn Chah	A taste of freedom	1018	Abstract: Contents: On meditation, the path in harmony, the middle way within, the peace beyond, opening the dhamma eye, convention and liberation, no abiding, right view - the place of coolness.
H Saddhatissa	The Buddha's way	1019	Abstract: Part 1: Basic principles ; Part 2: Philosophy ; Part 3 - Meditation
Anagarika Brahmachari Govinda	The psychological attitude of early Buddhist philosophy: and its systematic representation according to the Abhidhamma tradition	1020	Abstract: On the origin of religion and the early stages of Indian thought, psychology and metaphysics in the light of Abhidhamma, the Four Noble Truths as starting point and logical frame of Buddhist philosophy, the fundamentals of consciousness, the factors of consciousness and the functions of consciousness and the process of perception.
Christmas Humphreys	Buddhism	1021	The life of the Buddha, the ministry, the rise of the 2 schools, the spread of Buddhism, thereavada, the sangha, mahayana principles, the bodhisattva idea and the pure land schools, zen, Tibetan, the fruits of Buddhism and Buddhist Scriptures etc.
Christmas Humphreys	The Buddhist way of life	1022	
Lucien Stryk	World of the Buddha: a reader: from the Three Baskets to modern zen	1023	Abstract: Contents include Jataka tales, life of the Buddha, 'the going forth', the Dhammapada, is there a life after death, questions of Milinda, questions which tend not to edification sermon No. 1, Buddhaghosa, short passages, chiefly from the Nikayas meditation and contemplation, Rhinoceros discourse, the Tevigga Sutta, monks and lay followers, Emperor Ashoka: the edicts, from the Dipavamsa, Asvaghosa, from the Mahavastu, Mahayana Sutras, Nagarjuna, Asanga and Vasubandhu, Shantideva, Tibetan Buddhism, I-Tsing, Platform scripture of the 6th Patriarch, Zen poems, sermons and anecdotes, the Sin Xai....
Lobsang Phuntshok Lhalungpa	The life of Milarepa	1024	
Janice D. Willis	Enlightened Beings: Life Stories from the Ganden Oral Tradition	1025	Book Description Jan Willis provides a wealth of information about six mahamudra masters from the Geluk school of Tibetan Buddhism and how they studied, practiced, meditated, and became enlightened beings in their lifetimes.
Jane Hamilton-Merritt	A meditator's diary : a Western woman's unique experiences in Thailand monasteries	1026	
Lama.; et al Thubten Kalsang	Atisha : a biography of the renowned Buddhist sage	1027	

B. Alan Wallace	Tibetan Buddhism From the Ground Up: A Practical Approach for Modern Life	1028	<p>Book Description</p> <p>Here at last is an organized overview of Tibetan Buddhism's teachings, beginning with the basic themes of the sutras - the general discourses of the Buddha - and continuing through the esoteric concepts and advanced practices of Tantra. Unlike other introductions to Tibetan Buddhism, Tibetan Buddhism from the Ground Up doesn't stop with theory and history, but relates timeless spiritual principles to the pressing issues of modern life, both in terms of daily experience and a uniquely Western world view. This fascinating, highly readable book asks neither unquestioning faith nor blind obedience to abstract concepts or religious beliefs. Rather, it challenges the reader to question and investigate life's issues on a personal level, in the light of an ancient and effective approach to the sufferings and joys of the human condition.</p>
Boowa N a n asampanno	Venerable A cariya Mun Bhu ridatta Thera : a spiritual biography	1029	
Dolma Taring	Daughter of Tibet: The Autobiography of Rinchen Dolma Taring	1030	<p>Book Description</p> <p>Rinchen Taring was born in 1910 in one of the oldest families in Tibet. She was the first Tibetan girl to speak and write English.</p>
Tim Ward	What the Buddha Never Taught	1031	<p>From Publishers Weekly</p> <p>According to Ward's delightful account of a stay in a Buddhist monastery in Thailand, there are many things that the Buddha never taught. One is the extreme rigor of the Pah Nanachat monastery, involving rising at 3 a.m. for chanting, walking on gravel roads in bare feet and eating only one meal a day. Another, Ward concludes, is that all this self-denial and sacrifice is ultimately hollow. The final lesson is the redemptive power of laughter. Ward, a Canadian journalist, traveled around Asia for six years, eventually winding up at Pah Nanachat, which was built to spread Theravada Buddhism to farangs (or non-Thais). Among the motley crew the author finds at the monastery are an ex-gospel singer from England, a former accountant from China and a former real estate millionaire from Chicago. The head monk is an Australian who used to play jazz guitar in his last life. The book is Ward's affectionate, and often very humorous, account of his sojourn in this place of meditation and renunciation. The volume could have been improved by some sharp editing, but its little redundancies and repetitions help capture the often monotonous life of the monk.</p> <p>Copyright 1993 Reed Business Information, Inc.</p> <p>From Library Journal</p> <p>This book is a first-person narrative of the author's training as a monk in a Theravada Buddhist monastery in Thailand. Unlike other books in which Westerners find new meanings to life from Eastern religious training or praise Eastern mysticism over the West, there are no enlightenments, but there is bureaucracy, drudgery, and dogmatic laws. Ward's book paints an exotic, exclusive world and fills it</p>

Tarthang Tulku.	Hidden mind of freedom	1032	
daughters of the Buddha Sakyadhita (1987 Feb : Bodhgaya, India)	Daughters of the Buddha : 1st International conference on Buddhist nuns : Papers / Karma Lekshe Tsomo.	1033	
Tulku Thondup ; edited by Harold Talbott.	Hidden teachings of Tibet : an explanation of the Terma tradition of the Nyingma School of Buddhism	1034	
Clifford Thurlow	Stories from beyond the clouds : an anthology of Tibetan folk tales	1035	
Zopa Rinpoche	Tara : the liberator	1036	From two teachings given at Kopan Monastery and Himalayan Yogic Institute, Nepal May 1987
Ajahn Tate.;	The Autobiography of a Forest monk	1037	
Wisdom Culture (Organization)	Wisdom energy 2.	1038	Lam rim lectures from the US, Europe and Asia
Garma C C Chang	Teachings of Tibetan yoga	1039	
Thien Tam	Pure Land Buddhism : dialogues with ancient masters	1040	

Thubtne Zopa	The Door to Satisfaction: The Heart Advice of a Tibetan Buddhist Master	1041	<p>Book Description: Lama Zopa explains how to gain perfect peace through training the mind.</p> <p>From the Back Cover: In this book, Lama Thubten Zopa Rinpoche reveals the essential meaning of an ancient text he discovered in his retreat cave high above the Himalayas. The message is simple and applies to Buddhists and non- Buddhists alike - you can stop all problems forever and gain perfect peace of mind by practicing the thought training methods explained herein.</p> <p>If you are ill or incapacitated, you need this book. If you are tired, lonely, or depressed, you need this book. If you are dissatisfied or disillusioned with life and relationships, you need this book. Even if you are happy and everything is going well, you still need this book.</p> <p>Lama Zopa, whose own life story is related here, is a renowned Buddhist monk and spiritual guide of thousands of people worldwide. At the beginning of this teaching, he startled his audience when he declared, 'Only when I read this text did I come to know what the practice of Buddhism really means!'</p> <p>Open this book and open the door to a timeless path leading to wisdom and joy.</p>
1308-1363. Klon?-chen-pa Dri-med-?od-zer	The four-themed precious garland : an introduction to Dzog-ch?en, the great completeness	1042	
Trungpa, Chogyam, 1939-	Glimpses of abhidharma : from a seminar on Buddhist psychology / Chogyam Trungpa.	1043	
Humphreys, Christmas, 1901-1983.	Zen Buddhism	1044	
Anonymous	The Dhammapada	1045	<p>Abstract: The aphorisms that illustrate the Buddhist dhamma or moral system. Probably compiled in the 3rd c. BC, the verses encompass the struggle towards Nirvana and point out the Path of Perfection leading to it. 'This gospel of light and love is amongst the greatest spiritual works of man. Each verse is like a small star and the whole has the radiance of eternity.'</p>

Thich Nhat Hanh	Love in Action: Writings on Nonviolent Social Change	1046	Book Description Love in Action offers essays on nonviolence, peace, and reconciliation. Thich Nhat Hanh writes eloquently in the tradition of Mahatma Gandhi and Martin Luther King, Jr. on the need for mindfulness and altruistic love as the basis for political action.
Kennett, Jiyu, 1924-	Zen is eternal life / Jiyu Kennett.	1047	Originally published : as 'Selling water by the river', New York : Vintage Books, 1972 ; London : Allen and Unwin, 1973.
Ku San	Nine mountains: Dharma-lectures of the Korean meditation master Ku San	1048	
Daisetz Teitaro Suzuki	The field of Zen : contributions to 'The Middle Way', the Journal of The Buddhist Society	1049	Abstract: Includes Suzuki's early memories, chapters on Buddha and Zen, the meaning of satori, Maha Prajna and Maha Karuna, the analytical and synthetic approach to Buddhism, self and Zen, Echart and Zen Buddhism, Zen meditation, sudden and gradual enlightenment, faith in Zen Buddhism, Shin and Zen etc.
Thupten Wangyal. (Geshe Wangyal)	The jewelled staircase / by Geshe Wangyal.	1050	
1878-1941.. Pha-bon-kha-pa Byams-pa-bstan-dzin-phrin-las-rgya-mtsho	Self-initiation of Vajrabhairava / compiled by Kyabje Phabongkha Rinpoche ; translated [from Tibetan] by Sharpa Tulku with Richard Guard.	1051	"For initiates who have completed the required retreat of this [Buddhist] deity."
Glenn H. Mullin	Teachings at Tushita : Buddhist discourses, articles, and translations given at or offered to Tushita Mahayana Meditation Centre, 5/5 Shanti Niketan, New Delhi, India / edited by Glenn H. Mullin and Nicholas Ribush.	1052	

Sangharakshita	What Is the Dharma?: The Essential Teachings of the Buddha	1053	<p>About the Author: Realized that he was a Buddhist at age 16. After 20 years in India, returned to England and established Friends of the Western Buddhist Order (1967); Western Buddhist Order (1968).</p> <p>Back cover: What is the meaning of life? How can we be truly happy?... Guided by a lifetime's experience of Buddhist practice, Sangharakshita (Dennis Lingwood) tackles the question: 'What is the Dharma?' from many different angles. The result is a basic starter kit of teachings and practices, which emphasizes the fundamentally practical nature of Buddhism.</p>
Dalai Lama XIV	A Simple Path	1054	<p>Book Description This beautifully illustrated full color gift book combines the wisdom of His Holiness the Dalai Lama with inspiring images of the Tibetan people, Buddhist monks and nuns, His Holiness the Dalai Lama, and the stunning landscapes of Nepal and Tibet.</p>
Anagarika Brahmacari Govinda	Buddhist Reflections	1055	<p>From Library Journal Grouped into four parts--"The World and Its Interpretation," "The Inward Path," "Art as Creative Meditation," and "The Meeting of East and West"--these essays by a Westerner who became a Tibetan monk and Buddhist scholar combine thought with feeling, insight with wide-ranging compassion. An introductory essay provides background about the Buddha and Buddhism so that the 19 subsequent essays are accessible and convey profound thought in clear language with analogies helpful to Westerners. Govinda's most exciting essays deal with consciousness and transcendence as echoed in other religions and in Teilhard de Chardin's ideas of a conscious cosmos. Recommended for large public, academic, and seminary libraries. Copyright 1991 Reed Business Information, Inc.</p> <p>Language Notes Text: English (translation) Original Language: German</p>
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	The Buddhism of Tibet and The key to the middle way / Tenzin Gyatso, the Fourteenth Dalai Lama ; translated in the main by Jeffrey Hopkins and Lati Rimpoche.	1056	<p>Also Titled: The Buddhism of Tibet, Buddhism of Tibet.</p>
Robert. LINSSEN	Zen: the wisdom of the East-a new way of life.	1057	

Thubten Zopa Rinpoche	Virtue and reality : method and wisdom in the practice of Dharma / Zopa Rinpoche ; edited by Nicholas Ribush.	1058	
Francesca. Fremantle	The Tibetan Book of the Dead: The Great Liberation through Hearing in the Bardo	1059	<p>Book Description</p> <p>In this classic scripture of Tibetan Buddhism--traditionally read aloud to the dying to help them attain liberation--death and rebirth are seen as a process that provides an opportunity to recognize the true nature of mind. This unabridged translation of the Tibetan Book of the Dead emphasizes the practical advice that the book offers to the living. The insightful commentary by Chogyam Trungpa, written in clear, concise language, explains what the text teaches us about human psychology. This book will be of interest to people concerned with death and dying, as well as those who seek greater spiritual understanding in everyday life.</p> <p>Language Notes</p> <p>Text: English (translation)</p> <p>Original Language: Tibetan --This text refers to an out of print or unavailable edition of this title.</p>
Lati Rinpoche	Death, Intermediate State and Rebirth	1060	<p>Book Description</p> <p>Detailed exposition of how people die, the stages of death, and the subtle physiological processes attending death and deep meditation.</p> <p>Language Notes</p> <p>Text: English, Tibetan (translation)</p>
Jiyu. KENNETT	Selling water by the river. A manual of Zen training.	1061	
Dalai Lama XIV Bstan-dzin-rgya-mtsho	An open heart : practicing compassion in everyday life / by the Dalai Lama ; edited by Nicholas Vreeland ; afterword by Khyongla Rato and Richard Gere.	1062	
	The Jewel in the Lotus: A Guide to the Buddhist Traditions of Tibet	1063	Bibliography: p. [278]-280. In English.

Surya. Das	Awakening the Buddha within : eight steps to enlightenment / Lama Surya Das.	1064	Abstract: An easy and accessible introduction to Tibetan Buddhism.
De Bary, William Theodore, 1918-	The Buddhist tradition in India, China & Japan / edited by Wm. Theodore De Bary ; with the collaboration of Yoshito Hakeda and Philip Yampolsky ; with contributions by A. L. Basham, Leon Hurvitz, and Ryusaku Tsunoda.	1065	
Pierre. Delattre	Tales of a Dalai Lama / [by] Pierre Delattre.	1066	
Chang, Chen-chi, 1920-	The practice of Zen / Chang Chen-chi.	1067	
David-Neel, Alexandra, 1868-1969.	Buddhism : its doctrines and its methods / Alexandra David-Neel ; with a foreword by Christmas Humphreys ; [translated by H.N.M. Hardy and Bernard Miall].	1068	This translation originally published: London: John Lane, 1939. Translation of: Le bouddhisme, ses doctrines et ses me?thodes. Paris: Plon, 1936. Includes index.
1950- Thubten Chodron	I wonder why / by Thubten Chodron.	1069	

Tad Wise	Blessings on the Wind: The Mystery & Meaning of Tibetan Prayer Flags	1070	<p>Book Description:</p> <p>High on the Tibetan Plateau, colorful prayer flags flutter, blowing the blessings of the Buddha out over all the Earth. Blessings on the Wind offers a unique way to practice sacred customs and enhance good fortune with a set of five authentic, traditional Tibetan prayer flags accompanied by a beautifully illustrated hardcover book. The companion volume details the history and origin of Tibetan prayer flags, explaining their rich meaning and offering advice on how to display them most auspiciously. A foreword by renowned scholar of Tibetan Buddhism Robert Thurman, along with explanations of the meaningful symbols printed on the flags, translations of mantras, and meditations to accompany rituals, together offer hands-on insights into the beauty and wisdom of Tibetan beliefs. For newcomers and longtime Buddhists alike, Blessings on the Wind offers a tangible way to promote good karma and celebrate Buddhist traditions.</p> <p>About the Author:</p> <p>Tad Wise is a journalist, actor, musician, and stonemason, as well as a former student of Robert Thurman. He lives in Woodstock, New York. Robert Thurman is the founder and president of Tibet House. He is the foremost scholar and lecturer on Tibetan Buddhism in the West.</p>
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Worlds in harmony : dialogues on compassionate action / His Holiness the Dalai Lama with Daniel Goleman ... [et al.].	1071	"Based on the October 1989 Harmonia Mundi conference held in Newport Beach, California"--T.p. verso.
Dash, Bhagwan, 1934-	Tibetan medicine : with special reference to Yoga sataka / by Bhagwan Dash.	1072	A revision of the author's thesis, University of Delhi. Includes the Yogasataka in English, Tibetan, and Sanskrit, which is variously attributed to Vararuci and Nagarjuna.
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Universal responsibility and the good heart / by Bikkshu Tenzin Gyatso, the Fourteenth Dalai Lama.	1073	
Tirupattur Ramaseshayyer Venkatachala Murti	Central Philosophy of Buddhism; A Study of the Madhyamika System	1074	"A Mandala book." Includes bibliographical references.
Bstan-Edzin-rgya-mtsho: Dali Lama	Freedom in exile.	1075	

Bstan-dzin-rgya-mtsho, Dalai Lama XIV, 1935-	The opening of the wisdom-eye and the history of the advancement of Buddhadharma in Tibet / by Tenzin Gyatsho the XIVth Dalai Lama of Tibet.	1076	Translated from Tibetan by Thubten Kalzang Rinpoche, Bhikkhu Nagasena, and Bhikkhu Khantipalo.
Suzuki, Shunryu, 1905-1971.	Zen mind, beginner's mind / by Shunryu Suzuki ; edited by Trudy Dixon ; with a preface by Huston Smith ; and an introduction by Richard Baker.	1077	
Harrer, Heinrich, 1912-2006	Seven years in Tibet / translated from the German by Richard Graves.	1078	
Ghosananda, Maha, 1929-2007.	Step by step : meditations on wisdom and compassion / Maha Ghosananda ; edited by Jane Sharada Mahoney and Philip Edmonds.	1079	
Bstan-dzin-rgya-mtsho, Dalai Lama XIV, 1935-	My land and my people / by His Holiness, the Dalai Lama of Tibet.	1080	
Lama Zopa Rinpoche	The Direct and Unmistaken Method: of purifying and protecting yourself against the causes of problems; compiled and translated by Lama Zopa Rinpoche	1081	Abstract: A practical guide explaining the benefits of the vows and the meaning of the ceremony for receiving them. It also contains the ceremony.

Heinrich Harrer	Seven Years In Tibet	1082	<p>Amazon.com</p> <p>Originally published in 1953, this adventure classic recounts Austrian mountaineer Heinrich Harrer's 1943 escape from a British internment camp in India, his daring trek across the Himalayas, and his happy sojourn in Tibet, then, as now, a remote land little visited by foreigners. Warmly welcomed, he eventually became tutor to the Dalai Lama, teenaged god-king of the theocratic nation. The author's vivid descriptions of Tibetan rites and customs capture its unique traditions before the Chinese invasion in 1950, which prompted Harrer's departure. A 1996 epilogue details the genocidal havoc wrought over the past half-century. --This text refers to an out of print or unavailable edition of this title.</p> <p>From AudioFile</p> <p>In this fascinating memoir Pigott-Smith's intonations reveal practically nothing of the German rogue who befriended the boy Dalai Lama in Tibet. His mellifluous British cadences are in the style of documentary narration -- excellent documentary narration, in fact -- not of personal confession. Anyone expecting a spiritual journey will be disappointed. The schematic abridgment tells an arresting tale of how a fugitive from the World War rose to prominence in an exotic locale and met the living incarnation of Buddha before being forced to flee. Whatever enlightenment Harrere achieved from the</p>
Alan Watts	The Way of Zen	1083	Originally published: New York: Pantheon, 1957.
Clarice Bryan	Driving to Nirvana: A Woman's Path for Drivers Without Cellular Phones	1084	Includes bibliographical references (p. 89-91).
Surya. Das	Awakening the Buddha within : eight steps to enlightenment / Lama Surya Das.	1085	Abstract: An easy and accessible introduction to Tibetan Buddhism.
Camden Benares	Zen without Zen masters	1086	
Francis. Story	The Buddhist Outlook.	1087	
Kelsang Gyatso	Heart jewel : a commentary to the sadhana "Heart jewel", the essential practice of the new Kadhampa tradition of Mahayana Buddhism / Geshe Kelsang Gyatso.	1088	<p>Description: In Heart Jewel, Geshe Kelsang presents two essential practices of Kadampa Buddhism, the popular Mahayana Buddhist tradition that derives from the renowned Tibetan teacher Je Tsongkhapa. The first practice is relying upon a Spiritual Guide, which lays the foundation for gaining all the blessings and realizations of the path to liberation and enlightenment. The second practice is relying upon an enlightened Dharma Protector, whereby we can swiftly overcome all obstacles to our spiritual practice and create favourable conditions for developing and increasing pure Dharma realizations. An invaluable introduction to the profound and dynamic spiritual tradition of Kadampa Buddhism.</p>

Daisetz Teitaro Suzuki	The Lankavatara Sutra : a Mahayana text: translated for the first time from the Sanscrit	1089	Abstract: First complete translation. Ravana, Lord of Lanka, asks for instruction, collection of all the dharmas, on impermanency, on intuitive understanding, on the deduction of the permanency of tatthagatahood, on momentariness, on transformation, on meat-eating, the dharanis, sagathakam. Notes: Appendix containing the Sanskrit, Chinese and Tibetan versions.
Raoul. Birnbaum	The healing Buddha / Raoul Birnbaum ; foreword by John Blofeld.	1090	
Deborah Hart Strober	His Holiness the Dalai Lama: The Oral Biography	1091	<p>From Publishers Weekly</p> <p>The Strobers, who have written oral biographies of John F. Kennedy, Richard Nixon and Ronald Reagan, use the same techniques here for an oral biography of Tibet's famous spiritual leader. They begin by offering brief profiles of the 54 interviewees, ranging from Western Buddhist VIPs like Robert Thurman, Jeffrey Hopkins and Lama Surya Das (an American convert from Judaism) to Tibetan lamas and monks, including Venerable Lama Thubten Zoba Rinpoche and Lama Lobsang Thamcho Nyima. (Refreshingly, this volume doesn't pander to Hollywood celebrities; Richard Gere is the only famous entertainer interviewed, and he has some genuinely insightful things to say.) The authors arrange the interviewees' snippets thematically, beginning with the lama's basic appeal and personal character before moving through his life chronologically, starting with his recognition as the Dalai Lama at the age of three. (About this, Thurman makes the helpful analogy that it's not only that the lamas are expected to be child prodigies and "little Mozarts," but also that they're believed to have "already written a million symphonies in ten previous lives.") The interviews then cover Chinese occupation and the exile to India, and the Dalai Lama's gradual rise to international fame. Some of the stories are humorous and light, while others are profoundly moving and personal. One of the great strengths of this book is that the interviewees are allowed to discuss the Tibetan political situation at some length, and to speculate on Tibet's evolving relationship with the Chinese government.</p> <p>Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.</p> <p>Review</p> <p>"The Dalai Lama is one of the most significant religious leaders of our time. His religious spirit and leadership have endeared him to his followers and to those of us who call him our friend. I hope many people will read this book and share our admiration of the Dalai Lama."-- Rev. Theodore M. Hesburgh, President Emeritus of the University of Notre Dame, Indiana</p> <p>"A warm-hearted account of one of the greatest spiritual leaders of our time."-- Lord George Carey,</p>
Pallis, Marco, 1895-	Peaks and lamas / by Marco Pallis.	1092	

Stephen Batchelor	The Awakening of the West: The Encounter of Buddhism and Western Culture	1093	<p>From Library Journal</p> <p>Unlike Rick Fields, whose <i>How the Swans Came to the Lake</i> (Shambhala, 1992. 3d ed.) focuses on American Buddhism, ex-Buddhist monk Batchelor (<i>The Faith To Doubt</i>, LJ 2/1/90) examines a broader canvas, surveying 2000 years of Western history. He finds but a handful of Europeans who were directly impressed by Buddhism; only during the last 150 years did any tangible "awakening" occur. While erudite, Batchelor's coverage is diffuse and uneven. Thus, while his chapter on Russian Buddhism is a captivating study of Kalmucks, reincarnated lamas, Stalinist purges, and perestroikan revival, his dismissal of theosophist Elena Blavatsky and painter Nicholas Roerich as "romantic fantasizers" is questionable. Urging Western modifications of Buddhist practice, Batchelor downplays the guru factor that produced an unbroken lineage from Gautama Buddha. Recommended for large collections only. Dara Eklund, Los Angeles P.L.</p> <p>Copyright 1994 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.</p> <p>Book Description</p> <p>From Greek kings to nineteenth-century adventurers, from missionaries to monks, the encounter of Buddhism and the West is filled with intriguing personalities in <i>Awakening of the West</i>.</p>
Pabongka Rinpoche	Liberation in the Palm of Your Hand	1094	<p>Book Description</p> <p>A classic guide for the study, practice and realization of Buddhist teachings. --This text refers to an out of print or unavailable edition of this title.</p> <p>Language Notes</p> <p>Text: English, Tibetan (translation)</p>
Ngawang Losang Tempa Gyaltsan; translated by Lama Thubten Zopa Rinpoche	Medicine Buddha sadhana	1095	

Tulku Thondup	Boundless Healing: Meditation Exercises to Enlighten the Mind and Heal the Body	1096	<p>Amazon.com</p> <p>Esteemed author and teacher Tulku Thondup offers this convincing guidebook on healing the mind, body, and spirit through meditation. Although Thondup relies on the principles of Buddhism to explain the intimate connection between the mind and body, readers won't feel pressured to become budding Buddhists in order to learn these meditation techniques. In fact, what makes Boundless Healing so effective is Thondup's very detailed and nondogmatic style of teaching meditations. For example, when speaking to a meditation for healing sick cells, he stays focused on the physical and mental sensations, rather than flittering into ungrounded spiritual metaphors: "As your breath is moving through your body, think and feel that all the cells of your body are also breathing. All the trillions of cells of light and blissful heat are breathing from the top of your head to the soles of your feet."</p> <p>Devout Buddhists will find nourishing soul food in his one section devoted to specific Buddhist healing meditations. As for everyone else, Thondup has written an accessible, information-packed book that covers it all--from "Avoiding Expectations" to "Creating a Healing Aura While Sleeping" to "Meditations for the Dead or Dying" to "How Helpers and Survivors Should Behave." Regardless of the disease, discomfort, or desire, Thondup has a meditation up his sleeve, making this one of the most practical handbooks on healing meditations available. --Gail Hudson</p> <p>Review</p>
Dilgo Khyentse Rinpoche	The Excellent Path to Enlightenment: Oral Teachings on the Root Text of Jamyang Khyentse Wangpo	1097	<p>Book Description</p> <p>Clear instructions on the foundation practices that illuminate the heart of tantric practice.</p>
Robert E. Fisher	Art of Tibet	1098	Includes bibliographical references (p. 218-219) and index.

Thich Nhat Hanh	Peace Is Every Step: The Path of Mindfulness in Everyday Life	1099	<p>Amazon.com</p> <p>Thich Nhat Hanh's writing is deceptive in its subtlety. He'll go on and on with stories about tree-hugging or metaphors involving raw potatoes; he'll tell you how to eat mindfully, even how to breathe and walk; he'll suggest looking closely at a flower and to see the sun as your heart. As the Zen teacher Richard Baker commented, however, Nhat Hanh is "a cross between a cloud, a snail, and piece of heavy machinery." Sooner or later, it begins to sink in that Nhat Hanh is conveying a depth of psychology and a world outlook that require nothing less than a complete paradigm shift. Through his cute stories and compassionate admonitions, he gradually builds up to his philosophy of interbeing, the notion that none of us is separately, but rather that we inter-are. The ramifications are explosive. How can we mindlessly and selfishly pursue our individual ends, when we are inextricably bound up with everyone and everything else? We see an enemy not as focus of anger but as a human with a complex history, who could be us if we had the same history. Suffice it to say, that after reading Peace Is Every Step, you'll never look at a plastic bag the same way again, and you may even develop a penchant for hugging trees. --Brian Bruya</p> <p>From Publishers Weekly</p> <p>"Next time you are caught in a traffic jam . . . sit back and smile . . . a smile of compassion and loving kindness." While such sappy Zen advice from a Buddhist monk, a Vietnamese resident in France</p>
Thubten Chodron	How to Free Your Mind: Tara the Liberator	1100	<p>in The Middle Way</p> <p>. . . an excellent work of theory and practice.</p> <p>Book Description</p> <p>Any reader interested in pursuing the enlightened qualities of the Buddhist deities will be drawn to this well-written and authoritative book. Arya Tara will appeal to both a general audience and those specifically interested in female manifestations of the divine.</p>

Marcia Binder Schmidt (Compiler)	The Dzogchen Primer: An Anthology of Writings by Masters of the Great Perfection	1101	From Publishers Weekly (Tibetan Buddhism/Meditation)Dzogchen (pronounced Zog-chen), also known as The Great Perfection, is arguably the heart of Tibetan Buddhist meditation, and in this impressive collection Schmidt pulls together writings from historic and contemporary masters to facilitate study for serious, committed beginners and longtime practitioners. In 35 generally short essays, students can delve into topics such as Re-enlightenment and The True Foundation by recently deceased (1996) Tulku Urgyen Rinpoche, who transmitted the complete teachings of the last century's three great masters and who has 10 passages here. They can also find more ancient voices such as the seventh century's Shantideva on the The Excellence of Bodhichitta, or Milarepa, one of Tibet's most famous yogis and poets, who lived 1,000 years ago, on The Song of Realization. This sequential manual is designed to aid individuals as well as Sangha or workshop leaders, and offers facilitator guidelines, a glossary, author profiles and a bibliography. This primer can help students without a teacher or meditation center, but the volume quickly points out that time in the presence of living masters is essential. Not a collection of academic ruminations, this important work also stresses application. As Ch^kyi Nyima Rinpoche says in the introduction, We do not need to let the teachings remain as mere words or ideas; we can put them to use in our own experience. This is how the buddha nature can be revealed, since it is already present in every one of us. Copyright 2002 Cahners Business Information, Inc.
A-kya Yong-dzin Yang-chan ga-wai lo-dro	A compendium of ways of knowing : a clear mirror of what should be accepted and rejected	1102	Notes; Revised 1980
Geshe Kelsang Gyatso	A Meditation Handbook	1103	Book Description This step-by-step meditation manual provides a clear, practical explanation of what meditation is and how to integrate it into our daily life. The first part of the book gives the essential background to meditation - why we need to meditate, how to prepare for meditation, and how to enjoy a successful meditation session. The second part presents the twenty-one meditations of the Buddhist path to enlightenment, and includes advice on how to maintain the experience of meditation throughout the day, how to combine these meditations into a cycle for regular daily meditation, and how to do a simple meditation retreat. --This text refers to an out of print or unavailable edition of this title.
Geshe Namgyal Wangchen	Awakening the Mind of Enlightenment: meditations on the Buddhist path	1104	

Kathleen McDonald	How to Meditate: A Practical Guide	1105	<p>Buddhist Studies Review An excellent introduction...refreshingly readable...clarity without oversimplification."</p> <p>Yoga Today This book is as beautifully simple and direct as its title... earnestly recommended..."</p>
Geshe Kelsang Gyatso	Joyful Path of Good Fortune	1107	<p>Abstract: Back cover: 'Joyful path of good fortune' is one of the clearest and most extensive lamrim commentaries available in English. In accordance with the pure unbroken oral tradition passed down from atisha to contemporary masters such as Geshe Kelsang Gyatso, it preserves the complete authenticity of the original teachings whist being ideally suited to modern day practitioners, revealing practical methods for transforming the mind and gaining peace and happiness for oneself and others.</p>
Geshe Kelsang Gyatso	Joyful Path of Good Fortune	1108	<p>Abstract: Back cover: 'Joyful path of good fortune' is one of the clearest and most extensive lamrim commentaries available in English. In accordance with the pure unbroken oral tradition passed down from atisha to contemporary masters such as Geshe Kelsang Gyatso, it preserves the complete authenticity of the original teachings whist being ideally suited to modern day practitioners, revealing practical methods for transforming the mind and gaining peace and happiness for oneself and others.</p>
Kelsang Gyatso	Understanding the Mind: An Explanation of the Nature, Types, and Functions of Mind	1109	<p>Abstract: What is the mind and how does it work? Which types of mind lead to joy and freedom, and which do not? How can an understanding of our mind be applied to our everyday life? Written from the point of view of the Prasangika Buddhist school.</p>
Geshe Rabten	Treasury of Dharma: A Tibetan Buddhist Meditation Course	1110	<p>Bibliography: p251. _ Includes index.</p> <p>Abstract: Covers happiness and suffering, the causes of suffering, the mental factors, the twelve links, the nature of the mind, the Mahayana Path, exchange of self for others, the six perfections, perfection of wisdom, the three principles of the path.</p>
Andrew Harvey	Journey In Ladakh	1111	<p>The Washington Post "An exceptional book." --This text refers to an out of print or unavailable edition of this title.</p> <p>New Age Journal "One of the best books available on the Western experience of Tibetan spiritual life." --This text refers to an out of print or unavailable edition of this title.</p>
Lawrence LeShan	How to Meditate: A Guide to Self Discovery	1112	<p>Originally published: Boston, Mass. : Little, Brown, 1974.</p>

Sogyal Rinpoche	The Tibetan Book of Living and Dying	1113	<p>Amazon.com</p> <p>In 1927, Walter Evans-Wentz published his translation of an obscure Tibetan Nyingma text and called it the Tibetan Book of the Dead. Popular Tibetan teacher Sogyal Rinpoche has transformed that ancient text, conveying a perennial philosophy that is at once religious, scientific, and practical. Through extraordinary anecdotes and stories from religious traditions East and West, Rinpoche introduces the reader to the fundamentals of Tibetan Buddhism, moving gradually to the topics of death and dying. Death turns out to be less of a crisis and more of an opportunity. Concepts such as reincarnation, karma, and bardo and practices such as meditation, tonglen, and phowa teach us how to face death constructively. As a result, life becomes much richer. Like Elisabeth Kubler-Ross, Sogyal Rinpoche opens the door to a full experience of death. It is up to the reader to walk through. --Brian Bruya --This text refers to the Paperback edition.</p> <p>From Publishers Weekly</p> <p>A clear pool of practical wisdom, this rewarding modern reinterpretation of the classic Tibetan Book of the Dead is a manual on learning to accept death, on caring for the dying, and on spiritual growth. Rinpoche, a Tibetan Buddhist teacher who has lived in the West since 1971, maintains that innermost consciousness, rather than an unchanging soul or ego, survives the death of the body. He draws</p>
Shengyan	Getting the Buddha mind : on the practice of Chan retreat / Sheng-Yen.	1114	
Jeremy W. Hayward	Gentle Bridges: Conversations with the Dalai Lama on the Sciences of Mind	1115	Abstract: Discusses the nature of mind and how Buddhism can contribute to research in this area.
Maitreyanatha.	The changeless nature : the Mahayanottaratantrasastra / by arya Maitreya and acarya Asanga ; translated from the Tibetan ... by Kenneth Holmes and Katia Holmes with the kind assistance of Dharmacarya Tenpa Negi.	1116	

W. Y. Evans-Wentz (Walter Yeeling), 1878-1965, ed.	Tibetan yoga and secret doctrines ; or, Seven books of wisdom of the great path, according to the late La?ma Kazi Dawa-Samdub's English rendering.	1117	Arranged and edited with introductions and annotations to serve as a commentary by W.Y. Evans-Wentz. With foreword by R.R. Marett and Yogic commentary by Chen-chi Chang. Also Titled:Seven books of wisdom of the great path Contents:General introduction.--The supreme path of discipleship: the precepts of the gurus.--The nirva?nic path: the yoga of the great symbol.--The path of knowledge: the yoga of the six doctrines.--The path of transference: the yoga of consciousness-transference.--The path of the mystic sacrifice: the yoga of subduing the lower self.--The path of the five wisdoms: the yoga of the long hu?m.--The path of the transcendental wisdom: the yoga of the voidness.
B. Alan Wallace	Tibetan Buddhism From the Ground Up: A Practical Approach for Modern Life	1118	Book Description Here at last is an organized overview of Tibetan Buddhism's teachings, beginning with the basic themes of the sutras - the general discourses of the Buddha - and continuing through the esoteric concepts and advanced practices of Tantra. Unlike other introductions to Tibetan Buddhism, Tibetan Buddhism from the Ground Up doesn't stop with theory and history, but relates timeless spiritual principles to the pressing issues of modern life, both in terms of daily experience and a uniquely Western world view. This fascinating, highly readable book asks neither unquestioning faith nor blind obedience to abstract concepts or religious beliefs. Rather, it challenges the reader to question and investigate life's issues on a personal level, in the light of an ancient and effective approach to the sufferings and joys of the human condition.
Edward J. Thomas (Edward Joseph), 1869-	The life of Buddha as legend and history / by Edward J. Thomas.	1119	
Trungpa, Chogyam, 1939-1987.	Born in Tibet / by Cho?gyam Trungpa, the eleventh Trungpa Tulku, as told to Esme Cramer Roberts ; with a foreword by Marco Pallis.	1120	
Lama Yeshe	Introduction to Tantra: A Vision of Totality	1121	Religious Studies Review No one has ever talked about tantra with such clarity, coherence and simplicity. Religious Studies Review "No one has summarized the essence of tantra as well as Thubten Yeshe does here."

1469-1546. Se-ra Rje-btsun Chos-kyi-rgyal-mtshan	Compassion : a Tibetan analysis : a Buddhist monastic textbook / Guy Newland ; an exposition and translation of a section of the text by Jay-d?zun ho?-g?yi-gyel-tsen entitled A good explanation adorning the throats of the fortunate	1122	
Geshe Jampa Tegchok	The kindness of others: a commentary on the Seven-Point Mind Training	1123	All Authors / Contributors: Jampa Tegchok, Geshe, Stephen Carlier, Andy Wistreich
Geshe. Rabten	Echoes of voidness / Geshe Rabten ; translated and edited by Stephen Batchelor.	1124	Tibetan Buddhist doctrine (BNB/PRECIS) Translation from the Tibetan. Bibliography: p144-147.
Agehananda Bharati Swami	The tantric tradition.	1125	First pub. 1965. Includes bibliographical references and index.
K. P. R. Nyingpo	Meditation on Vajrabhairava : the procedures for doing the serviceable retreat of the glorious solitary hero Vajrabhairava with the Sadhana 'Victory over Evil'	1126	Language Notes Text: English, Tibetan (translation) Abstract: This text is restricted to those who have received the initiation and maintain the commitments of this deity.
Hedin, Sven, 1865-1952.	Trans-Himalaya : discoveries and adventures in Tibet / by Sven Hedin.(Volume 1 only)	1127	With 388 illustrations from photographs 10 maps etc. Volume 1 only, Volume 2 needed for library.
Amaro Phikkhu.	The Heart of void / Yantra Amaro Bhikkhu ; a translation by Kingkeo Attagara.	1128	
Janice Dean. Willis	Feminine ground : essays on women and Tibet / edited by Janice D. Willis.	1129	Abstract: Chapters on Yeshe Tsogyel, the nature of dakini, Tibetan Ani-s (nuns), nuns and nunneries Brings to the fore the voices of the major Western women scholars of Tibetan Buddhism...an outstanding resource.--Pacific Sun
Masutani, Fumio, 1902-	A comparative study of Buddhism and Christianity / by Fumio Masutani.	1130	

Master Paramiti	The Surangama sutra (Leng Yen Ching) / Chinese rendering by Master Paramiti ; commentary (abridged) by Han Shan ; translated by Lu K'uan Yu.	1131	
Daisetz Teitaro. SUZUKI	Manual of Zen Buddhism.	1132	
Daisetz Teitaro. SUZUKI	Manual of Zen Buddhism.	1133	
Daisetz Teitaro. SUZUKI	Manual of Zen Buddhism.	1134	
Mark Webber	Why meditate? : a heart song of vast release	1135	
Sharpa Tuluku.	A manual of ritual fire offerings	1136	
Jeremy Russell	The eight places of Buddhist pilgrimage : a pilgrim guide	1137	
Chogyam Trungpa	Mudra	1138	
Fredrick. Hyde-Chambers	Tibetan folk tales / Fredrick & Audrey Hyde-Chambers ; illustrated by Kusho Ralla.	1138	Summary: A collection of folk tales from one of the last ancient civilizations to be explored by the West.
Sgam-po-pa	Jewel ornament of liberation;	1139	<p>Book Description</p> <p>In this skillful translation, Herbert Guenther offers English-speaking readers sGam.po.pa's comprehensive and authoritative exposition of the stages of the Buddhist path. A masterly survey of Tibetan Buddhism, <i>The Jewel Ornament of Liberation</i> explains how an enlightened attitude is strengthened by practicing the six perfections (generosity, discipline, patience, exertion, meditation, and knowledge) and offers a concise presentation of Buddhism as a living experience. As Chogyam Trungpa writes in his foreword: "It is in the flow of karma that this book materialized in 1959 on the very eve of the destruction of the spiritual land of Tibet. Professor Guenther was instrumental in making available the only commentary and guide in English to the bodhisattva tradition of Tibet, Japan, and China. The book remains the classic text of all Buddhists." --This text refers to the Paperback edition.</p> <p>Language Notes Text: English, Tibetan (translation)</p>
Norbu Chopel.	Folk culture of Tibet / Norbu Chopel.	1140	

Geshe. Rabten	The graduated path to liberation	1141	
Suzuki, Daisetz Teitaro, 1870-1966.	Introduction to Zen Buddhism, including "A manual of Zen Buddhism / Daisetz Teitaro Suzuki	1142	foreword by C. G. Jung ; introd. to the Causeway ed. by Charles San.
Nam-kha Pel.	Mind training like the rays of the sun	1143	
Sumedho Bhikkhu.	Mindfulness, the path to the deathless : the meditation teaching of Venerable Ajahn Sumedho.	1144	Rev. ed. of: Path to the deathless, 1985. "Edited from longer talks ... given to meditators as a practical approach to the wisdom of Buddhism"-- P. 9.
Marie Beuzeville. Byles	Footprints of Gautama the Buddha: being the story of the Buddha his disciples knew, describing portions of his ministerial life	1145	
Unknown	The Dhammapada: verses and stories / translated by Daw Mya Tin.	1146	
Tarthang Tulku.	Hidden mind of freedom	1147	
K. Sri. Dhammananda	Treasure of the Dhamma / K. Sri Dhammananda.	1148	Reprinted for free distribution. Originally published Kuala Lumpur : Buddhist Missionary Society, 1994.
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	The Buddhism of Tibet and The key to the middle way / Tenzin Gyatso, the Fourteenth Dalai Lama ; translated in the main by Jeffrey Hopkins and Lati Rimpoche.	1149	Also Titled: The Buddhism of Tibet, Buddhism of Tibet.
W. Y. Evans-Wentz (Walter Yeeling), 1878-1965.	The Tibetan book of the great liberation or the method of realizing Nirvana through knowing the mind : Preceded by an epitome of Padma-Sambhava's biography and followed by Guru Phadampa Sangay's teachings	1150	

2nd cent. Nagarjuna	The precious garland and The song of the four mindfulnesses / Nagarjuna and Kaysang Gyatso, Seventh Dalai Lama ; translated and edited by Jeffrey Hopkins and Lati Rimpoche, with Anne Klein ; foreword by Tenzin Gyatso, Fourteenth Dalai Lama.	1151	Rajaparikatharatnamala by Nagarjuna and a poem by the Seventh Dalai Lama.
Hubert Benoit	Let go! : theory and practice of detachment according to Zen	1152	
1357-1419. Tson-kha-pa Blo-bzan-grags-pa	Compassion in Tibetan Buddhism / Tsong-ka-pa. With Kensur Lekden's Meditations of a tantric abbot ; edited and translated by Jeffrey Hopkins	1153	
Nagarjuna and Sakya Pandit	Elegant sayings.	1154	
Kelsang Gyatso	Meaningful to behold : view, meditation and action in Mahayana Buddhism : an oral commentary to Shantideva's A guide to the Bodhisattva's Way of life	1155	Originally delivered by the author as a series of lectures at Manjushri Institute in Ulverston, England.
1935- Bstan-dzin-rgya- mtsho Dalai Lama XIV	The Kalachakra tantra : rite of initiation for the stage of generation : a commentary on the text of Kay-drup-ge-lek-E?bel-sang-E?bo / by Tenzin Gyatso, the Fourteenth Dalai Lama	1156	
Thubten Jigme Norbu.	Tibet : its history, religion and people / [by] Thubten Jigme Norbu, Colin M. Turnbull.	1157	

Dharmatrata	The Tibetan Dhammapada : sayings of the Buddha / compiled by Dharmatrata; translated and introduced by Gareth Sparham, with guidance from Lobsang Gyatso and Ngawang Thekchok ; edited by Beth Lee Simon.	1158	"A translation of the Tibetan version of the Udanavarga."
Tibet House (Organization : New Delhi, India)	Essence of Buddhism : teachings at Tibet House.	1159	Contents: Partings from the four clingings / by Kyabgon Sakya Trizin Rinpoche -- Four mindfulnesses / by Kyabje Yongzin Ling Rinpoche -- Heart treasure of the enlightened ones / by Kyabje Dilgo Khyentze Rinpoche -- Mental peace and enlightenment through meditation / by Kalu Rinpoche.
Unknown	Dhammapada : The Path of truth / translated and with essays, The Buddha's teaching from the Dhammapada, Everyday Buddhism, and notes by Phra Khantipalo.	1160	Tipitaka. Suttapitaka. Khuddhanikaya. Dhammapada. English. Also Titled: Path of truth
14th cent Karma-glin-pa	The Tibetan book of the dead : the great liberation through hearing in the Bardo / by Guru Rinpoche according to Karma Lingpa ; a new translation from the Tibetan with commentary by Francesca Fremantle and Cho?gyam Trungpa.	1161	Uniform Title: Bar do thos grol. English
Dharmika, S., 1951-	All about Buddhism : a modern introduction to an ancient spiritual tradition / S. Dharmika.	1162	
Rinzai various authors	The Original face : an anthology of Rinzai Zen / translated and edited by Thomas Cleary.	1163	

Phra Thepwethi (Prayut)	Good, evil and beyond: Kamma in the Buddha's teaching ; translated from the Thai by Bhikkhu Puriso	1164	Abstract: Understanding the law of karam, on good and evil, the fruition of karma, karma on the social level, the karma that ends karma, misunderstandings of the Law of Karma
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	My land and my people / by the Dalai Lama of Tibet.	1165	
Thich Nhat Hanh	The heart of understanding : commentaries on the Praja?paramita Heart Sutra / Thich Nhat Hanh ; edited by Peter Levitt.	1166	Includes text of the Prajaparamita Heart Sutra in English.
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Opening the eye of new awareness / Tenzin Gyatso, the fourteenth Dalai Lama ; translated by Donald S. Lopez, Jr., with Jeffrey Hopkins.	1167	
Victoria and Albert Museum	Tibetan art / John Lowry.	1168	
Conze, Edward, 1904-1979, ed. and tr.	Buddhist meditation / by Edward Conze.	1169	"The bulk of the selections are derived from the Old Wisdom school [i. e. of the Therava?din and Sarvastivadin schools] and in particular from Buddhaghosa's Path of purity." Continued by Buddhist thought in India. Includes bibliographical references.
Conze, Edward, 1904-1979, ed. and tr.	Buddhist meditation / by Edward Conze.	1170	"The bulk of the selections are derived from the Old Wisdom school [i. e. of the Therava?din and Sarvastivadin schools] and in particular from Buddhaghosa's Path of purity." Continued by Buddhist thought in India. Includes bibliographical references. Abstract: Sections include: devotional exercises, mindfulness, trance, wisdom.
Hewitt, James, 1928-	Meditation / [by] James Hewitt ; illustrations by John Herring.	1171	

2nd cent. Nagarjuna	Nagarjuna's discourse on the ten stages (Dasabhumika-vibhasa) : a study and translation from Chinese of verses and chapter 9 / by Hisao Inagaki.	1172	Also Titled: Discourse on the ten stages : translation and study of verses and chapter 9 English translation of the Chinese translation of the original Sanskrit text.
Sorrel. Wilby	Tibet, a woman's lone trek across a mysterious land / Sorrel Wilby.	1173	
Heinrich Harrer	Return to Tibet	1174	Originally published: London : Weidenfeld and Nicolson, 1984.
So?sei. Kuzunishi	The zen life / photographs by Sosei Kuzunishi ; text by Koji Sato ; translated by Ryojun Victoria.	1175	
Sumedho Bhikkhu.	Cittaviveka : teachings from the silent mind / Ajahn Sumedho.	1176	
Trevor. Leggett	The tiger's cave : translations of Japanese Zen texts.	1177	Contents: On the Heart Sutra, by Abbot Obora.--Yasenkanna, an autobiographical narrative, by Hankuin.--The tiger's cave and other pieces.--Zen, by R. Takashina.
Lama Zopa Rinpoche	Heart sutra: practices and instruction for retreat / Lama Zopa Rinpoche	1178	
Geshe Lhundub Sopa	The wheel of time : the Kalachakra in context	1179	Originally published: Madison, WI : Deer Park Books, 1985.
1925- Ngawang Dhargyey	Tibetan tradition of mental development : oral teachings of Tibetan Lama / Geshey Ngawang Dhargyey.	1180	
Charles Luk (Ku K'uan Yu)	The Vimalakirti Nirdesa Sutra (Wei Mo Chieh So Shuo Ching) / translated by Ku K'uan Yu (Charles Luk)	1181	Abstract: Back cover: 'This sutra is one of the most important texts of Zen and Mahayana Buddhism. It reveals the importance of inner commitment to the spiritual life.' Contents: The Buddha land, the expedient method of teaching, the disciples, the bodhisattvas, Manjusri's call on Vimalakirti, the inconceivable liberation, looking at living beings, the Buddha path, initiation into the non-dual dharma, the Buddha of the fragrant land, the bodhisattva conduct, seeing Aksobhya Buddha, the offering of dharma, injunction to spread this sutra, glossary.

Geshe. Rabten	Advice from a spiritual friend : Buddhist thought transformation / Geshe Rabten and Geshe Ngawang Dhargyey ; translated and edited by Brian Beresford with Gonsar Tulku and Sherpa Tulk	1191	
Gyaltzen Amipa	The Opening of the Lotus: Developing Clarity and Kindness	1192	Book Description Powerful and practical methods for calming and developing the mind from the Sakya tradition of Tibetan Buddhism.
Laurence-Khantipalo Mills	Buddhism explained : an introduction to the teachings of Lord Buddha with reference to the belief in and the practice of those teachings and their realization	1193	
Anderson, Walt, 1933-	Open secrets : a Western guide to Tibetan Buddhism / Walt Anderson ; Kum-nye illustrations by Adele Aldridge.	1194	
Dharmaraksita.	The wheel of sharp weapons : a Mahayana training of the mind / Translation of the Tibetan Theg-pa- chon-pohi-blo-sbyong mtson-cha- hkhor-lo by Dharmaraksita	1195	prepared by Geshe Ngawang Dhargyey [and others].
Buddhism Promotion Center	Buddhist proverbs : in Pali, Thai and English languages.	1196	
Alexander. Berzin	Glimpse of reality / Alexander Berzin and Ven. Thubten Chodron.	1197	
Namgyal Rinpoche	The path of victory : discourses on the Paramita	1198	

Lati Rinbochay.	Mind in Tibetan Buddhism : oral commentary on Ge-shay Jam-bel-sam-pel's Presentation of awareness and knowledge, composite of all the important points, opener of the eye of new intelligence	1199	
Conze, Edward, 1904-1979.	Buddhist wisdom books: containing The Diamond Sutra and The Heart Sutra	1200	Also Titled: ॐrajnaparamitahrdya. English & Sanskrit.
1900-1971. Kensur Lekden	Meditations of a Tibetan Tantric abbot / translated and edited by Jeffrey Hopkins ; associate editor Barbara Frye.	1201	
1900-1971. Kensur Lekden	Meditations of a Tibetan Tantric abbot / translated and edited by Jeffrey Hopkins ; associate editor Barbara Frye.	1202	
Aryasura	Aryasura's Aspiration and Meditation on Compassion By: Aryasura	1203	The first work is a translation of an ancient Sanskrit prayer, no longer extant in that language, composed in the 1st century A. D. by one of the most renowned Mahayana Indian poet, Aryashura. It is supplemented by a rare commentary by the second Dalai Lama, Gendun Gyatso. The second section by His Holiness the present Dalai Lama includes a reprint of "The Inseparability of the Spiritual Master and Avalokiteshvara" and a translation of an inspiring discourse on the generation of compassion and bodhicitta-the essential practices of Mahayana Buddhism. This has been edited and translated by Brian Beresford of the Translation Bureau of the Library of Tibetan Works & Archives while working in close collaboration with the Tibetan translators L. T. Doboorn Tulku, Sherpa Tulku and Gonsar Tulku.
Melvyn C. Goldstein	Tibetan for beginners and travellers / Melvyn C. Goldstein.	1204	
Herbert V. Guenther	Buddhist philosophy in theory and practice / Herbert V. Guenther.	1205	

Ajaan Lee. Dhammadharo	The craft of the heart (citta-vijja) / by Ajaan Lee Dhammadharo ; translated from the Thai by Geoffrey DeGraff (Thanissaro Bhikkhu).	1206	
Goddard, Dwight, 1861-1939.	A Buddhist Bible / edited by Dwight Goddard ; introduction by Huston Smith.	1207	
1925- Sangharakshita Bhikshu	The Three Jewels : an introduction to Buddhism.	1208	
Maurice O'C. Walshe (Maurice O'Connell), comp.	Pathways of Buddhist thought: essays from 'The Wheel' / edited by Nyanaponika Mahathera, and selected by M. O'C. Walshe.	1209	Also Titled: The Wheel.
V. M. Sheng-yen (Shengyan)	Setting in motion the dharma wheel : talks on the Four Noble Truths of Buddhism	1210	
V. M. Sheng-yen (Shengyan)	Setting in motion the dharma wheel : talks on the Four Noble Truths of Buddhism	1211	
1925- Sangharakshita Bhikshu	Ambedkar and Buddhism / Sangharakshita.	1212	
D. E. Harding (Douglas Edison), 1909-	On having no head: A contribution to Zen in the West	1213	
Conze, Edward, 1904-1979.	Selected sayings from the "Perfection of Wisdom" / chosen, arranged and translated by Edward Conze.	1214	
Daisetz Teitaro Suzuki	The field of Zen : contributions to 'The Middle Way', the Journal of The Buddhist Society	1215	Abstract: Includes Suzuki's early memories, chapters on Buddha and Zen, the meaning of satori, Maha Prajna and Maha Karuna, the analytical and synthetic approach to Buddhism, self and Zen, Echart and Zen Buddhism, Zen meditation, sudden and gradual enlightenment, faith in Zen Buddhism, Shin and Zen etc.
Coomaraswamy, Ananda Kentish, 1877-1947.	Buddha and the Gospel of Buddhism.	1216	

Traditional	Puja / [compiled by the Friends of the Western Buddhist Order].	1217	Notes: This booklet contains devotional texts taken from traditional Buddhist sources ..." -- book cover.
David. Michie	Hurry up and meditate : your starter kit for inner peace and better health / David Michie.	1218	Also Titled: Meditate The author explains the nuts and bolts of meditation in a thought provoking and entertaining way, helping us to integrate meditation into everyday life.
Dalai Lama	The World of Tibetan Buddhism: An Overview of Its Philosophy and Practice	1219	From Publishers Weekly In his foreword to The World of Tibetan Buddhism, actor Richard Gere describes the Dalai Lama as "universally respected as one of our greatest spiritual friends." The implied sentiment of equality and ease is appropriate for this manual by His Holiness, who here continues his loving attack on the West through publishing. A guidebook, this fluid translation by Geshe Thupten Jinpa of talks given by the Dalai Lama in London in 1988 is suitable for beginners in, as well as more advanced practitioners of, the Buddhist way, for it discusses general Buddhism as well as the esoteric Vajrayana Buddhism of Tibet. Of interest and also useful to any reader is the central section, "An Altruistic Outlook and Way of Life," in which the benefits of the Dalai Lama's clear mind are in abundance. Just before the glossary and bibliography at the end of this substantive textbook, His Holiness closes his remarks on the specifics of daily practice with typical simplicity: "This is the way: try, try, try!! Then, over time, there is hope." Copyright 1995 Reed Business Information, Inc. From Library Journal This overview of Tibetan Buddhism is a rare and marvelous opportunity for English-language readers to learn more about the special viewpoints of the religion and the approach of spiritual leader, the Dalai Lama. The book covers an overview of general Mahayana Buddhism, the importance of an altruistic life for spiritual practice, and the tantric practices of the Vajrayana Buddhism of Tibet. Originally a series of lectures, the three each chapters each end with a set of questions from the audience and the Dalai
Piburn	The Dalai Lama A Policy Of Kindness	1220	From Library Journal This is a very important collection of vignettes by and about the 1989 Nobel Peace Prize recipient. The breadth of his knowledge and vision, his commitment to peace and nonviolence, and his compassion come through very clearly. The writings are well chosen to reflect his beliefs but also to be accessible to those who know nothing of Buddhism or of Tibet. His Holiness is able to speak from heart to heart, calling forth depth in those whom he addresses. Most highly recommended. Copyright 1990 Reed Business Information, Inc.

Piburn	The Dalai Lama A Policy Of Kindness	1221	<p>From Library Journal</p> <p>This is a very important collection of vignettes by and about the 1989 Nobel Peace Prize recipient. The breadth of his knowledge and vision, his commitment to peace and nonviolence, and his compassion come through very clearly. The writings are well chosen to reflect his beliefs but also to be accessible to those who know nothing of Buddhism or of Tibet. His Holiness is able to speak from heart to heart, calling forth depth in those whom he addresses. Most highly recommended.</p> <p>Copyright 1990 Reed Business Information, Inc.</p>
Geshe Sonam Rinchen	The thirty seven practices of Bodhisattvas : an oral teaching / by Geshe Sonam Rinchen ; translated and edited by Ruth Sonam	1222	<p>From Library Journal</p> <p>These two volumes present perspectives on the Bodhisattva ideal, the distinguishing characteristic of Mahayana Buddhism that emphasizes the desire for enlightenment as an act of altruism toward all beings. A Guide to the Bodhisattva Way of Life is a classic of Tibetan Buddhism, composed in the eighth century by a Buddhist monk. The Wallaces (a professor and a student in religious studies, Stanford Univ.) translated this work with careful attention to Tibetan and Sanskrit versions, which makes their translation unique. The main text has been re-created from the Sanskrit with attention to the Tibetan. Where the nuances in the originals differ significantly, the translation of the Tibetan version is given in the notes. The Thirty Seven Practices of Bodhisattvas is a transcription of an oral teaching by a Buddhist scholar and teacher. The text on which the teaching is given is a set of verses written in the 14th century by a Tibetan Buddhist monk. Like the first title, this work seeks to elucidate the day-to-day practice of the Bodhisattva. The original verses are short and fairly clear, and the commentary by Rinchen makes the meaning and the demanding character of the Bodhisattva ideal realistic for the contemporary reader. The two titles offer insight upon insight as to the way a life should be lead. Rinchen's is perhaps the more accessible to general readers. For the price, any library with an interest in Buddhism would do well to acquire both. ?Mark Woodhouse, Elmira Coll. Lib., N.Y.</p> <p>Copyright 1997 Reed Business Information, Inc.</p>
1951- Yantra Amaro Bhikkhu Phra Ajahn	Noble treasure / by Phra Ajahn Yantra Amaro Bhikkhu ; translated by Amorn and Alastair Stewart.	1223	
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Kindness, clarity, and insight / the Fourteenth Dalai Lama, his Holiness Tenzin Gyatso ; translated and edited by Jeffrey Hopkins ; co-edited by Elizabeth Napper.	1224	<p>Timed to coincide with the 25th anniversary of the Dalai Lama teaching in America, this is a celebratory new revised edition of the very first book of teachings by the Dalai Lama in the English-speaking world.</p>

Illustrated by Tsai Chih Chung	The Illustrated Heart Sutra [ILLUSTRATED]	1225	Product Description Written in only 260 Chinese characters, The Heart Sutra contains the most profound wisdom in Buddhism. Here, Buddhism is presented not as a religion but as the accumulated wisdom of "enlightened ones" who contemplated the trials and mysteries of life. Tsai Chih Chung's cartoon characters and witty stories illuminate the Heart Sutra
Croucher, Paul, 1961-	Buddhism in Australia, 1848-1988 / Paul Croucher.	1226	Also Titled: History of Buddhism in Australia, 1848-1988 A history of Buddhism in Australia, 1848-1988.
H. W. Schumann	The Historical Buddha: The Times, Life & Teachings of the Founder of Buddhism	1227	Book Description This comprehensive biography, originally published in Germany in 1982, examines the social, religious and political conditions that gave rise to Buddhism as we now know it. It explores the spiritual traditions from which Buddha broke away and places his teachings and influence in a thoroughly researched historical context. --This text refers to the Hardcover edition. Language Notes Text: English (translation) Original Language: German
Various	The Path of compassion : writings on socially engaged Buddhism / edited by Fred Eppsteiner.	1228	"A Buddhist Peace Fellowship book."
Anonymous	Buddhist Scriptures	1229	Book Description Striving to understand the truth of the human condition and determining the path to spiritual enlightenment is the fundamental nature of Buddhism. Lighting this path is the Buddha, committed to guiding human beings to pure and happy lives. This beautiful hardcover gift book is the ideal introduction to the amazing ideals and beliefs of Buddhism. Containing dozens of selected Buddhist teachings, quotes and commentaries, this book offers guiding words of wisdom on how to find peace, harmony and happiness within yourself. Discover the meaning of truth, love and hate, and learn to find tranquility and contentment in your everyday life. With messages of inspiration and insight from canonical Buddhist texts on every page, Buddhist Scriptures is your first step on the road to spiritual enlightenment. --This text refers to an out of print or unavailable edition of this title.
Thomas. Skead	Zen is development / Thomas Skead.	1230	"Wisdom freak squeaks" -Lake Munmorrah Times "Many words about nothing" -The Noraville News etc.

ABC Radio	The Wisdom of the East.	1231	Contents: The impact of Asian religions on the West / Arthur Basham -- The Guru / Ian Kesarcodi-Watson -- Buddha points to the mind / Phra Kantipalo -- The sound of one hand clapping / John Cooper - Islamic mysticism / Saleem Akhtar -- To Hinduism through Gandhi / Eric Sharpe. Notes: Oriental religions. Lectures, speeches. Transcripts (ANB/PRECIS SIN 0329738) A series of six talks arranged for broadcasting on the ABC's Cross Ways programme by Maureen McInerney.
Multifarious	Tibetan medicine (Also Titled: Es so rig)	1232	Numbering Note: Frequent irregularities in numbering. Ser. no. 2 (1981) complete in 2 parts. Part 2, called: series 2, vol. II (1985)
Geshe. Rabten	Advice from a spiritual friend : Buddhist thought transformation / Geshe Rabten and Geshe Ngawang Dhargyey ; translated and edited by Brian Beresford with Gonsar Tulku and Sherpa Tulk	1233	
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Meeting of minds : a dialogue on Tibetan and Chinese Buddhism / H.H. the 14th Dalai Lama ; Venerable Chan Master Sheng-yen.	1234	Contents: Part One: A brief introduction to Tibetan Buddhism / by His Holiness the 14th Dalai Lama -- Part Two: A dialogue on Tibetan and Chinese Buddhism / His Holiness the 14th Dalai Lama and Venerable Chan Master Sheng-yen -- Appendix One: His Holiness the 14th Dalai Lama -- Appendix Two: Venerable Chan Master Sheng-yen -- Glossary.
Bhikkhu. Ven. Khantipalo	Pointing to Dhamma : 30 Buddhist discourses / by Ven. Khantipalo Bhikkhu.	1235	
Herbert V. Guenther	The life and teaching of Naropa / translated from the original Tibetan with a philosophical commentary based on the oral transmission by Herbert V. Guenther.	1236	
Wood, Ernest, 1883-1965	Zen dictionary.	1237	

Various	The gospel according to Zen : beyond the death of God / Robert Sohl [and] Audrey Carr, editors.	1238	Contents:1. Today's spiritual crisis -- What is Zen? -- Wash out your mouth. -- A religious man. -- An artist of life. -- Beyond theology. -- 2. The Zenrin. -- Satori. -- The chess game. -- 3. Salvation or satori. -- The third eye. -- It. -- 4. Riddles of Jesus. -- The sound of one hand. -- East and West. -- 5. God and Meister Eckhart. -- Self-knowledge. -- Instant Zen. -- 6. This is my body. -- Tail wagers. -- Credo. Abstract: Includes chapters by Erich Fromm, D.T. Suzuki, Alan Watts, J. Krishnamurti et. Al.
Edwin A. Burt (Edwin Arthur), 1892-	The Teachings of the compassionate Buddha: early discourses, the Dharmapada and later basic writings / edited with commentary and notes by E.A. Burt.	1239	
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	My land and my people / by the Dalai Lama of Tibet.	1240	
William. Hart	The art of living : Vipassana meditation as taught by S.N. Goenka / William Hart.	1241	
1200-1253. Do?gen	A primer of Soto Zen : a translation of Dogen's 'Shobogenzo Zuimonki / [translated from the Japanese] by Reiho Masunaga.	1242	
Humphreys, Christmas, 1901-1983.	Studies in the middle way : being thoughts on Buddhism applied.	1243	
Anuruddha.	A manual of Abhidhamma : Abhidhammattha-Sangaha / [edited in the original Pali text with English translation and explanatory notes] by Narada Thera.	1244	Also Titled:Manual of Abhidhamma, being Abhidhammattha-Sangaha of Anuruddhacariya
Humphreys, Christmas, 1901-1983.	Zen Buddhism	1245	

Karma Thinley Lama Wangchhim.	The history of the sixteen Karmapas of Tibet / Karma Thinley ; edited, with an essay, by David Stott ; illustrated by Namkha Tashi ; foreword by Cheogyam Trungpa ; introduction by Reginald A. Ray.	1246	
Blofeld, John, 1913-	Mantras : sacred words of power / John Blofeld.	1247	
t. V. A. M. B. Nanasampanno	Amata dhamma: six talks on dhamma	1248	
t. V. A. M. B. Nanasampanno	Amata dhamma: six talks on dhamma	1249	
14th cent. Karma-glin-pa	The Tibetan book of the dead, or The after-death experiences on the Bardo plane, according to Lama Kazi Dawa-Samdub's English rendering / compiled and edited by W.Y. Evans-Wentz.	1250	
Dalai Lama XIV; Bstan-dzin-rgya-mtsho	Illuminating the Path to Enlightenment : a commentary on Atisha Dipamkara Shrijnana's A lamp for the Path to Enlightenment and Lama Je Tsong Khapa's Lines of experience	1251	
Thich. Nhat Hanh	Old path white clouds : the life story of the Buddha.	1252	
Das, Sarat Chandra, 1849-1917.	A Tibetan-English dictionary with Sanskrit synonyms / by Sarat Chandra Das ; revised and edited under the orders of the government of Bengal by Graham Sandberg and A. William Heyde.	1253	Notes: Added title page in Tibetan script. Half title page: A Tibetan-English dictionary by Rai Sarat Chandra Das. Tibetan and Sanskrit script in text.

Guy. Claxton	Beyond therapy : the impact of eastern religions on psychological theory and practice / edited by Guy Claxton.	1254	
Guy. Claxton	Beyond therapy : the impact of eastern religions on psychological theory and practice / edited by Guy Claxton.	1255	
H. Kern (Hendrik), 1833-1917, tr.	Saddharma-Pundarika ; or, The lotus of the true law. / Translated by H. Kern.	1256	Also Titled: Lotus of the true law The lotus of the true law.
Francis. Story	Dimensions of Buddhist thought : essays and dialogues, contributed to the serial publications The Wheel and Bodhi Leaves / [by] Francis Story.	1257	
Tsong-ka-pa	The yoga of Tibet: the Great Exposition of Secret Mantra: 2 and 3	1258	Abstract: This is a continuation of Tantra in Tibet and explains the meditative process of visualising oneself as a deity according to Action Tantra
Suzuki, Daisetz Teitaro, 1870-1966.	Essays in Zen Buddhism. first series / [by] Daisetz Teitaro Suzuki ; edited by Christmas Humphreys.	1259	Abstract: The eight essays in this book are on: enlightenment and ignorance, Zen as Chinese interpretation of the doctrine of enlightenment, history of Zen Buddhism from Bodhidharma to Hui-Neng (Yeno), on satori - the revelation of a new truth in Zen Buddhism, practical methods of Zen instruction, the meditation hall and the ideals of the monkish discipline, the ten cow-herding pictures.
Suzuki, Daisetz Teitaro, 1870-1966.	Essays in Zen Buddhism. second series / [by] Daisetz Teitaro Suzuki ; edited by Christmas Humphreys.	1260	

Sumedho Bhikkhu.	Cittaviveka : teachings from the silent mind.	1268	Notes: "A selection of Dhamma talks by Ajahn Sumedho of Chithurst Forest Monastery, West Sussex, England; with narratives of the monastic life."
Carus, Paul, 1852-1919.	The Gospel of Buddha / compiled from ancient records by Paul Carus	1269	
Rabten Geshe.	The preliminary practices : [an oral teaching] / by Geshe Rabten.	1270	Notes: "Based on the root-text by Guru Padma Karpo, rendered into English by Venerable Gonsar Tulku and compiled by Georges Driessens."
Govinda, Anagarika, 1898-	Foundations of Tibetan mysticism : according to the esoteric teachings of the Great Mantra, Om Mani Padme Hum / by Lama Anagarika Govinda ; photographic plates by Li Gotami.	1271	Notes: Translation of: Grundlagen tibetischer Mystik.
Heinrich. Dumoulin	A history of Zen Buddhism / Heinrich Dumoulin , S. J. ; translated from the German by Paul Peachey.	1272	
Rinpoche Thubten Zopa	The kindness of the guru: the benefit of working for others	1273	
Mark. Tatz	Rebirth : the Tibetan game of liberation / by Mark Tatz and Jody Kent.	1274	Notes: Coloured gameboard (folded sheet) as insert.
Peter Gold	Tibetan Reflections: Life in a Tibetan Refugee Community	1275	American anthropologist Peter Gold visits Tibetan refugee communities and describes the daily routines, traditions, etc.
Peter Gold	Tibetan Reflections: Life in a Tibetan Refugee Community	1276	American anthropologist Peter Gold visits Tibetan refugee communities and describes the daily routines, traditions, etc.
Boowa Nanasampanno Phra Maha.	Forest Dhamma : a selection of talks on Buddhist practice	1277	
Yeshe Donden	The ambrosia heart tantra : the secret oral teaching on the eight branches of the science of healing	1278	
Amaro Phikkhu.	Heart blossom / Yantra Amaro Bhikkhu ; [translated by Viriyarampo Bhikkhu].	1279	Translated from the Thai book, "Lotus blossom." This English edition has three chapters only, more translation is planned.

Venerable Ajahn Chah	A taste of freedom	1280	Abstract: Contents: On meditation, the path in harmony, the middle way within, the peace beyond, opening the dhamma eye, convention and liberation, no abiding, right view - the place of coolness.
Buddhadasa Bhikkhu	Mindfulness with breathing :unveiling the secrets of life: a manual for serious beginners / Buddhadasa Bhikkhu ; translated from the Thai by Sanikaro Bhikkhu ; foreword by Larry Rosenberg.	1281	
Bernard Tetsugen. Glassman	On Zen practice / edited by Hakuyu Taizan Maezumi and Bernard Tetsugen Glassman.	1282	
Venerable Ajahn Chah	Bodhinyana : a collection of dhamma talks	1283	
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Opening the mind ; and, Generating a good heart / Tenzin Gyatso ; translated by Tsepa Rigzin & Jeremy Russell.	1284	Also Titled: Generating a good heart
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Dimensions of spirituality / The Dalai Lama.	1285	Dimensions of spirituality: [a teaching given at the National Tennis Centre, Melbourne, Australia on May 4, 1992].
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Dimensions of spirituality / The Dalai Lama.	1286	Dimensions of spirituality: [a teaching given at the National Tennis Centre, Melbourne, Australia on May 4, 1992].
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	The global community and the need for universal responsibility / Tenzin Gyatso the Fourteenth Dalai Lama.	1287	I believe that to meet the challenge of our times, human beings will have to develop a greater sense of universal responsibility. Each of us must learn to work not just for his or her own self, family or nation, but for the benefit of all mankind. Universal responsibility is the real key to human survival. It is the best foundation for world peace, the equitable use of natural resources, and through concern for future generations, the proper care of the environment. For some time, I have been thinking about how to increase our sense of mutual responsibility and the altruistic motive from which it derives. (excerpt)
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Compassion and the individual / Tenzin Gyatso the Fourteenth Dalai Lama.	1288	

Ajahn Chah.	Our real home: a talk adressed to an ageing lay-disciple approaching her death	1289	
1945- Thubten Zopa Rinpoche	The direct and unmistakened method : the practice and benefits of the eight Mahayana precepts.	1290	Title: The direct and unmistakened method of purifying yourself of and protecting yourself against the causes of problems, such as cancer, AIDS, depression, difficult relationships, earthquakes, economic troubles, and so forth, and of bringing happiness to all beings : the practice and benefits of the eight Mahyana precepts / commentaries by Trijang Dorje Chang and Geshe Lamrimpa ; compiled and translated by Lama Thubten Zopa Rinpoche. Abstract: A practical guide explaining the benefits of the vows and the meaning of the ceremony for receiving them. It also contains the ceremony.
2d cent. Nagarjuna	Nagarjuna's letter : Nagarjuna's Letter to a friend', with a commentary by the Venerable Rendawa	1291	
Laurence-Khantipalo. Mills	Bag of bones : a miscellany on the body / compiled by Bhikkhu Khantipalo.	1292	
Naomi Ozaniec	Meditation in a Week	1293	
Anonymous	The Dhammapada	1294	Abstract: The aphorisms that illustrate the Buddhist dhamma or moral system. Probably compiled in the 3rd c. BC, the verses encompass the struggle towards Nirvana and point out the Path of Perfection leading to it. 'This gospel of light and love is amongst the greatest spiritual works of man. Each verse is like a small star and the whole has the radiance of eternity.'
1040-1123. Mi-la-ras-pa	The hundred thousand songs of Milarepa / translated and annotated by Garma C.C. Chang.(Volume 2 only)	1295	
Bstan-dzin-rgya-mtsho, Dalai Lama XIV, 1935-	Short essays on Buddhist thought and practice / the fourteenth Dalai Lama.	1296	
Bstan-dzin-rgya-mtsho, Dalai Lama XIV, 1935-	Short essays on Buddhist thought and practice / the fourteenth Dalai Lama.	1297	
Pomegranate Publishers	Buddhist Handbook	1298	

d. 1960. Nanamoli Bhikkhu	Mindfulness of breathing : Buddhist texts from the Pali canon and extracts from the Pali commentaries / translated from the Pali	1299	
d. 1960. Nanamoli Bhikkhu	The virgin's eye : women in Buddhist literature / by Piyadassi Thera.ᱚ	1300	
Sangharakshita	The taste of freedom.	1301	
Bhikkhu. Yantra Amaro	The heart of the void	1302	
Amaro Phikkhu.	Out of the free mind / by Phra Ajahn Yantra Amaro ; [translated by Viriyarampo.].	1303	Uniform Title:ᱚᱱᱚᱨᱚᱠᱚ ᱠᱚᱨᱚᱠᱚ. English
Amaro Phikkhu.	Out of the free mind / by Phra Ajahn Yantra Amaro ; [translated by Viriyarampo.].	1304	Uniform Title:ᱚᱱᱚᱨᱚᱠᱚ ᱠᱚᱨᱚᱠᱚ. English
Christmas Humphreys	Buddhism: An Introduction and Guide	1305	
Dalai Lama I	Selected works of the Dalai Lama I : bridging the sutras and tantras / compiled, edited, and translated by Glenn H. Mullin ; assistant editors, Sidney Piburn, Anne Kandt, and Christina Cox ; illustrations by Kevin Rigby and Saki Takezawa.	1306	
Caroline A F Rhys Davids	Buddhism; a study of the Buddhist norm.	1307	
Dhammika, Shravasti, 1951-	Good question, good answer : S. Dhammika.	1308	
Ye-ses-brtson-grus.	The essence of nectar / Yeshe Tsondru; translated by Lobsang Tharchin with Benjamin & Deborah Alterman.	1309	Uniform Title:ᱚᱠᱚᱨᱚᱠᱚ ᱠᱚᱨᱚᱠᱚ. English Note: Translation of: Lam rim bdud rtsi snin po.

Venerable Ajahn Chah	Bodhinyana : a collection of dhamma talks	1310	
1902- Thate Desaransi Phra	The flavour of Dhamma / by Phra Acharn Thate Desaransi.	1311	Also Titled:☐ Way of the path, Words of the master Notes:☐Words of the master" was translated from a tape recording.
1902- Thate Desaransi. Phra	The flavour of Dhamma / by Phra Acharn Thate Desaransi.	1312	Also Titled:☐ Way of the path, Words of the master Notes:☐Words of the master" was translated from a tape recording.
Kuanyu Lu (Charles Luk)	Ch'an and zen teaching: First Series	1313	
Lu K?uan Yu? (Charles Luk).	Ch?an and Zen teaching. Series three / edited, translated and explained by Lu K?uan Yu? (Charles Luk).	1314	
Martin Willson	Rebirth and the Western Buddhist	1315	Distributor from label on p. 4 of cover. Bibliography: p. 81-90.
Martin Willson	Rebirth and the Western Buddhist	1316	Distributor from label on p. 4 of cover. Bibliography: p. 81-90.
7th cent. Santideva	Siksa-samuccaya : a compendium of Buddhist doctrine / compiled by Santideva, chiefly from earlierMahayana sutras ; translated from the Sanskrit by Cecil Bendall and W.H.D. Rouse.	1317	
Kuanyu Lu (Charles Luk)	Ch'an and zen teaching: First Series	1318	
Narada Maha Thera.	Buddhism in a nutshell /Narada Thera.	1319	
Bhikkhu. Sumedho (Ajan Sumedho)	Now is the knowing	1320	
Chi Biu Wang	The scientific outlook of Buddhism	1321	

Khenpo Kalu. Karma-ran-byun-kun-khyab-phrin-las	The foundation of Buddhist meditation / by Kalu Rinpoche.	1322	
C. T. Shi xiang. Shen	Why Buddhism	1323	Title: Xue fo yuan you = why Buddhism / [by] C.T. Shen ; [translated by] John Pan. Notes:☐ Delivered in English by C.T. Shen at China Institute in America on May 20, 27 and June 3, 1981 ; translated into Chinese by John Pan and Huang Aichan. Includes : Reality = Shi xiang / delivered in Chinese by C.T. Shen, translated into English by Fayan Foo, p. 67-92.
Bsod-nams-rgya-mtsho Dalai Lama III	Essence of refined gold / by the Third Dalai Lama ; with related texts by the Second and Seventh Dalai Lamas	1324	
1357-1419. Tsong-kha-pa Blo-bzan-grags-pa	A Short biography and letter of Je Tzong-kha-pa / prepared by the Translation Bureau of the Library of Tibetan Works and Archives.	1325	Contents:☐A short biography of Je Tzong-kha-pa, compiled by J. Marshall and edited by I. Stevens.-- Tzon-kha-pa. A brief exposition of the main points of the graded sutra and tantra courses to enlightenment. Notes:☐The 1st work has been extracted and translated from Mkhasgrub Dge-legs-dpal-bzan-po's work Je-tzun Lama Tzong-kha-pa chen-poi ngo-tsar ma-du jung-wai nam-par tar-pa da-pmi jug-ngog zhe-ja wa; the 2nd work is a translation of Lam-gyi rim-pa mdo tzam-du bstan-pa.
Nyanatiloka.	The word of the Buddha : an outline of the teaching of the Buddha in the words of the Pali canon / Compiled, translated, and explained, by Nyanatiloka.	1326	Also Titled:☐Suttapitaka. Notes:☐Selected from the five great collections of discourses which form the Sutta-Pitaka."
1908- Hsuan-hua	The diamond sutra : a general explanation of the Vajra prajna paramita sutra / by Hsuan Hua.	1327	Also Titled:☐Vajracchedika. Notes:☐Includes English translation of the Vajracchedika.
Thubten Chodron	Working with anger	1328	
Thubten Chodron	Working with anger	1329	
Various	One vehicle. volume 2.	1330	
Rinpoche Thubten Zopa	The healing Buddha : a practice for the prevention and healing of disease	1331	

Sucitto Bhikkhu	Buddha-nature : reflections on the Buddhist attitude to the environment	1332	
Chogyam Trungpa	Cutting Through Spiritual Materialism	1333	<p>Product Description</p> <p>The now classic Cutting Through Spiritual Materialism is the record of two series of lectures given by Trungpa Rinpoche in 1970-71. "First discussed are the various ways in which people involve themselves in spiritual materialism, the many forms of self-deception into which aspirants may fall. After this tour of the sidetracks along the way, the broad outlines of the true spiritual path are discussed. The approach presented is a classical Buddhist one--not in a formal sense, but in the sense of presenting the heart of the Buddhist approach to spirituality. Although the Buddhist way is not theistic, it does not contradict the theistic disciplines. Rather the differences between the ways are a matter of emphasis and method. The basic problems of spiritual materialism are common to all spiritual disciplines."</p> <p>Inside Flap Copy</p> <p>Examines the self-deceptions, distortions, and sidetracks that imperil the spiritual journey as well as awareness and fearlessness of the true path.</p>
Hermann Hesse	Siddhartha	1334	<p>Siddhartha (novel)</p> <p>From Wikipedia, the free encyclopedia</p> <p>Siddhartha is an allegorical novel by Hermann Hesse which deals with the spiritual journey of an Indian man called Siddhartha during the time of the Buddha.</p> <p>The book, Hesse's ninth novel, was written in German, in a simple, yet powerful and lyrical style. It was first published in 1922, after Hesse had spent some time in India in the 1910s. It was published in the U.S. in 1951 and became influential during the 1960s.</p> <p>"Siddhartha" means "he who has attained his goals" or "every wish fulfilled". The Buddha's name, before his renunciation, was Prince Siddhartha Gautama, later the Buddha. The main character of Siddhartha in the book is not the same person as the Buddha, who in the book goes by the name "Gotama".</p>
Lu, K'uan Yu, 1898-	Ch'an and Zen teaching / edited, translated and explained by Lu K'uan Yu (Charles Luk). Series 2.	1335	

Lu, K'uan Yu, 1898- (Charles Luk)	Practical Buddhism / [by] Lu K'uan Yu (Charles Luk).	1336	Notes: Includes the autobiography of Chan master Han Shan, a translated selection of Han-shan ta shih nien pu shu.
1878-1941. Pha-bon-kha-pa Byams-pa-bstan-dzin-phrin-las-rgya-mtsho	Liberation in our hands : a series of oral discourses / by Pabongka Rinpoche Jampa Tenzin Trinley Gyatso	1337	Uniform Title: Rnam grol lag bcans su ... English Title: Liberation in our hands : a series of oral discourses / by Pabongka Rinpoche Jampa Tenzin Trinley Gyatso ; transcribed and edited by Yongzin Trijang Rinpoche Losang Yeshe Tenzin Gyatso ; translated by Sera Mey Geshe Lobsang Tharchin, with Artemus B. Engle. Translation of: Rnam grol lag bcans su gtod pai man nag zab mo tshan la ma nor ba mtshuns med Chos kyi rgyal poi thugs bcud byan chub lam gyi rim pai nams khrid kyi zin bris gsun rab kun gyi bcud bsdus gdams nag bdud rtsii snin po zes bya ba bzugs so.
Anonomous	Tibetan folk tales	1338	Fredrick Hyde-Chambers; Audrey Hyde-Chambers; Kusho Ralla
Nyanaponika, Thera, editor	The Road to inner freedom : a survey of the Buddha's teachings	1339	
Tarthang. Tulku	Gesture of balance : a guide to awareness, self-healing, and meditation.	1340	Warm and intimate, Gesture of Balance trains us to cultivate awareness, creatively engage thoughts and emotions, and balance mental, emotional, and physical energies.
Tsong-kha-pa Blo-bzan-grags-pa	The life and teachings of Tsong-khapa	1341	
Graham Coleman	A Handbook of Tibetan culture : a guide to Tibetan centres and resources throughout the world	1342	Includes index.
Hugh R. Downs	Rhythms of a Himalayan village / Hugh R. Downs.	1343	
Phra Maha. Boowa Nanasampanno	The dhamma teaching of Acariya Maha Boowa in London.	1344	Uniform title Phra Acan Maha Bua Yanasampanno nai Krung
V. F. GUNARATNA	Rebirth explained.	1345	
2nd cent. Nagarjuna	The precious garland. and, The song of the four mindfulnesses / Nagarjuna and the Seventh Dalai Lama ; translated and edited by Jeffrey Hopkins and Lati Rinpoche, with Anne Klein ; foreword by Tenzin Gyatso, Fourteenth Dalai Lama.	1346	Uniform title Rajaparikatharatnamala. English Language note Translation of Rajaparikatharatnamala by Nagarjuna and a poem by the Seventh Dalai Lama.

Bhikkhu Visuddhacara	Curbing Anger, Spreading Love	1347	
Peter Della Santina	Fundamentals of Buddhism	1348	
Talaputa	Forest meditations : the verses of Arahant Ta?laput?a Thera	1349	
C. T. Shen	Mayflower II : on the Buddhist voyage to liberation	1351	
C. T. Shen	Mayflower II : on the Buddhist voyage to liberation	1352	
C. T. Shen	Mayflower II : on the Buddhist voyage to liberation	1353	
Rinpoche Thubten Kalzang	Excerpts from the Surangama samadhi sutra	1354	
Candragomin	Candragomin's Twenty verses on the Bodhisattva vow and its commentary by Sakya Dragpa Gyaltsen	1355	
Edited by Soto Zen B I C	Soto Zen: an introduction to Zazen	1356	
I B Horner	Ten Jataka stories: each illustrating one of the ten Paramita with Pali text	1357	

Dzongsar Jamyang Khyentse	What Makes You Not a Buddhist	1358	<p>From Publishers Weekly</p> <p>Here at last is a crisp new voice in Tibetan Buddhism. Khyentse, a lama from an influential family and Buddhist lineage in Bhutan, is also a filmmaker, responsible for the sleeper hit <i>The Cup</i>, about a group of Tibetan monks obsessed with soccer. The monk brings the same multicultural fluency to his first book. He can make references to Viagra and Camilla Parker-Bowles as easily as he can tell stories of the Buddha's life. With confidence tempered by wit, he cuts to the core of Buddhism: four "seals"--truths--that make up a Buddhist "right view" of the world and existence. This book is not, repeat not, about meditation. Instead, it looks at everyday life through a Buddhist lens, understanding happiness and suffering from that perspective. Enlightenment ends suffering but also trumps happiness. Khyentse writes persuasively about the importance of understanding emptiness: disappointment lessens, expectations soften, and change is not a shock. There is much food for thought in this short book for Buddhist students and for anyone interested in the ongoing adaptation of traditional Eastern wisdom into postmodern Western settings. "You can change the cup," Khyentse writes, "but the tea remains pure." (Jan. 9)</p> <p>Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.</p> <p>Review</p> <p>"Here at last is a crisp new voice in Tibetan Buddhism. . . . There is much food for thought in this short book for Buddhist students and for anyone interested in the ongoing adaptation of traditional Eastern wisdom into postmodern Western settings."-Publishers Weekly</p>
Nagarjuna	A drop of nourishment for people. The jewel ornament : a commentary	1359	
Rani Sircar	Jatakas Part II	1360	
Peter Della Santina	Fundamentals of Buddhism	1361	
Maha-Thera Ledi Sayadaw	The manual of insight - Vipassana dipani	1362	Translated by U. Nyana Maha-Thera.
Oliver Hector de Alwis Wijesekera	The three signata : Anicca, Dukkha, Anatta	1363	
Oliver Hector de Alwis Wijesekera	The three signata : Anicca, Dukkha, Anatta	1364	
Translated from the Pali by John D. Ireland.	The discourse collection. Selected texts from the Sutta Nipata. Translated from the Pali by John D. Ireland.	1365	Uniform title [Suttanipata. Selections]

Kulatissa Nanda. AYATILLEKE	Survival and Karma in Buddhist perspective. (Talks given in 1968-1969 at the Buddhist Information Bureau, Colombo.).	1366	
Boorstein Seymour;	Buddhism in psychotherapy : two essays	1367	
Doughlas M. Burns	Buddhist Meditation and Depth Psychology.	1368	
Doughlas M. Burns	Buddhist Meditation and Depth Psychology.	1369	
Daniel. Goleman	The Buddha on meditation and higher states of consciousness	1370	
Daniel. Goleman	The Buddha on meditation and higher states of consciousness	1371	
Francis. Story	The Case for Rebirth.	1372	
Ajaan Lee Dhammadharo.	Keeping the breath in mind : lessons in samadhi (selected passages)	1373	translated from the Thai by Geoffrey DeGraff (Thanissaro Bhikkhu).
Kyabje Rimpoche Pabongka	Heart-Spoon; Encouragement Through Recollecting Impermanence	1374	Edited by Ailsa Cameron
Dalai Lama I Dge-dun-grub	Six texts related to the Tara tantra	1375	Scanned copy of original book
Dalai Lama I Dge-dun-grub	Six texts related to the Tara tantra	1376	Scanned copy of original book
Nagarjuna Siddha.	Nagarjuna's philosophy as presented in the Maha-prajnaparamita-sastra / K. Venkata Ramanan.	1377	Also Titled: Maha-prajnaparamita-sastra Notes: First published 1966.
Jeffrey Hopkins	The Tantric Distinction: An Introduction to Tibetan Buddhism	1378	MLBD Newsletter "...one of the foremost Western scholars of Buddhism." --This text refers to the Paperback edition. Wisconsin Bookwatch "[Hopkins is] an experienced, knowledgeable, articulate scholar-practitioner of Tibetan Buddhism..." -- This text refers to the Paperback edition.

Lama Yeshe	Lama Yeshe Becoming Your Own Therapist: an introduction to the Buddhist way of thought	1379	Product Description Lord Buddha's idea is that everybody should become a psychologist. Each should know their own mind. Wonderful book on learning to understand and control your own mind.
Ayya Khema	All of us: Beset by birth, decay, and death : twelve dhamma talks on practice given on Parappuduwa Nuns Island	1380	
Beatrice Lane Suzuki	Mahayana Buddhism	1381	Book Description In this outline, the author confines herself to the teachings of Mahayana Buddhism, which accepts many of the doctrines found in all forms of Buddhism. Mahayana accepts many of these doctrines but holds some of them less important. What is most important in Mahayana is Enlightenment, freedom from Illusion, and the aspiration after Buddhahood, and this not only for a few wise monks but for all beings. Mahayana is the religion of the Buddhists of the North and East of Asia and, as such, deserves to be studied and appreciated. Contents: Hinayana and Mahayana; Mahayana Buddhism; Further Development of Mahayana; Mahayana in Practice; Outline of Some Important Mahayana Sutras; and Extracts from Mahayana Sutras. --This text refers to the Paperback edition.
Glenn H. Mullin	Death and Dying	1382	
Lama Yeshe	Make your mind an ocean: Aspects of Buddhist psychology	1383	Product Description "To enter the spiritual path, you must begin to understand your own mental attitude and how your mind perceives things...When your mind is narrow, small things easily agitate you. Make your mind an ocean.
Eric. Harrison	Do you want to meditate? / by Eric Harrison.	1384	Bibliography: p. 133-135.
Thubten Yeshe	The Essence of Tibetan Buddhism: The three principal aspects of the Path and an introduction to Tantra [ABRIDGED]	1385	Product Description Meditation is not on the level of the object but on that of the subject- You are the business of your meditation.
Thubten Edited By Jonathan Landaw Yeshe	Silent Mind, Holy Mind	1386	
L. Austine Waddell	The Buddhism of Tibet or Lamaism	1387	
Geshe Thubten Lodan	Path to Enlightenment In Tibetan Buddhis	1388	Includes index.

R. C. Jha (Ram Chandra)	The Vedantic and the Buddhist concept of reality as interpreted by Samkara and Nagarjuna / Ram Chandra Jha.	1389	Alternate Title: The Vedantic and the Buddhist reality
Daisetz Teitaro. SUZUKI	An Introduction to Zen Buddhism ... Edited by Christmas Humphreys ... With a foreword by C. G. Jung.	1390	Book has fragile pages, please take care.
George Parulski	A path to Oriental wisdom : introductory studies in Eastern philosophy	1391	
Tarchin Hearn	Meditative first aid : a doorway to health	1392	Also available as an ebook http://www.wangapeka.org/treasury/ebooks/mfa.html The Meditative First Aid download is approximately 700k due to the extensive illustrations, and it requires a pdf reader such as Acrobat.
First Panchen Lama	The great seal of voidness: the root text for the Ge-lug/Ka-gyu tradition of Mahamudra	1393	Title: The great seal of voidness : the root text for the Ge-lug/Ka-gyu tradition of Mahamudra, the main path all Buddhas have travelled (dGe-lDan bkah-brgyud rin-po-chehi phyag-chen rtza-ba rgyal-bahi gzhung-lam / by the first Panchen Lama Pan-Chen Blo-bzan chos-kyi rgyal-mtsán ; together with an oral explanation based on the commentary by the first Panchen Lama. Prepared by the Translation Bureau of the Library of Tibetan Works and Archives.
1295-1369 Rgyal-sras Thogs-med Bzan-po-dpal	The thirty-seven practices of all Buddhas' sons, and The prayer of the virtuous beginning, middle, and end.	1394	Uniform Title: Rgyal-sras lag len so bdun ma. English Title: The thirty-seven practices of all Buddhas' sons, and The prayer of the virtuous beginning, middle, and end / translations of the Tibetan rGyal.sras.lag.len so bdun.ma by THogs.med. bzang.po and THog mthah.ma by rJe TZong.kha.pa ; prepared by Ngawang Dargyey ... [et al.]. Also Titled: Prayer of the virtuous beginning, middle, and end
Lobzang Jivaka	The life of Milarepa, Tibet's great yogi : [Edited by] Lobzang Jivaka, condensed and adapted from the original translation of W. Y. Evans-Wentz.	1395	

Humberto R. Maturana	Tree of Knowledge: the biological roots of human understanding/ Humberto Maturana and Francisco J. Varela.	1396	<p>From Library Journal</p> <p>This book was originally a series of lectures by the Chilean coauthors, sponsored by the Organization for American States. It applies science, especially what is known of neural systems, to philosophical questions about human perception and understanding. The arguments are built up methodically, beginning with the origin of life and continuing through the the development of language in humans. The main virtues of the book are its logical approach and its use of examples. However, the style is in many places unnecessarily abstruse. The book will yield profitable discussion for philosophers, social scientists, and some lay readers. Margery C. Coombs, Zoology Dept., Univ. of Massachusetts, Amherst Copyright 1987 Reed Business Information, Inc.</p> <p>Review</p> <p>"A refreshing and new approach to cognition--one which has dramatic cultural, social, and ethical ramifications. . . . While stimulating the imagination of readers it has, however, not received the scholarly acclaim it richly deserves."-- Journal of Religion and Psychical Research "A book with great breadth and ambition . . . In the age of specialization, it is refreshing to come across a book with conceptual breadth and originality."-- Contemporary Psychology</p>
Candrakirti	Analysis of going and coming : the second chapter of Candrakirti's Clear Words, a commentary on Nagarjuna's Treatise on the middle way / translated by Jeffrey Hopkins in accordance with instruction from Kensin Nawang Lengden.	1397	
Glenn H Mullin	Meditations on the lower tantras : from the collected works of the previous Dalai Lamas	1398	On the cover: "A stairway for ascending to Tushita Buddha-field"
Rinpoche Thubten Zopa	Transforming problems: Mahayana thought transformation.	1399	First published as "Utilising happiness and suffering in the Mahayana path" 1998.

Panchen Lama 1	The Guru puja [and] The hundreds of Deities of the land of Joy	1400	Translated and prepared by:- Alexander Berzin Jampa Gendun Jonathan Laine Thubten Samten Judith Diane Short
Sramana Siksanda	The Sutra of Bodhisattva Ksitigarbha's fundamental vows	1401	
Gunapayuta.	A pictorial biography of Sakyamuni Buddha	1402	Original illustration and narration in Thai by Gunapayuta ; translation into Chinese by Bhiks?u Jan Hai ; translation into English by Z.A. Lu ; coloring by Yann-Fang Lee. Language note: Text in English and Chinese.
Pema Chodron	When Things Fall Apart: Heart Advice for Difficult Times	1403	Amazon.com Much like Zen, Pema Chodron's interpretation of Tibetan Buddhism takes the form of a nontheistic spiritualism. In When Things Fall Apart this head of a Tibetan monastery in Canada outlines some relevant and deceptively profound terms of Tibetan Buddhism that are germane to modern issues. The key to all of these terms is accepting that in the final analysis, life is groundless. By letting go, we free ourselves to face fear and obstacles and offer ourselves unflinchingly to others. The graceful, conversational tone of Chodron's writing gives the impression of sitting on a pillow across from her, listening to her everyday examples of Buddhist wisdom. --This text refers to an out of print or unavailable edition of this title. From Publishers Weekly Pema Chodron, a student of Chogyam Trunpa Rinpoche and Abbot of Gampo Abbey, has written the Tibetan Buddhist equivalent of Harold Kushner's famous book, When Bad Things Happen to Good People. As the author indicates in the postscript to her book: "We live in difficult times. One senses a possibility they may get worse." Consequently, Chodron's book is filled with useful advice about how Buddhism helps readers to cope with the grim realities of modern life, including fear, despair, rage and the feeling that we are not in control of our lives. Through reflections on the central Buddhist teaching of right mindfulness, Chodron orients readers and gives them language with which to shape their

Thomas Laird	Story of Tibet: Conversations with the Dalai Lama	1404	<p>From Publishers Weekly</p> <p>In a tenderly crafted study that is equal parts love letter, traditional history and oral history, Laird chronicles the development of Tibet from its mythic origins to its takeover by Communist China in 1950. Weaving historical research with interviews with the Dalai Lama, Tibet's exiled leader, veteran journalist Laird (<i>Into Tibet: The CIA's First Atomic Spy and His Secret Expedition to Lhasa</i>) offers insight into the triumphs and failures of the country. In one particularly fascinating section, the Dalai Lama expresses reservations about the truth of the Tibetan creation myths involving a demon and a monkey and accepts Darwin's theory of evolution as the most logical explanation of the origins of humankind. Laird traces Tibet's sometimes tortured relationships with China and India, recounting the country's conflicts with the Mongols and the Manchu Empire, as well as its struggles for independence in the face of Chinese occupation. The Dalai Lama also recounts his early life; vividly recalls his first meeting, at age 19, with Mao Zedong; and reflects on his years in exile and his hopes for Tibet to be freed from occupation. Throughout, Laird's colorful and lively writing brings to life thousands of years of Tibetan history, inviting the reader on his journey to a strange and wonderful land.</p>
Sermey Khensur Lobsang Tharchin	Pointing the Way to Reasoning: Commentaries to Compendium of Debates, Types of Mind, Analysis of Reasons	1405	
Stephan Beyer	The Cult of Tara: Magic and Ritual in Tibet	1406	

Pema Chodron	Practicing Peace in Times of War	1407	<p>From Publishers Weekly</p> <p>This gifty little book by the American Buddhist nun Ch?dr?n is a solid reinforcement of what she has been saying for many years and in many books. Here, her focus is on the relationship between aggression within and the aggression that fuels war. Ch?dr?n begins with some disquieting observations, such as that we can all be fundamentalists--that is, self-righteous and closed-minded--and that peace demonstrators are not terribly peaceful. Like other Buddhist teachers on the subject of political action, she sees a direct connection between what is in the heart and expressed in outward actions. She teaches how to stop the reflexive and habitual emotional reaction to perceived hostility through patience, pausing, breathing. It's not easy, but it is simple. Ch?dr?n is also provocative: insecurity has a positive function, she suggests, so don't run away from it. Some of what this skillful teacher says is almost too simple or underexplained, which can happen when a talk becomes a book, as is the case here. "Don't spin off" is a condensed instruction that is a little too condensed. While it may intrigue beginners, this book will be a better gift for those who are already familiar with Ch?dr?n's body of work. (Sept. 5)</p> <p>Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.</p> <p>Product Description</p> <p>With war and violence flaring? all over the world, many of us are left feeling vulnerable and utterly helpless. In this book Pema Ch?dr?n draws on Buddhist teachings to explore the origins of aggression, hatred, and war, explaining that they lie nowhere but within our own hearts and minds. She goes on to</p>
Tson-kka-pa Blo-bzan-grags-pa	Preparing for Tantra: The Mountain of Blessings	1408	<p>Language Notes</p> <p>Text: English (translation)</p> <p>Original Language: Tibetan</p>
Th. Stcherbatsky	Buddhist Logic Volume 1	1409	<p>Book Description</p> <p>Buddhist logic reveals itself as the culminating point of a long course of Indian philosophic history. These two volumes reconsider the subject of Buddhist logic in its historical connections. The first volume contains a historical sketch as well as a synthetical reconstruction of the whole edifice of the final shape of Buddhist philosophy. The second volume contains the material as well as the justification for this reconstructions. --This text refers to the Hardcover edition.</p>
Th. Stcherbatsky	Buddhist Logic Volume 2	1410	<p>Book Description</p> <p>Buddhist logic reveals itself as the culminating point of a long course of Indian philosophic history. These two volumes reconsider the subject of Buddhist logic in its historical connections. The first volume contains a historical sketch as well as a synthetical reconstruction of the whole edifice of the final shape of Buddhist philosophy. The second volume contains the material as well as the justification for this reconstructions. --This text refers to the Hardcover edition.</p>

Jan. Knappert	Indian mythology : an encyclopedia of myth and legend / Jan Knappert ; illustrated by Elizabeth Knappert.	1411	
Sutra Translation Committee of the United States and Canada	The seeker's glossary of Buddhism / edited by the Van Hien Study Group.	1412	
Ribur Rinpoche.	How to generate Bodhicitta / by Ribur Rinpoche.	1413	
Paramiti	The surangama sutra (Leng Yen Ching) Chinese rendering by Master Paramiti of Central North India at Chih Chih Monastery, Canton, China, A.D. 705 ; commentary (abridged) by Ch'an Master Han Shan (1546-1623) ; translated by Upasaka Lu K'uan Yu (Charles Luk)	1414	The surangama sutra (Leng Yen Ching) = Da fo ding ru lai mi yin xiu zheng liao yi zhu pu sa wan xing shou Leng Yan Jing
Thich Nhat Hanh	Present Moment, Wonderful Moment	1415	<p>Book Description</p> <p>Reading these poetic and practical verses can help us slow down and enjoy each moment of our lives. There are verses for waking up to "twenty-four brand new hours," taking a shower, answering the telephone, and starting the car. Present Moment Wonderful Moment is an inspiring handbook of mindfulness poems for everyday life. --This text refers to an out of print or unavailable edition of this title.</p> <p>Language Notes</p> <p>Text: English (translation)</p> <p>Original Language: Vietnamese --This text refers to an out of print or unavailable edition of this title.</p>
Sangye Khadro	Awakening a Kind Heart	1416	Everybody wants to be happy and free of problems.The two short teachings in this book explain simply and clearly how we can achieve happiness by transforming our usual self-cherishing attitude and awakening a kind heart.

Ph.D. Vet. Pategama Gnanarama	Essentials of Buddhism	1417	Product Description Text of Dhamma with erudite commentary. Essential for anyone interested in serious Buddhist study.
Thubten Chodron	A path to happiness / Ven. Thubten Chodron.	1418	Edited by Caroline Chen
Thich Nhat Hanh	A guide to walking meditation	1419	translated by Anh Huong edited by Joseph Bobrow
d. 1959. Xuyun	Master Hsu Yun's discourses and dharma words / edited, translated and explained by Lu Kuan-yu (Charles Luk).	1420	
1950- Thubten Chodron	I wonder why / by Thubten Chodron.	1421	
Bri-gun Chos-rje Jig-rten-mgon-po	Prayer flags : the life and spiritual teachings of Jigten Sumgon ; translated by Khenpo Rinpoche Konchog Gyaltsen.	1422	
Moni. Bagchee	Our Buddha.	1423	
P C Lee;	The Four Buddhist Books in Mahayana	1424	
Van Hien Study Group (Foreword)	Pure Land Pure Mind: The Buddhism of Masters Chu-hung and Tsung-pen	1425	Product Description This volume consists of excerpts from two Chinese Buddhist commentaries: The Collected Works of Master Yun-Chi'i and Direct Pointing Back to the Source by master I-yuan Tsung-pen
Compiled by:- Ernest M Bowden	The Imitation of Buddha: quotations from Buddhist literature for each day in the year	1426	
Ajahn Sucitto	KALYANA: Dhamma talks from Ajahn Sucitto	1427	
Thubten Yeshe	The Peaceful Stillness of the Silent Mind: Buddhism, Mind and Meditation	1428	Edited by Nicholas Ribush

Tulku Rinpoche	As It Is Vol. 1	1429	<p>Review</p> <p>"Tulku Urgyen Rinpoche's direct oral instructions inspired admiration, delight in practice, and deep trust and confidence in the teachings among those who met him. His words always helped their minds, in the sense that applying even some of his advice reduced disturbing emotions and naturally allowed compassion, love and insight to blossom."</p> <p>- Ch?kyi Nyima Rinpoche, Introductory Teachings</p> <p>Product Description</p> <p>The teachings presented in As It Is, Volume I are primarily selected from talks given by the Dzogchen master, Tulku Urgyen Rinpoche, in 1994 and 1995, during the last two years of his life. The unambiguous Buddhist perception of reality is transmitted in profound, simple language by one of the foremost masters in the Tibetan tradition. Dzogchen is to take the final result, the state of enlightenment itself, as path. This is the style of simply picking the ripened fruit or the fully bloomed flowers. Tulku Urgyen's way of communicating this wisdom was to awaken the individual to their potential and reveal the methods to acknowledge and stabilize that prospective. His distinctive teaching style was widely known for its unique directness in introducing students to the nature of mind</p>
Tulku Rinpoche	As It Is, Vol. 2	1430	<p>Review</p> <p>"Tulku Urgyen Rinpoche was someone with extraordinary experience and realization, a fact known throughout the world. It is evident to everyone that he was unlike anyone else when it came to pointing out the nature of mind, and making sure that people both recognized it and had some actual experience."</p> <p>- Khenchen Thrangu Rinpoche</p> <p>"Tulku Urgyen Rinpoche was an incredible master, one who was both learned and accomplished. The great masters of this time - the 16th Karmapa, Dudjom Rinpoche and Dilgo Khyentse Rinpoche - all venerated him as one of their root gurus and a jewel in their crown ornament. He was someone who achieved the final relization of the Great Perfection."</p> <p>- Orgyen Tobgyal Rinpoche</p> <p>Product Description</p> <p>The teachings presented in As It Is, Volume II are primarily selected from talks given by the Dzogchen master, Tulku Urgyen Rinpoche, in 1994 and 1995, during the last two years of his life. The unambiguous Buddhist perception of reality is transmitted in profound, simple language by one of the foremost masters in the Tibetan tradition. Dzogchen is to take the final result, the state of enlightenment itself, as path. This is the style of simply picking the ripened fruit or the fully bloomed flowers. Tulku Urgyen's way of communicating this wisdom was to awaken the individual to their</p>

Jigme Lingpa	Deity, Mantra, and Wisdom: Development Stage Meditation in Tibetan Buddhist Tantra	1431	Erik Pema Kunsang, translator of Wellsprings of the Great Perfection, endorsement For anyone interested in these profound practices...these texts are essential reading. Thar Lam "Inspiring...moments of overview of the practice alternate with sections offering a wealth of practical detail...excellent resource."
Yeshe Tsogyal	Dakini Teachings: Padmasambhava's Oral Instructions to Lady Tsogyal	1432	Product Description Padmasambhava, the Indian mystic and tantric Buddhist master, is second only to Buddha Shakyamuni as the most famous personage in the Tibetan tradition of Buddhism. In the ninth century, he made the journey across the Himalayan Mountains to establish Buddhism for the people in that country. Now, more than 1,000 years later, we are able to hear and be touched by his voice as contained within this collection of oral advice. The selections in Dakini Teachings are timely advice - short, direct instructions relating to the three levels of Buddhist practice: Hinayana, Mahayana, and Vajrayana. The main emphasis of Padmasambhava's teaching is that spiritual knowledge must be personalized and not remain as mere theory. The book includes an introductory discourse by Tulku Urgyen Rinpoche and a short biography of Padmasambhava by Jamgon Kongtrul the First. --This text refers to the Paperback edition. Language Notes Text: English, Tibetan (translation)
Bhikkhu Khantipalo	Lay Buddhist practice : the shrine room, Uposatha Day, rains residence by Khantipalo, Bhikkhu	1433	
Zasep Tulku Rinpoche	White Manjushri Sadhana	1434	
Zasep Tulku Rinpoche	White Manjushri Sadhana	1435	

Tulku Thondup	HEALING POWER OF THE MIND	1436	<p>Amazon.com Review</p> <p>It sounds like science fiction, but more and more people are tapping into the healing power of the mind. Bill Moyers brought this topic to light in a big way with his bestselling <i>Healing and the Mind</i>, but that was just an overview. For step-by-step instructions, you can turn to Tulku Thondup's <i>The Healing Power of Mind</i>. Thondup, Harvard scholar and Tibetan Buddhist monk since the age of 5, says that in the Tibetan tradition the mind is the key to health, and that mental grasping is often the cause of our physical undoing. A cosmic counselor of sorts, Thondup guides us first through simple exercises in relaxation and accepting present circumstances. His healing method centers on visualization, beginning with emotions and moving on to the body. With breathing and sound as part of the package, the meditator creates a sense of well-being and compassion that is ideally carried over mindfully into everyday activities. The accelerated pupil can move on to more complex Buddhist imagery, but no matter how far you go, trusting the healing power of the mind is the first step. --Brian Bruya --This text refers to the Paperback edition.</p> <p>From Publishers Weekly</p> <p>More than just another introduction to meditation, Thondup's book is a rich survey of the healing resources inherent in Nyingma Buddhism, the oldest school of Buddhism in Tibet, offered by one of the truly distinguished exemplars of the ancient monastic tradition rapidly being extinguished by the</p>
Dalai Lama Iii Bsod-Nams-Rgya-Mtsho	Selected Works of the Dalai Lama III: Essence of Refined Gold	1437	<p>Language Notes</p> <p>Text: English, Tibetan (translation)</p>
Ngawang Samten.	Manjusri, an exhibition of rare thankas, Triveni Kala Sangam, Tansen Marg, New Delhi, 25th March-3rd April 1986	1438	<p>Exhibition organized by the Central Institute of Higher Tibetan Studies and Central Institute of Buddhist Studies in collaboration with Tibet House, New Delhi.</p>
Karma-pa VII Chos-grags-rgya-mtsho	Message to all Dharma students from His Holiness 16th Gyalwa Karmapa.	1439	
Thubten Yeshe	Vajra Yogini : a commentary on the Anuttarayogatantra method of Vajra Yogini : the first, edited transcript of a course taught from 16th September to 1st October 1979 at Chenrezig Institute, Australia by Thubten Yeshe	1440	

Library of Tibetan Works & Archives.	Daily recitations of preliminaries.	1441	Rev. 4th ed.
Dalai Lama XIV	Transformed Mind, The: Reflections on Truth, Love and Happiness	1442	
Vicki MacKenzie	Cave in the Snow: A Western Woman's Quest for Enlightenment/Vicki Mackenzie	1443	<p>Amazon.com Review</p> <p>It sounds like a legend out of medieval Tibet: the ascetic who leaves home to join the Buddhist order, then spends 12 years in a cave, 15 hours a day in a meditation box. This is no legend, but you could call Tenzin Palmo legendary in her single-minded pursuit of higher realizations. From the East End of London to halfway up the Himalayas, she is now back in society, attempting to pull medieval Tibetan Buddhism into the modern era--women's rights and all. As biographer Vickie Mackenzie says by way of background, a group of elite women practitioners called "Togdemnas" still existed just decades ago. Tenzin Palmo, having studied with her male counterparts, is now canvassing the planet, welcoming women into full participation in Tibetan Buddhism and building support for an academy of Togdemnas that she plans to establish in the Himalayas. Mackenzie helps raise awareness for women's roles in Tibetan Buddhism by going into some detail about obstacles still faced by women as well as heroines who have overcome those obstacles, such as Yeshe Tsogyel (Sky Dancer) and Machig Lapdrön, a mother who started her own lineage. If Mackenzie has it her way, it won't be long before Tenzin Palmo joins that list of heroines. --Brian Bruya --This text refers to an out of print or unavailable edition of this title.</p> <p>From Library Journal</p> <p>Very possibly, the central figures of these two books?one German, the other British?met during their</p>
Thich Nhat Hanh	All in one, one in all : The nature of interbeing.	1444	Contents: Taking good care of our habit energies -- All in one, one in all -- Going to the shore of non-suffering -- Overcoming the fear of death -- Five mindfulness trainings.
K. Sri. Dhammananda	Who is responsible for our problems? / [K. Sri Dhammananda].	1445	Sayings of the Buddha -- Is Buddhism practical today? -- Who is responsible for our problems? -- Is it wrong to be ambitious? -- How to overcome your difficulties? -- You are responsible -- Parents and children.
Wuling. Shi	In One Lifetime: Pure Land Buddhism	1446	
Ajahn Chah.	Living Dhamma / Ajahn Chah.	1447	
Ch'an Master. Hsing-an Shin-Hsien	A composition urging the generation of the bodhi mind	1448	

Shi Wuling	Awaken to the Buddha Within	1449	Product Description Beginning with his life, Awaken to the Buddha Within explores what the Buddha experienced from impermanence and causality to compassion and altruism. Understanding his teachings of morality, concentration, and wisdom will help us to find within ourselves the answers we are seeking today.
Venerable Nyanaponika A. Thera	The Four Sublime States: AND The Practice of Loving Kindness - Metta	1450	
Ajahn Chah	Tree in a Forest: A Collection of Ajahn Chah's Similes	1451	
Bhikkhu Sumedho	The four noble truths	1452	
F. L. Woodward (Frank Lee)	Some Sayings of the Buddha	1453	A collection of passages from the Suttapitaka with a few selections from the Vinayapitaka. Originally published: London : Oxford University Press, 1939. According To The Pali Canon, With An Introduction By Sir Francis Younghusband.
Chanmyay Sayadaw Ashin. Janakabhivamsa	Vipassana meditation : lectures on insight meditation	1454	Buddha Educational Foundation
Sangye Khadro	Preapring for Death and Helping the Dying: A Buddhist Perspective	1455	
Sangye Khadro	Preapring for Death and Helping the Dying: A Buddhist Perspective	1455	
Zopa Rinpoche	Making Life Meaningful	1456	
editor. Nicholas Ribush	Teachings from Tibet - Guidance from Great Lamas	1457	

Lama Yeshe	Introduction to Tantra: A Vision of Totality	1458	<p>Review</p> <p>"...the best introductory work for undergraduate teaching on Tibetan Buddhist tantra available today...readily accessible to Western students." -- Janet Gyatso, Amherst College</p> <p>"No one has summarized the essence of tantra as well as Thubten Yeshe does here." -- Religious Studies Review</p> <p>"[A] lucid explanation of Buddhist tantra...a classic." -- Phillip Glass, composer</p> <p>No one has ever talked about tantra with such clarity, coherence and simplicity. -- Religious Studies Review</p> <p>Product Description</p> <p>"No one has ever talked about tantra with such clarity, coherence and simplicity." Religious Studies Review</p>
	Tibet's Great Yogi Milarepa: A Biography from the Tibetan being the Jetsun-Kahbum or Biographical History of Jetsun-Milarepa, According to the Late Lama Kazi Dawa-Samdub's English Rendering	1459	<p>Product Description</p> <p>A biography from the Jets n-Milarepa being the Jets n-Kahbum or biographical history of Jets n-Milarepa, according to the late Lama Kazi Dawa-Samdub's English rendering. Edited with introductions and annotations.</p>

Chogyam Trungpa	Training the Mind and Cultivating Loving-Kindness	1460	<p>Product Description</p> <p>Warning: Using this book could be hazardous to your ego! The slogans it contains are designed to awaken the heart and cultivate love and kindness toward others. They are revolutionary in that practicing them fosters abandonment of personal territory in relating to others and in understanding the world as it is. The fifty-nine provocative slogans presented here--each with a commentary by the Tibetan meditation master Ch?gyam Trungpa--have been used by Tibetan Buddhists for eight centuries to help meditation students remember and focus on important principles and practices of mind training. They emphasize meeting the ordinary situations of life with intelligence and compassion under all circumstances. Slogans include, "Don't be swayed by external circumstances," "Be grateful to everyone," and "Always maintain only a joyful mind." This edition contains a new foreword by Pema Ch?dr?n.</p> <p>From the Inside Flap</p> <p>Warning: Using this book could be hazardous to your ego! The slogans it contains are designed to awaken the heart and cultivate love and kindness toward others. They are revolutionary in that practicing them fosters abandonment of personal territory in relating to others and in understanding the world as it is.</p> <p>The fifty-nine provocative slogans presented here?each with a commentary by the Tibetan meditation</p>
	Divine Madman: The Sublime Life and Songs of Drukpa Kunley: illustrated by Lee Baarslag	1461	<p>Product Description</p> <p>A collection of anecdotes and songs by, and concerning, the Tibetan Saint, Buddha Drukpa Kunley. -- This text refers to an out of print or unavailable edition of this title.</p> <p>Language Notes</p> <p>Text: English, Tibetan (translation)</p>
Thubten Yeshe	The Essence of Tibetan Buddhism: The Three Principal Aspects of the Path and an Introduction to Tantra	1462	<p>"Meditation is not on the level of the object but on that of the subject - you are the business of your meditation. "Bodhicitta is very practical, I tell you. It's like medicine. The self-cherishing thought is like a nail or a sword in your heart; it always feels uncomfortable. With bodhicitta, from the moment you begin to open, you feel incredibly peaceful and you get tremendous pleasure and inexhaustible energy. Forget about enlightenment - as soon as you begin to open yourself to others, you gain tremendous pleasure and satisfaction. Working for others is very interesting; it's an infinite activity. Your life becomes continuously rich and interesting. "Historically, Shakyamuni Buddha taught the four noble truths. To whose culture do the four noble truths belong? The essence of religion has nothing to do with any one particular country's culture. Compassion, love, reality - to whose culture do they belong? The people of any country, any nation, can implement the three principal aspects of the path, the four noble truths or the eightfold path. There's no contradiction at all."</p>

Buddhadasa Bhikkhu	Paticcasamuppada : practical dependent origination / Buddhadasa Bhikkhu.	1463	Free translation of a Thai talk delivered in 1978. Includes bibliographical references.
Huineng	The sutra of Hui Neng : sutra spoken by the 6th patriarch on the high seat of the treasure of the law.	1464	Uniform Title: Liuzudashi fa bao tan jing. Chinese & English
Nyanatiloka.	Buddhist dictionary : manual of Buddhist terms and doctrines / Nyanatiloka ; Edited by Nyanaponika.	1465	3d. rev. and enl. ed.
Traditional	The Buddhist liturgy	1466	The Buddhist liturgy = Fo hui ke song translated by the Sutra Translation Committee of the United States and Canada
1875-1963. Tanxudashi	The Prajna paramita heart sutra, translated from Sanskrit into Chinese by Tripitaka Master Hsuan Tsang, commentary / by Grand Master T'an Hsu ; translated into English by Venerable Dharma Master Lok To ; edited by K'un Li, Shih.	1467	Also Titled: Heart sutra
Henepola. Gunaratana	Mindfulness in plain English / H. Gunaratana.	1468	
Richard Wilhelm	The Secret of the Golden Flower: A Chinese Book of Life	1469	Product Description The ancient Taoist text that forms the central part of this book was discovered by Wilhelm, who recognized it as essentially a practical guide to the integration of personality. Foreword and Appendix by Carl Jung; illustrations. Translated by Cary F. Baynes. A Helen and Kurt Wolff Book
Tem Horwitz	Tai Chi Chuan: The Technique of Power	1470	Product Description This book is an introduction and a reference guide to the study of Tai Chi Ch'uan. It offers inspiration to the beginner, and for those already involved in Tai Chi it is a source book, opening the way to a study of the philosophy that gives meaning and substance to the exercise. The book features sections discussing Tai Chi's connections to meditation, Taoism, dance, performance, the I Ching, health, mysticism and more.

1935- Dalai Lama XIV	STAGES OF MEDITATION : TRAINING THE MIND FOR WISDOM	1471	Product Description TRANSLATED BY VENERABLE GESHE LOBSANG JORDHEN, LOSANG CHOEPHEL & JEREMY RUSSELL.
Santideva	The Bodhicaryavatara: A Guide to the Buddhist Path to Awakening	1472	Product Description Written in India in the early eighteenth century AD, Santideva's Bodhicaryavatara became one of the most popular accounts of the Buddhist spiritual path. Important as a manual of training among Mahayana Buddhists, especially in the Tibetan Buddhist tradition, this text continues to be used as the basis for teaching by modern Buddhist teachers. This new translation from the original language provides detailed annotations explaining allusions and technical references. The Introductions set Santideva's work in context, and for the first time explain its structure. Language Notes Text: English (translation)
1935- Dalai Lama XIV	Ancient wisdom, modern world : ethics for the new millennium / Tenzin Gyatso, His Holiness the Dalai Lama.	1473	
Jane Hope	Introducing Buddha/ Jane Hope & Boris Van Loon.	1474	Review "An exemplary introduction... persuasive and intelligently critical.' Times Educational Supplement" -- This text refers to the Paperback edition. Product Description This book describes the life and teachings of the Buddha, this book also shows that enlightenment is a matter of experiencing the truth individually and by inspiration which is passed from teacher to student. First published in 1994 under the title "Buddha for beginners".

Jean-Claude Van Itallie (Adapter)	The Tibetan Book of the Dead for Reading Aloud	1475	<p>Author: Karma-glin?-pa, 14th cent Bar do thos grol.</p> <p>Review "I love this little book. Read it aloud!" --Richard Gere</p> <p>"Jean-Claude van Itallie's presentation of this old classic brings us face to face with the radiance and emptiness of our own minds. He has made new a relevant--even urgent--text: a guide for the continually arising moments of choice in our living and in dying." --Diane di Prima</p> <p>Review "I love this little book. Read it aloud!" -Richard Gere</p> <p>"Jean-Claude van Itallie's presentation of this old classic brings us face to face with the radiance and emptiness of our own minds. He has made new a relevant-even urgent-text: a guide for the continually arising moments of choice in our living and in dying." -Diane di Prima</p>
Lama Yeshe	Becoming Vajrasattva, 2nd Edition: The Tantric Path of Purification	1476	<p>Like Becoming the Compassion Buddha, this is another of Lama Yeshe's examinations of key Tantric deity practices in the Tibetan Buddhist tradition. Common to all four traditions of Tibetan Buddhism, the practice of Vajrasattva is used to purify obstacles to spiritual development, negative karma, and illness. Lama Yeshe, the inspirational teacher who strongly influenced the development of Buddhism in the West, found that the practice of Vajrasattva brought dramatic results for his Western students. Becoming Vajrasattva is a complete guide to this purification practice, providing instruction on the method, commentary on the traditional texts, and insight into tantra. Also included is an entire section of complete retreat instructions-required reading for anyone undertaking a meditation retreat in the Tibetan tradition.</p>
Shenphen. Zangpo	Releasing life : an ancient Buddhist practice in the modern world / Shenphen Zangpo (Stephen Powell).	1477	

Pema Chodron	No Time to Lose: A Timely Guide to the Way of the Bodhisattva	1478	<p>From Publishers Weekly</p> <p>Popular Buddhist teacher Ch?dr?n has a surprise for her many readers and students: textual commentary. Her newest book comments at length on an eighth-century text by the Indian Buddhist sage Shantideva. It's a guidebook for developing bodhichitta, an awakened mind that expresses itself in compassionate action to alleviate suffering. The lengthy text will certainly be unfamiliar to beginners, but Ch?dr?n is a wise choice for an escort. She is a clear teacher, explaining key terms (the Sanskrit term klesha, for example, may be translated as neurosis or affliction) and making things simple and characteristically plainspoken ("When we are distracted, we can't remember anything we've studied or read"). She is also the right kind of motivator, telling readers immediately what's in it for them: this book can inspire those who want to make the world a better place. Readers will need a helpful teacher and patience to take up the challenge offered by the long Buddhist text, which has been important in Ch?dr?n's own study. It's not a book for beginners or a good introduction to Ch?dr?n's own body of accessible work. But for those wanting depth and greater awareness of the Buddhist canon, this book opens a door. (Nov. 8)</p> <p>Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to the Hardcover edition.</p> <p>Review</p> <p>"Ch?dr?n's commentary on Shantideva's text is wise yet humble, and always encouraging."-Yoga Journal</p> <p>"No Time to Lose represents the fruition of Ch?dr?n's years of practice and study: a traditional commentary in which passages from The Way of the Bodhisattva are interspersed with her ever-approachable and pithy instructions for daily life."-Parabola</p> <p>"Ch?dr?n provides consistently clear expositions of Shantideva's sometimes convoluted verses and lines of argument, keeping her eye firmly on the question of how his discussion is relevant to the lives</p>
Tson-kha-pa Blo-bzan-grags pa	Tantra in Tibet: Great Exposition of Secret Mantra	1479	<p>Tantra in Tibet : the great exposition of secret mantra / Tsong-ka-pa ; introduced by His Holiness Tenzin Gyatso, the fourteenth Dalai Lama ; translated and edited by Jeffrey Hopkins ; associate editor for the Dalai Lama's commentary and Tsong-ka-pa's text, Lati Rinpochoy ; associate editor for Tsong-ka-pa's text, Geshe Gedu?n Lodro? ; assistant editor for the Dalai Lama's commentary, Barbara Frye.</p>
Rani Sircar	The Jatakas - Retold by Rani Sircar. Volume 1 of two	1480	2 v. (55; 52 p.) : ill. ; 18 cm.
Rani Sircar	The Jatakas - Retold by Rani Sircar. Volume 2 of two	1481	2 v. (55; 52 p.) : ill. ; 18 cm.

Pema Chodron	The Places That Scare You: A Guide to Fearlessness	1482	<p>Editorial Reviews</p> <p>Review 'It's short, and so beautifully written that the reading is a pleasure -- speaks to people of all religious persuasions. The clear-sighted practicality of Chodron's approach to the practice of meditation is a persuasive introduction to its benefits in our daily lives. Her voice is , understanding, gently humorous, always kind and seemingly infinitely wise.' The LA Times 'As one of Pema Chodron's grateful students, I have been learning the most pressing and necessary lesson of all: how to keep opening wider my own heart.' Alice Walker 'It is a lively and accessible take on ancient techniques for transforming terror and pain into joy and compassion.' O, the Oprah Winfrey magazine "Pema's deep experience and her fresh way of looking at things are like mountain water -- clear and deep.' Jack Kornfield, author of A Path with Heart and After the Ecstasy, the Laundry.</p> <p>Product Description One of the most inspiring spiritual teachers of our time offers simple, practical advice for living with less fear, less anxiety and a more open heart. Bought in a hotly contested auction, The Places That Scare You is now available in massmarket, taking Pema Chodron 's spiritual teachings to a wider audience. We always have a choice, Pema Chodron teaches: we can either let the circumstances of our</p>
Hearn Tarchin	Walking in wisdom / by Tarchin Hearn	1483	"A journey into the extraordinary richness of the present moment"--Cover.
K. Sri Dhammananda	How to Live Without Fear and Worry	1484	
Robert Beer	Tibetan ting-sha : sacred sound for spiritual growth / by Robert Beer	1485	Things that go ting in the night.
Sogyal Rinpoche	THE TIBETAN BOOK OF LIVING AND DYING	1486	
Eric Harrison	The naked Buddha : a demythologised account of the man and his teaching/ Eric Harrison	1487	<p>Second edition</p> <p>£...an abc introduction to Buddha and his teachings, seen through the eyes of a Westerner."--Back Cover</p>
Daisetz Teitaro Suzuki	Essays in Zen Buddhism, third series / [by] Daisetz Teitaro Suzuki; [edited by Christmas Humphreys]	1488	<p>Previous ed. 1950.</p> <p>Includes bibliographical references and index.</p>

<p>Marco Pallis</p>	<p>A Buddhist spectrum: Contributions to Buddhist-Christian dialogue</p>	<p>1489</p>	<p>Editorial Reviews</p> <p>Product Description</p> <p>These ten essays cover a wide range of topics which are both specific to Buddhism as well as being pertinent to other religious traditions, most notably Christianity (e.g. "Living One's Karma," "Is There a Problem with Evil?" "Is There Room for 'Grace' in Buddhism?" "Nembutsu as Remembrance," "Dharma and the Dharmas," and "Archetypes, as Seen through Buddhist Eyes"). Collectively they represent the crowning achievement of the only member of the "inner circle" of traditionalist authors who was formally attached to Buddhism. Brother David Steindl-Rast OSB has called his volume "a rich resource for dialogue between Christians and Buddhists" characterized by an "extraordinary grasp of the refinements of Buddhist thought." Like Buddhism itself, Pallis' writings possess at the same time the yielding gentleness of a flowing stream and the implacable resistance of a mountain. And like all of Pallis's books, A Buddhist Spectrum combines the wisdom gained from a lifetime of scholarship with the luminous insights of a seasoned spiritual traveler.</p> <p>Marco Pallis (1895-1990) was an author, a mountain climber, and a professional musician and musicologist. As a result of his mountaineering expeditions in 1923, 1933, and 1936 in southern Tibet, the Himalayas, Sikkim, and Ladak, he visited and stayed in Buddhist monasteries and experienced the spiritual depth and beauty of a living traditional culture. He also gained fluency in the Tibetan language, and developed a life-long commitment to Buddhism, especially in its Vajrayana form, in addition to</p>
	<p>Thus Have I Heard: The Long Discourses of the Buddha</p>	<p>1490</p>	<p>Editorial Reviews</p> <p>From Library Journal</p> <p>This translation of the Digha Nikaya, a collection of 34 sutras and a companion volume to The Middle Length Discourses (below), deals with a variety of topics such as the rewards of monastic life, early Buddhist philosophy, and the duties of laypersons.</p> <p>Copyright 1999 Reed Business Information, Inc. --This text refers to an alternate Hardcover edition.</p> <p>Product Description</p> <p>The Long Discourses of the Buddha is an invaluable collection of the teachings of the Buddha, revealing his gentleness, compassion, and penetrating wisdom. These thirty-four discourses are among the oldest records of the Buddha's original teachings. This book is a companion to The Middle-Length Discourses of the Buddha, and The Connected Discourses of the Buddha. --This text refers to an alternate Hardcover edition.</p>

	Karma: The Universal Law of Harmony	1491	Product Description Popular anthology explores karma from many aspects including kabbalah, yoga, and astrology. --This text refers to an alternate Paperback edition.
NANCY WILSON ROSS	BUDDHISM: A WAY OF LIFE AND THOUGHT	1492	An Objective Mind tours Awakened Minds by Rope (Amazon user published 2000-04-29) Excellent 11 of 11 people found this review helpful Informative, unbiased and not overblown history of Buddhism. A former Unitarian as well as more than a few Christian denominations, Ms. Ross covers the 3 branches with very readable prose. When the subject of miracles comes up, she's objective and does not impose on the reader to believe them. As you... Read more... Read more... Informative, unbiased and not overblown history of Buddhism. A former Unitarian as well as more than a few Christian denominations, Ms. Ross covers the 3 branches with very readable prose. When the subject of miracles comes up, she's objective and does not impose on the reader to believe them. As you might expect, she compares Buddhism with western religions throughout. It's obvious I enjoyed the book but for another reason as well. I sense that Ross is herself a compassionate one who treats her readers with respect for their intellect and was inspired by that. Myself, a former conservative Christian (I just couldn't "get it" for some reason), I appreciated her unbiased and objective writing. As Leonard Da Vinci stated (roughly): An investment in knowledge about a subject is an increase in love
Jane Hamilton-Merritt	A Meditator's Diary: a Western woman's unique experiences in Thailand monasteries	1493	
Keith Dowman Padma Sambhava	The legend of the Great Stupa ; and, the life story of the Lotus Born guru	1494	Responsibility: translation and commentary by Keith Dowman ; illustrated by Glen Eddy.
Narada Mahathera	The Buddha and His Teachings.	1495	This is the most accurate, best written, historical account of Shakiamuni Buddha and his teachings. It is regarded as the clearest and most detailed introductions to the fundamental teachings of Buddhism available in English. Venerable Narada explains the doctrines as they have been preserved in the Theravada tradition. A MUST read, for begginers, seasoned practitioners and anyone interested in Buddhist philosophy. V. Mahakala (Amazon user published 2008-03-16)
Thera Narada	The Dhammapada	1496	Pali text and transl. with stories in brief and notes by Thera Narada
Constance Miller	Essential Buddhist Prayers: an FMPT prayer book, Volume 1, basic prayers and practices/Constance Miller	1497	

Kendall Magnussen	Essential Buddhist Prayers: an FMPT prayer book, Volume 2, common centre practices/Kendall Magnussen	1498	
George Churinoff	The Vajra Cutter (The exalted Mahayana sutra on the wisdom gone beyond)/Churinoff	1499	The Vajra Cutter Sutra is unbelievable. It is one of the most profitable practices, because the root of all sufferings, yours and others, is the ignorance holding ?I? as truly existent - even though it is empty of that; and the ignorance holding the aggregates as truly existent, even though they are empty of that. The only antidote to cut that, to get rid of that and through which to achieve liberation, the total cessation of the suffering causes - delusions and karma - is the wisdom realizing emptiness. This is the subject of the Vajra Cutter Sutra, emptiness. So, each time you read it, it leaves such a positive imprint. Without taking much time, without much difficulty, it is easy to actualize wisdom. Lama Zopa Rinpoche
George Churinoff	The Vajra Cutter (The exalted Mahayana sutra on the wisdom gone beyond)/Churinoff	1500	The Vajra Cutter Sutra is unbelievable. It is one of the most profitable practices, because the root of all sufferings, yours and others, is the ignorance holding ?I? as truly existent - even though it is empty of that; and the ignorance holding the aggregates as truly existent, even though they are empty of that. The only antidote to cut that, to get rid of that and through which to achieve liberation, the total cessation of the suffering causes - delusions and karma - is the wisdom realizing emptiness. This is the subject of the Vajra Cutter Sutra, emptiness. So, each time you read it, it leaves such a positive imprint. Without taking much time, without much difficulty, it is easy to actualize wisdom. Lama Zopa Rinpoche
Tenzin Palmo	Reflections on a mountain lake: a Western nun talks on practical Buddhism / Tenzin Palmo	1501	
Rebecca Novick	Fundamentals of Tibetan Buddhism / Rebecca McClen Novick	1502	Editorial Reviews Product Description In Tibetan, the word for Buddhist means "insider"-someone who looks not to the world but to themselves for peace and happiness. The basic premise of Buddhism is that all suffering, however real it may seem, is the product of our own minds.Rebecca Novick's concise history of Buddhism and her explanations of the Four Noble Truths, Wheel of Life, Karma, the path of the Bodhisattva, and the four schools help us understand Tibetan Buddhism as a religion or philosophy, and more important, as a way of experiencing the world.

Thubten Zopa	Wisdom Energy: Basic Buddhist Teachings / Lama Yeshe, Lama Zopa Rinpoche	1503	<p>Edited by Jonathan Landaw with Alexander Berzin</p> <p>Review "...immensely practical advice and suggestions." -- The Middle Way</p> <p>"This is a superb book....presents basic Buddhist teachings with great lucidity and clarity." -- Resource -- This text refers to an alternate Paperback edition.</p> <p>Product Description A compelling introduction to Buddhism, written with characteristic warmth and directness.</p>
Zopa Rinpoche	A daily meditation practice: How to meditate on the graded path to enlightenment / Lama Zopa Rinpoche	1504	
Lhundrup Jampal	Combined Jorcho and Lama Chopa Puja / Jampal Lhundrup and Losang Chokyi Gyaltsan	1505	A Ritual Unifying the Practices of Jorcho: Necklace of Fortunate Beings, composed by Jampal Lhundrup and Lama Chopa: Ritual Offering to the Guru, composed by Losang Chokyi Gyaltsan, the First Panchen Lama, according to the practice instructions of Lama Zopa Rinpoche.
Lhundrup Jampal	Combined Jorcho and Lama Chopa Puja / Jampal Lhundrup and Losang Chokyi Gyaltsan	1506	A Ritual Unifying the Practices of Jorcho: Necklace of Fortunate Beings, composed by Jampal Lhundrup and Lama Chopa: Ritual Offering to the Guru, composed by Losang Chokyi Gyaltsan, the First Panchen Lama, according to the practice instructions of Lama Zopa Rinpoche.
Lama Zopa Rinpoche	HEART ADVICE FOR RETREAT / Pabongkha Dechen Nyingpo and Lama Zopa	1507	<p>Advice on the essential aspects of going on retreat. Lama Zopa provides useful commentary on the great Pabongkha's text Like a Cannibal Cheating, and on the rituals and motivations for entering into retreats of any kind. A must-read for serious practitioners.</p> <p>" Knowing Dharma is not enough, you must practice it" (Pabonka Rinpoche) A collection of advice by Pabonka Dechen Nyingpo and Lama Zopa Rinpoche on how to do retreat, what the pitfalls are, and what to cultivate while in retreat. This book is a must for anybody who is attempting to do retreat, be it short or long.</p>

Lama Zopa Rinpoche	HEART ADVICE FOR RETREAT / Pabongkha Dechen Nyingpo and Lama Zopa	1508	<p>Advice on the essential aspects of going on retreat. Lama Zopa provides useful commentary on the great Pabongkha's text Like a Cannibal Cheating, and on the rituals and motivations for entering into retreats of any kind. A must-read for serious practitioners.</p> <p>" Knowing Dharma is not enough, you must practice it" (Pabonka Rinpoche) A collection of advice by Pabonka Dechen Nyingpo and Lama Zopa Rinpoche on how to do retreat, what the pitfalls are, and what to cultivate while in retreat. This book is a must for anybody who is attempting to do retreat, be it short or long.</p>
Ayya Khema	Being Nobody, Going Nowhere: Meditations on the Buddhist Path / Ayya Khema	1509	<p>Editorial Reviews</p> <p>Review Not just highly recommended but essential reading for hearts inclined to the path. -- DharmaCrafts</p> <p>Simple, Grounded instructions... forthright and resolute guidance. -- Karuna Journal</p> <p>This book is a valuable guide to the path of meditative insight and loving compassion. It is direct, clear, and inspiring." -- Sharon Salzberg, author of Lovingkindness</p> <p>Product Description Techniques for developing meditative insight and compassion, written with pure sincerity by a Western Buddhist nun.</p>
Thubten Zopa	Teachings from the Mani retreat, Chenrezig Institute, December 2000 / Lama Zopa	1510	
Lama Zopa	The Joy of Compassion / Lama Zopa Rinpoche	1511	<p>Editorial Reviews</p> <p>Product Description In this book, Lama Zopa Rinpoche teaches on one of his favorite topics--compassion. He tells us that compassion for others is the best way to overcome any obstacles we encounter, in our Dharma practice, or occupation and life itself, and the best medicine for treating any illness we experience. However, these teachings are not limited to compassion. Rinpoche also explains emptiness, karma and many other essential Buddhist subjects. As ever, his teachings are clear, relevant, humorous and direct--a perfect guide to making our lives meaningful.</p>

Lama Yeshe	Ego, Attachment and Liberation: Overcoming your mental bureaucracy. A five day meditation course/ Thubten Yeshe ; edited by Nicholas Ribush	1512	<p>Summary</p> <p>"As part of his extensive 1975 world tour, Lama Yeshe offered a five-day intensive meditation retreat at Dromana, near Melbourne, Australia. So effective were the experiential teachings he gave that almost half the people left the retreat before the end. This volume contains the wisdom and meditations that Lama imparted on this memorable occasion"</p>
Damcho Diana Finnegan	Sanghata Sutra / translated by Ven. Lhundup Damcho.	1513	<p>The Sanghata Sutra is a teacher, manifesting in the form of a sage.</p> <p>- Arya Sanghata Sutra</p> <p>The Sanghata Sutra is a Mahayana sutra containing stories illustrating the power of invoking the bodhisattva wish when interacting with others; and the power of past and present actions to produce expansive results. Imbued with the blessings of the power of prayer invoked by Shakyamuni Buddha himself, recitation of this sutra produces a great mass of positive karma that can quickly ripen, even in this life.</p>
Lama Anagarika Govinda	THE WAY OF WHITE CLOUDS - A Buddhist Pilgrim in Tibet	1514	<p>Govinda writes from the heart with an openness and clarity which is rare in this world. Combine this with a description of a journey of Tibet just prior to it's invasion, and you can nearly grasp the Heart of tibetan spiritual culture.</p>
Kelsang Gyatso	Universal compassion: A commentary to bodhisattva Chekhawa's Training the mind in seven points	1515	<p>Editorial Reviews</p> <p>Review</p> <p>'This book is an admirable accomplishment in presenting the profound teachings of present-day Mahayana Buddhism.' - Buddhism Today 'It could be read with profit by anyone whose religion demands the exercise of compassion.' - Faith and Freedom 'An inspiring book for all who aspire to practise the Buddhist path.' - Buddhist Studies Review --This text refers to an out of print or unavailable edition of this title.</p> <p>Product Description</p> <p>Developing unconditional love and compassion for all living beings is the heart of Buddhist practice. The powerful methods of training the mind revealed in this book, which guide us towards a universal compassion, have been used for centuries to solve daily problems and even mental and physical diseases. In this highly regarded explanation of the celebrated Mahayana Buddhist text, Training the Mind in Seven Points, Geshe Kelsang also explains with perfect clarity how all life situations, even the most difficult, can be transformed into opportunities for spiritual development, and provides us with an indispensable companion for our day-to-day life. --This text refers to an out of print or unavailable edition of this title.</p>

	The Lotus Sutra	1516	<p>Editorial Reviews</p> <p>From Library Journal A third-century Mahayana text, this is used and revered in several traditions. It contains the essential teachings of Mahayana, stressing the doctrine of the transcendental nature of the Buddha, the ideal of the Bodhisattva, and the possibility of universal liberation. Copyright 1999 Reed Business Information, Inc.</p> <p>Review Burton Watson's felicitous rendition of The Lotus Sutra captures superbly well the literary essence of the Chinese text. Considering the manifold complexities and beauties of the work, this is a stunning achievement. -- Victor Mair</p> <p>Watson's felicitous rendition of The Lotus Sutra captures superbly well the literary essence of the Chinese text. Considering the manifold complexities and beauties of the work, this is a stunning achievement. -- Review</p>
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Nyogen Senzaki	The Iron Flute: 100 Zen Koans	1517	<p>Editorial Reviews</p> <p>Product Description Koans are the intellectually unsolvable problem-riddles at the core of the Rinzai tradition of Zen Buddhism, perhaps the most well-known one being "what is the sound of one hand clapping." Though widely recognized, most koan remain narrowly understood. In this new edition of The Iron Flute, one hundred of the most challenging and enlightening koan from the Chinese Chan (Zen) patriarchs of the Tang and Sung dynasties are presented, along with commentary from the great Zen masters Genro, Fugai, and Nyogen, and an in-depth biography of author Nyogen Senzaki (1876-1958), a pioneer in bringing Zen Buddhism to the West. The Iron Flute stands alone as the definitive work on koan-an essential pathway to the tenets and practice of Zen Buddhism. AUTHOR BIOS: Nyogen Senzaki was raised in Tendai Buddhist monastery and ordained as a Zen monk after attending Tokyo Imperial University, where he was a student of the great Zen master Soen Shoku. He moved to the U.S. in 1905 and lived in Los Angeles until his death in 1958. Ruth Strout McCandless was a student of Senzaki and his collaborator in translating a series of Buddhist texts over many years. She and Senzaki also co-authored Buddhism and Zen.</p> <p>About the Author Nyogen Senzaki was one of the first Zen masters to come to the United States from Japan. He has authored the Zen classics Like a Dream, Like a Fantasy, Buddhism and Zen (co-authored with Ruth McCandless), and the bestselling Zen Flesh, Zen Bones.</p>
Dalai Lama XIV Bstan-dzin-rgya-mtsho	How to See Yourself as You Really Are	1518	His Holiness provides step-by-step exercises to help readers shatter their false assumptions and ideas of the self and see the world as it actually exists, which is a prelude to right action.

Santideva	A Guide to the Bodhisattva Way of Life	1519	<p>Editorial Reviews</p> <p>From Library Journal</p> <p>These two volumes present perspectives on the Bodhisattva ideal, the distinguishing characteristic of Mahayana Buddhism that emphasizes the desire for enlightenment as an act of altruism toward all beings. A Guide to the Bodhisattva Way of Life is a classic of Tibetan Buddhism, composed in the eighth century by a Buddhist monk. The Wallaces (a professor and a student in religious studies, Stanford Univ.) translated this work with careful attention to Tibetan and Sanskrit versions, which makes their translation unique. The main text has been re-created from the Sanskrit with attention to the Tibetan. Where the nuances in the originals differ significantly, the translation of the Tibetan version is given in the notes. The Thirty Seven Practices of Bodhisattvas is a transcription of an oral teaching by a Buddhist scholar and teacher. The text on which the teaching is given is a set of verses written in the 14th century by a Tibetan Buddhist monk. Like the first title, this work seeks to elucidate the day-to-day practice of the Bodhisattva. The original verses are short and fairly clear, and the commentary by Rinchen makes the meaning and the demanding character of the Bodhisattva ideal realistic for the contemporary reader. The two titles offer insight upon insight as to the way a life should be lead. Rinchen's is perhaps the more accessible to general readers. For the price, any library with an interest in Buddhism would do well to acquire both. ?Mark Woodhouse, Elmira Coll. Lib., N.Y. Copyright 1997 Reed Business Information, Inc.</p> <p>Review</p> <p></p> <p>"...will stand for many years as the standard English translation of this key Tibetan Buddhist text."--Publishers Weekly</p> <p></p>
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Lillian Too	Mantras and Mudras: Meditations for the Hands and Voice to Bring Peace and Inner Calm	1520	<p>Editorial Reviews</p> <p>Product Description Best-selling author Lillian Too brings us this fascinating and beautifully illustrated introduction to a subject close to her heart. Mantras and Mudras are a fundamental part of Buddhist practice.</p> <p>About the Author Lillian Too is a longtime Buddhist practitioner and best-selling author of books on feng shui. She lives in Kuala Lumpur, where she devotes time to her Buddhist practice; her daughter, Jennifer; to writing her books; contributing to numerous magazines; and running her own publishing company, all of which she does with marked success. She is the author of The Illustrated Encyclopedia of Feng Shui and The Complete Illustrated Guide to Feng Shui, among others.</p>
	Lam Rim Outlines: Beginners Meditation Guide: compiled by Karin Valham	1521	
Narada	The Buddha and His Teachings	1522	Fourth edition, much expanded.
Chin Kung	To Understand Buddhism: The Collected Works of Venerable Master Chin Kung	1523	Excerpts from a talk given in Australia, January 1996
Dr B.R. Ambedkar	The Buddha and His Dhamma	1524	<p>This book is regarded as the holy text in Indian Buddhist community. Written by Dr. B. R. Ambedkar, the author of several hundred books and father of the constitution of India, this book is simply a peace of work. It details the time before Buddha's birth, the king system that was followed in those days, then how his birth was predicted by some elderly and educated rishi (a hindu monk), etc. In intricate details Dr. B. R. Ambedkar was able to go into day-to-day details of Buddha's life while he was growing up now knowing he was going to the Buddha one day. He proves to be the kindest while growing up with his cousins. He gets married to a beautiful princess Yashodhara and then gives birth to a child. This book uses another approach, another reasoning for him to leave the life of a king and be an ascetic. Usually people read the story of his locked in the palace and suddenly getting exposed to newborn, aged, sick and death scenarios which makes him very reluctant to be in kingly life. But in this book Dr. Ambedkar uses a very practical approach with the historical proofs behind the events that took place and led Siddhartha to renounce his kingdom and be an ascetic.</p> <p>It becomes even more interesting, when Dr. Ambedkar describes Buddha's attempts with several teachers who promise him the ultimate truths, but turn out to be kind of insufficient for him. Finally, he decides to work himself to find for the ultimate reasons for suffering.</p>

Aggacitta Bhikkhu	Dying To Live: The Role Of Karma In Dying And Rebirth	1525	
Dhammananda, K Sri, Dr.	Buddhism for the future	1526	<p>Contents:☐</p> <p>The Buddhist way --</p> <p>Practical Buddhism --</p> <p>How to practice Buddhism --</p> <p>Buddhism and the free thinkers --</p> <p>Buddhism as a religion --</p> <p>Buddhism for the future.</p>
Ngrjuna	The Fundamental Wisdom of the Middle Way: Ngrjuna's Mlamadhyamakakrik	1527	<p>Editorial Reviews</p> <p>From Library Journal</p> <p>Professor of philosophy and director of Hampshire College's exchange program with exiled Tibetan scholars, Garfield provides the first Tibetan-to-English translation of eminent second-century Buddhist Nagarjuna's greatest work: Mulamadhyamika. Reflecting Indo-Tibetan Prasangika-Madhyamika (Middle Path) School commentaries by Buddhapalita and Candrakirti, it is aimed at Western philosophers, not philologists. Throughout this profoundly logical text, Nagarjuna meets contrasting dialectical arguments, thereby proving that all phenomena are empty of inherent existence and nothing originates independently of anything else. He forges a middle path between conventional and ultimate truths. In his comments, Garfield compares this complex doctrine with Western philosophical concepts of emptiness and essence, demonstrating its empirical stature. Kenneth Inada's Sanskrit translation, Nagarjuna (1970) is more accessible to general readers, emphasizing the Buddhist mentor as a benign mediator rather than a strict logician. Garfield's text successfully appeals to scholars and is recommended for academic rather than public libraries. ?Dara Eklund, Los Angeles P.L.</p> <p>Copyright 1995 Reed Business Information, Inc.</p> <p>Review</p> <p>"Will be...enormously beneficial."--Guy Newland, Central Michigan University</p>
Vicki MacKenzie	Reincarnation: The Boy Lama	1528	<p>Reincarnation tells the remarkable story of a child destined to become one of the most important and unusual spiritual leaders of our time. Osel Hita Torres became the focus of world attention when he was recognized by the Dalai Lama as the reincarnation of Lama Yeshe (beloved teacher and author of Introduction to Tantra, and others), who died in California in March 1984. This story tells of Lama Yeshe's life, death, and rebirth as the little Lama Osel, while explaining the controversial phenomenon of reincarnation in a clear, engaging, and practical way.</p>

Dhammika, Shravasti, 1951-	Good question good answer	1529	<p>Contents:</p> <p>What is Buddhism? --</p> <p>Basic Buddhist concepts --</p> <p>Buddhism and the god-idea --</p> <p>The five precepts --</p> <p>Rebirth --</p> <p>Meditation --</p> <p>Wisdom and compassion --</p> <p>Vegetarianism --</p> <p>Good luck and fate --</p> <p>Becoming a Buddhist.</p>
Dhammananda, K Sri, Dr.	What Buddhists believe	1530	
Chang Hsing	The teachings of the Buddha	1531	<ol style="list-style-type: none"> 1. The riddle of the human being in the context of the universe -- 2. Thought-systems advanced by religion and by philosophy are not cognizant of the truth -- 3. All that exists is produced by causes and conditions and lacks an independent self -- 4. The difference between delusion and enlightenment, suffering and happiness -- 5. Sakyamuni Buddha's appearance in this world as the manifestation of his great compassion -- 6. The subdivision of the Buddha's teaching into five phases or periods -- 7. The difference between great and small, form and nature -- 8. In China, every Buddhist sect flourished -- 9. What we really need today -- 10. Methods of study and practice.
C De Saram	Pen portraits : ninety three eminent disciples of the Buddha	1532	

Robert A. F. Thurman	Inside Tibetan Buddhism: Rituals and Symbols Revealed	1533	<p>Editorial Reviews</p> <p>Review Thurman, one of the foremost Buddhist scholars in this country, presents some powerful visual illustration of the rituals which illustrate Tibetan Buddhism's philosophy. Combining images of sacred spaces with rich black and white and color shots, this visual feast accompanies strong descriptions of Buddhist thought. -- Midwest Book Review</p> <p>From the Publisher Through a spectacular, film-like sequence of beautiful and compelling photographs and iconographic imagery, this unique volume explores the rituals and symbols of one of the world's greatest religions.</p>
Robert A. F. Thurman	Inside Tibetan Buddhism: rituals and symbols revealed	1533	<p>Editorial Reviews</p> <p>Review Thurman, one of the foremost Buddhist scholars in this country, presents some powerful visual illustration of the rituals which illustrate Tibetan Buddhism's philosophy. Combining images of sacred spaces with rich black and white and color shots, this visual feast accompanies strong descriptions of Buddhist thought. -- Midwest Book Review</p> <p>From the Publisher Through a spectacular, film-like sequence of beautiful and compelling photographs and iconographic imagery, this unique volume explores the rituals and symbols of one of the world's greatest religions.</p>
Sangharakshita	The Ten Pillars of Buddhism	1534	<p>Editorial Reviews</p> <p>About the Author A respected translator and author of over fifty books, Sangharakshita began studying BUddhism at the age of 16. After 20 years studying in India he returned to England and set up the Friends of the Western Buddhist Order which has over 65 centres worldwide, including the USA.</p>

Ting Chen	The fundamentals of meditation practice	1535	<p>Contents:</p> <ul style="list-style-type: none"> Translator's introduction -- The foundation of meditation practice -- The levels of Buddhist discipline -- Preparing for meditation -- Regulating the mind -- Counting the breath -- Varieties of Ch'an -- Glossary.
Anonymous	The Dhammapada: The Path of Perfection	1536	<p>Editorial Reviews</p> <p>Language Notes</p> <p>Text: English (translation)</p> <p>About the Author</p> <p>Juan Mascaro read Modern and Oriental Languages at Cambridge, lectured in Oxford and eventually became Professor of English at Barcelona University. He has translated the Upanisads and the Bhagavad Gita. He died in 1987. Juan Mascaro read Modern and Oriental Languages at Cambridge, lectured in Oxford and eventually became Professor of English at Barcelona University. He has translated the Upanisads and the Bhagavad Gita. He died in 1987.</p>

Stephen Batchelor	Buddhism without Beliefs	1537	<p>Editorial Reviews</p> <p>About the Author A former Buddhist monk, Stephen Batchelor has written several books attempting to make Buddhist accessible and understandable to the Western reader. These books include The Awakening of the West: The Encounter of Buddhist and Western Culture, and Buddhism Without Beliefs: A Contemporary Guide to Awakening. --This text refers to an out of print or unavailable edition of this title.</p> <p>From AudioFile These eight sessions introduce the fundamental ideas and practice of Buddhism with insight and precision. The author places the origins of Buddhism in historical context, then explicates core terms at length, drawing out semantic implications and symbolic meanings. This gives listeners the conceptual tools needed to follow the instructional sessions, which draw on all major schools of Buddhism. Stephen Batchelor delivers subtle guidance in meditation in clear prose, augmented by wit and common sense. The lectures conclude by reflecting on how Buddhist concepts of spiritual freedom fit with Western concepts of political freedom and by sketching the political agenda that Buddhist compassion might lead to. G.T.B. ® AudioFile 2002, Portland, Maine-- Copyright © AudioFile, Portland,</p>
Guy Claxton	The Heart of Buddhism: Practical Wisdom for an Agitated World	1538	<p>Editorial Reviews</p> <p>Review 'Written with humour, lightness of touch and an affection for the human condition with all its faults, this book is a blessedly easy and reader-friendly account of what Buddhism has to offer.' Anne Bancroft, Resurgence</p> <p>About the Author Guy Claxton is a psychologist and senior lecturer at King's College, London. He is currently teaching at Schumacher College, a new international centre for studies informed by spiritual and ecological values at Dartington, Devon. He is the author of many books on religion, psychology and education.</p>
Radhika Abeyseker	Questions & answers in Buddhism. volume I and volume II / Radhika Abeysekera	1539	

Peter Kelder	The eye of revelation: the original five Tibetan rites of rejuvenation.	1540	<p>Two thousand five hundred years ago, Tibetan monks developed a series of just five exercises, called "rites," which heal and rejuvenate. This is Peter Kelder's "lost" 1946 "Eye of Revelation" with new information about these Tibetan Rites and their history.</p> <p>In his booklet, Kelder claims that while stationed in India, British army officer Colonel Bradford (a pseudonym) heard a story about a group of lamas who had apparently discovered a "Fountain of Youth". The "wandering natives", as he called them, told him of old men who inexplicably became healthy, strong, and full of "vigor and virility" after entering a particular lamasery. After retiring, Kelder's Colonel Bradford went on to discover the lamasery and lived with the lamas, where they taught him five exercises, which they called "rites". According to the booklet, the lamas describe seven spinning, "psychic vortexes" within the body: two of these vortexes are located in the brain, one at the base of the throat, one on the right side of the body in the vicinity of the liver, one in the reproductive anatomy, and one in each knee. As we grow older, the spin rate of the vortexes diminishes, resulting in "ill-health". However, the spin rate of these vortexes can be restored by performing the Five Rites daily, resulting in improved health.</p>
Master Paramiti	The Surangama Sutra (Leng Yen Ching)	1541	Chinese rendering by Master Paramiti of Central North India at Chih Chih Monastery, Canton, China, A. D. 705 / commentary (abridged) by Chan Master Han Shan (1546-1623) ; translated by Upasaka Lu Kuan Yu (Charles Luk)
Ken Jones	The Social Face of Buddhism: An Approach to Political and Social Activism	1542	

W. Y Evans-Wentz	The Tibetan book of the great liberation;; Or, The method of realizing Nirvana through knowing the mind; preceded by an epitome of Padma-Sambhava's biography	1543	<p>Book Description</p> <p>The paramount teachings of the most illustrious teachers of Tibet and India, who have transmitted their teachings to the people of Occident, are the base of this book. In Book I, hereof, an account of the marvellous superhuman life and secret doctrines of the Great Guru Padmasambhava. Book II expounds the quintessence of the Supreme Path, the Mathayana, and reveals the yogic methods of attaining the Great Liberation of Nirvana by means of knowing the one mind.</p> <p>Editorial Reviews</p> <p>About the Author</p> <p>W. Y. Evans-Wentz, an anthropologist, had interest in exploring the religious experience of mankind. His famous books in the present series include Tibetion Yoga and Secret Doctrines; The Tibetan Book of the Dead; and Tibets Great Yogi Milarepa. Evans-Wentz firmly believed that humanity is one family, eternally transcending geographical demarcations, national limitations, and every fettering concept born of the unenlightened mind. --This text refers to an alternate Paperback edition.</p>
A. C. Bhaktivedanta Swami Prabhupada	Srimad Bhagavatam: First Canto "Creation"(Chapters 1-2)	1544	
A. C. Bhaktivedanta Swami Prabhupada	Srimad Bhagavatam: First Canto "Creation": part 2, chapters 3-5	1545	

Thich Nhat Hanh	Stepping into Freedom: An Introduction to Buddhist Monastic Training	1546	<p>Book Description</p> <p>Stepping into Freedom is a book of guidelines, encouraging words, reminders, and gathas for novice monks and nuns in the Buddhist tradition. These texts provide an important insight into the heart of practice taught by the Buddha, and relevant for all.</p> <p>Editorial Reviews</p> <p>Language Notes Text: English (translation) Original Language: Vietnamese</p> <p>About the Author Born in Hue, Vietnam, Thich Nhat Hanh is a Buddhist monk, poet, scholar, and human rights activist. In 1967, he was nominated by Martin Luther King, Jr., for the Nobel Peace Prize. He is author of more than one hundred books, sixty in English, including Being Peace, Old Path White Clouds, Anger, and No Death, No Fear. He lives at Plum Village, his meditation center in France, and travels worldwide, leading retreats on the art of mindful living.</p>
Houi Hai	The path to sudden attainment : a treatise of the Ch'an (Zen) school of Chinese buddhism	1547	
Lama Thubten Zopa Rinpoche	The wish-fulfilling golden sun of the Mahayana thought training	1548	
Bhante Kovida	An inquiring mind's journey into wisdom, compassion, freedom and silence	1549	<p>Contents: ☐</p> <ol style="list-style-type: none"> 1. Awakening -- 2. Questions and answers -- 3. Self-knowledge and freedom -- 4. The nature and ending of fear -- 5. Travels in southeast Asia.
Thich Thien Tam	Buddhism of wisdom & faith: Pure Land principles and practice.	1550	

Khenpo Ngawong Damchoe	The mind's journey to ultimate happiness : a meditation on Tibetan Buddhism	1551	
Sarah Key	The Body in Action: You Can Keep Your Joints Young	1552	<p>Book Description</p> <p>For those who suffer from aches, pains, and creaky joints, this handy reference shows how to keep the body's skeleton young and healthy. Including a series of stretches, this guide explores how muscles, joints, and bones work, how and why they wear and tear, and how to combat stiffness and pain. Treatments focus on the lower back, thoracic spine, neck, shoulders, elbows, wrists, hips, knees, ankles, and feet. Further advice teaches the warning signs of imminent joint problems, immediate action necessary for restoring mobility, and how to break the bad habits of a sedentary lifestyle. Extensive diagrams of the body and how-to illustrations of exercises encourage patients to actively manage their pain. A daily 30-minute strengthening regime is also outlined for continued movement and flexibility.</p> <p>Editorial Reviews</p> <p>About the Author</p> <p>Sarah Key is the author of Back in Action and Back Sufferer's Bible. She is the official physiotherapist to Britain's Royal Family, for which she was made a Member of the Victorian Order in 2001. Her private practice treats back-pain sufferers and trains medical professionals in back care.</p>
Berkeley Art Center	Sacred art of Tibet : [catalogue of exhibitions at the Berkeley Arts..	5000	pages not numbered

Barry Bryant	The wheel of time sand mandala : visual scripture of Tibetan Buddhism / foreword by the XIV Dalai Lama ; by Barry Bryant in cooperation with Namgyal Monastery.	5001	<p>From Library Journal</p> <p>This book, which has a foreword by the XIV Dalai Lama, reveals details of one of the most important expressions of Tibetan, or Vajrayana, Buddhism--the Kalachakra sand mandala, or Wheel of Time, brought to the United States by Tibetan monks. Bryant, the artistic director of the Samaya Foundation, describes this mandala as a work of art; he gives an explanation of its origins, development, and place in Tibetan Buddhist philosophy and a step-by-step description of its use in religious initiation. He also reveals that the Dalai Lama shared this mandala with the world as a contribution to world peace. Essential for academic and museum libraries; recommended for seminary and public libraries. Copyright 1993 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.</p> <p>Book Description</p> <p>A stunning visual introduction to the artistic and spiritual heart of Tibetan Buddhismthe Kalachakra Sand Mandala.</p>
Don Farber	Tibetan Buddhist Life	5002	<p>Book Description</p> <p>This is the first book to bring together all elements of Tibetan Buddhist life; a fragile culture in danger of vanishing from our world. A testament to the beauty, wisdom, and strength of these people, the book is richly illustrated with over 200 stunning reproductions. Included are many remarkable pictures by the author, acclaimed photographer Don Farber, in addition to historic and contemporary photographs, and both ancient and modern Tibetan art. In-depth text explores the development of Tibetan Buddhism and its influence on other cultures; monastic and laic life-artistic and ritual expression, spiritual and daily life; and the legacy of the Dalai Lamas. A special section comprises photographs and rare interviews with Buddhist masters from the last generation of lamas trained in Tibet. --This text refers to an out of print or unavailable edition of this title.</p> <p>About the Author</p> <p>Don Farber has photographed Buddhist life for over two decades in Asia and the West, and has been a special photographer for the Dalai Lama since 1989. His work has appeared in many publications, including Life and Time magazines, and has been exhibited around the world.</p> <p>Founded in New York in 1981 with the guidance of His Holiness the 14th Dalai Lama, The Tibet Fund's primary mission is the preservation of the distinct cultural, religious, and national identity of the Tibetan people. --This text refers to an out of print or unavailable edition of this title.</p>
Douglas Weiner	Ney YorkTibetan and Himalayan Woodblock Prints.	5003	

Tucci, Giuseppe, 1894-1984.	To Lhasa and beyond ; diary of the expedition to Tibet in the year MCMXLVIII / Giuseppe Tucci ; with an appendix on Tibetan medicine and hygiene by R. Moise ; [translated by Mario Carelli.	5004	Also Titled: Lhasa and beyond Description: 193 p., [38] p. of plates, 1 fold out map : ill. ; 26 cm.
National University of Singapore. Buddhist Society.	Yi cheng - One vehicle : journal of the National University of Singapore Buddhist Society.	5005	
Hiroki. Fujita	Tibetan Buddhist art / photographed by Hiroki Fujita.	5006	Language note ¶ Parallel Japanese and English text. Foreword in Tibetan, Japanese and English.
Dalai Lama XIV	The Dalai Lama's historic visit to North America: Teachings of His Holiness the Dalai Lama / edited and photographed by Marcia Keegan.	5007	In this challenging collection of the Dalai Lama's wisdom, the religious leader reflects on suffering, happiness, love, and truth, and emphasises the need to transform the human mind if we are to find real fulfilment. His Holiness the Dalai Lama was born in 1935, and enthroned as the reincarnation of the thirteenth Dalai Lama in 1940. Following the suppression of the Tibetan national uprising in 1959, he escaped to India where he was given political asylum. At the heart of all the Dalai Lama's teaching is the plea for compassion and non-violence, the essential goodness of the human heart, and the need to live well and die well.
Thubten Loden.	The graduated path to enlightenment : [oral commentary ...]	5008	The graduated path to enlightenment : [oral commentary ...] by Thubten Loden.; Zazep, Tulku Rinpoche.; Tony Duff; Tibetan name: "Lam rim chen mo", by Je Tzong Kapa
Thubten Loden.	The graduated path to enlightenment : [oral commentary ...]	5009	The graduated path to enlightenment : [oral commentary ...] by Thubten Loden.; Zazep, Tulku Rinpoche.; Tony Duff; Tibetan name: "Lam rim chen mo", by Je Tzong Kapa
Jamyang.	New-sun self-learning book on the art of Tibetan painting.	5010	Title: Bod kyi ri mo bri dpe = A new approach to the practice of Tibetan ¶ art / composed by Jamyang (Artist). Language note: In Tibetan. General note: After p. 57 alternate pages blank.
Viljay Kranti	Dalai Lama	5011	

Jampal, L., 1936-, ed.	Himalayan Buddhist art: thangka prints. / [Honorary editor: L. Jampal; assistant editor: Sonam.	5012	
Lama Thubten Zopa Rinpoche	The oral teachings given by Lama Thubten Zopa Rinpoche at the Sixth Meditation Course, March-April, 1974	5013	"These notes are a literal transcription of the teachings given by Lama Thubten Zopa Rinpoche at the Sixth Meditation Course text, 'The Wishfulfilling Golden Sun of the Mahayana Thought Training'"
Jamyang Norbu.	The lives of the Panchen Lamas.	5014	
Geshe Thubten Tenzin	The method of achieving the state of Medicine Buddha Sublime - Teacher of medicine.	5015	Zurkha Gyatsa compilations.
Geshe Thubten Tenzin	The method of achieving the state of Medicine Buddha Sublime - Teacher of medicine.	5016	Zurkha Gyatsa compilations.
Ian A. Baker	The Tibetan Art of Healing	5017	<p>Editorial Reviews</p> <p>Review</p> <p>Tibetan medicine is becoming better known in the Western hemisphere, and this lavishly illustrated volume makes a great contribution to the dissemination of Tibet's medical knowledge. This work features the luminous recreations of traditional medical thanka paintings by the contemporary Nepalese master painter Romi Shrestha. The accompanying text by Ian Baker, who has studied with Himalayan healers, yogins, and lamas, for fifteen years, unlocks the symbolism of these images for us. -- Yoga World --This text refers to an out of print or unavailable edition of this title.</p> <p>Product Description</p> <p>This volume is intended as an artwork in itself and an object of meditation. Based on a revered collection, long considered lost, of Tibetan "thangkas" - elaborate scroll paintings that portray a philosophy of healing based on Buddhist beliefs, Ayurvedic practices and ancient shamanic traditions - these works may still have much to teach us. Created by a traditional artist from Nepal, Romio Shrestha, using the ancient technique of painting with rich minerals such as powdered gold, and lapis lazuli, the works are intended for the minutest contemplation. Divided into sections illuminating the Tibetan Buddhist view of physiology, pathology, diagnosis and cure, the book demonstrates the</p>
G.M. Sugana	The Life and Times of Buddha	5018	

Pierre Rambach	The Art of Japanese Tantrism	5019	
Cecilie Kwiat	The four contemplations which turn the mind to religion/Cecilie Kwiat	5020	Homage to the Precious Jewel of Dharma There are four facts about existence which, when observed in one's life as well as being used as objects of contemplation, will naturally cause the mind to shift from worldly to spiritual concerns. They are: * the precious human birth? * impermanence? * cause and effect? * the dissatisfactory nature of samsara
Ven. Robin Courtin	Notes on the path to enlightenment : a path with heart and logic/Chag-tong Chen-tong Hobart Jan. 2007/Ven Robin Courtincourtin	5021	
Sue Erica Smith	Discovering Buddha: Lessons for primary school	5022	Binder contains one activity booklet in pocket.
Yeshe Lama Thubten	The Avalokiteshvara Yogatantra Method: oral teachings from Lama Thubten Yeshe	5023	
Pema Chodron	Getting Unstuck: Breaking Your Habitual Patterns & Encountering Naked Reality [AUDIOBOOK]	6000	Book Description An urge comes up, we succumb to it, and it becomes stronger. We reinforce our cravings, habits, and addictions by giving in to them repeatedly. Pema Chodron guides us through this "sticky feeling" and offers us tools for learning to stay with our uneasiness, soften our hearts toward others, and ourselves and live a more peaceful life in the fullness of the present moment. About the Author Pema Chodron is an American bhikshuni, or Buddhist nun in the Tibetan Vajrayana tradition. Since her ordination in 1974, Ane Pema ("Ane" is a Tibetan honorific for a nun) has conducted workshops, seminars, and meditation retreats in Europe, Australia, and throughout North America. She is the director of Gampo Abbey, the first Tibetan Buddhist monastery in North America. Pema Chodron is also an acharya (master teacher) in the lineage of Chogyam Trungpa, Rinpoche.
Yoko	Treasury of jewels: Tibetan Buddhist mantras & praises	6001	Yoko sings the Tibetan Puja.

Sogyal Rinpoche	The Tibetan Book of Living and Dying [in an abridged format.]	6002	<p>Set of unmarked cd's believed to be a copy of an audio book described below (left channel audio only):-</p> <p>This bestselling spiritual masterpiece is now available as a four-tape audio book which conveys the essential meaning of The Tibetan Book of Living and Dying in an abridged format.</p> <p>Contains unpublished passages by Sogyal Rinpoche.</p> <p>4 Audio Tapes</p> <p>Series Spiritual classics on cassette Note Abridged. Performer Sogyal Rinpoche, Lisa Brewer, Charles Tart, and Michael Toms. Summary Presents a radically new vision of living and dying. Shows how to go beyond the fear and denial of death to discover what it is in people that survives death and is changeless. Explains simple, yet powerful practices that anyone can do to transform their lives, prepare for death, and help the dying.</p>
Various	Theory and practice of meditation: A series of lectures given at naropa Institute 1978 [mp3 cd]	6003	<p>A series of lectures by:</p> <p>Vajracara Ven Chogyam Rinpoche Vajra Regent Osel Tenzin</p>
Geshe Sonam Rinchen	5 talks [mp3 cd]	6004	No details available, copied from old cassette tape.
Geshe Sonam Rinchen	Geshe Sonam Rinchen : Koonya talks [mp3 cd]	6005	Copied from cassette tape, no details available.
Geshe Sonam Rinchen	Vajrayana [mp3 cd]	6006	<p>A series of lectures given in March/April 1986</p> <ol style="list-style-type: none"> 1.Vajrayana - Introduction 2.Vajrayana - The yogas of Tantra 3.Tantra - Generation as the deity - also Taking the 3 Bodies 4.Vayrasaattva and completion stage
Geshe Sonam Rinchen	Heart Sutra [mp3 cd]	6007	

Shi Wuling	Awaken to the Buddha Within [4 audio cds, running time 4hrs 11 min.]	6008	Product Description Beginning with his life, Awaken to the Buddha Within explores what the Buddha experienced from impermanence and causality to compassion and altruism. Understanding his teachings of morality, concentration, and wisdom will help us to find within ourselves the answers we are seeking today.
Shi Wuling	Pure Land chants: Amitufo, Namo Amitufo [2 audio cds]	6009	from cover: "We chant to touch the Buddha within us to become one with all Buddhas"
Zazep Tulku Rinpoche	Chod [DVDseries]	7000	
Zazep Tulku Rinpoche	Healing the mind - Weeroona April 11, 2006 [DVD series]	7001	
Zazep Tulku Rinpoche	Why meditate? - Weeroona April 7, 2006 [DVD series]	7002	
Dalai Lama XIV	Stages of meditation by Kamalashila. + Public talk: Finding purpose in life. [10 dvds, approx 21 hours run time]	7003	"Stages of Meditation" is a commentary by the Dalai Lama on a rare text by 9th century Indian Buddhist scholar Kamalashila that was written in Tibet to correct some Chinese misinterpretations of Buddhism that were influential at the time. This text can be like a key that opens the door to all other major Buddhist scriptures.
Melinda Andreas	Gyuto Tantric University in exile: A colourful history in moving pictures. [photo DVD]	7004	
Gaden Relief	Mongolia 2006: A Gaden Relief Project	7005	Buddhism is resprouting in Mongolia after more than 50 years of government repression, and Gaden Relief is there to help. Gaden Relief has formed a committee to assist Amarbayasgalant Monastery, a five hour drive from Ulan Bator, the capital of Mongolia. The committee helps provide basic services such as running water, food, clothing and other basic necessities for the monks.
Gaden Relief	Tibet: A journey home - A Gaden Relief fundraising project.	7006	Gaden Relief Projects Helping Tibetans and Mongolians preserve their unique cultures.

Various	Change your mind: change the world [3DVD set]	7007	<p>The "Change your mind, Change the world" 2007 Mitra Buddhist Conference was held at the Sydney Conservatorium of Music. Footage from both days including all 6 main talks are now available on DVD. This includes Ven Heng Sure's insight on whether "Buddhist Activism" is an oxymoron, Ven. Yuan Zhi's on "Love" - is it all you need? Ven. Christine Roberts on "Changing your mind" a discussion between AACAP's Dr Eng Kong Tan and Ven Ayya Sucinta about the "Therapist's couch and the meditation cushion"</p> <p>The three DVD set also features extra footage of interviews with participants, music from the Interior Horizon CD, slideshows and some of the discussion groups</p>
Rick Ray	10 questions for the Dalai Lama: one man's journey through the northern Himalayas	7008	<p>Includes extras: Deleted Scenes, Interview with Director Rick Ray, Interview with Tenzin Geyche Tethong, Secretary to His Holiness The Dalai Lama.</p> <p>In English. No subtitles.</p> <p>Written and directed by Rick Ray.</p> <p>Masterfully weaves the spiritual and the historical to produce an illuminating portrait of his holiness the Dalai Lama --Container.</p>
Khashyar Darvich	Dalai Lama renaissance a personal journey to transform the world - a film by Khashyar Darvich ; narrated by Harrison Ford.	7009	<p>"Dalai Lama Renaissance, narrated by Harrison Ford, is the winner of 12 awards and the official selection of over 40 international film festivals. At the edge of the Millenium, the Dalai Lama of Tibet invited 40 of the west's leading, most innovative thinkers to his residence in the Himalayan Mountains of northern India to discuss the world's problems and how we can solve them. What transpired was unexpected and powerful, and captured by an 18 person 5 camera film crew. The film features quantum physicists Fred Alan Wolf and Amit Goswami (from What the Bleep Do We Know), Dr. Michael Beckwith (from The Secret), national radio host Thom Hartmann, revolutionary social scientist Jean Houston, and others. Beautifully filmed exotic scenery and Tibetan and Indian culture." -- from publisher description.</p>
Dalai Lama	The Art of Happiness	1001-1	<p>The world's greatest spiritual leader teams up with a psychiatrist to share, for the first time, how he achieved his hard-won serenity and how we can fine the same inner peace.</p>
Various sources	Atisha : a biography of the renowned Buddhist sage / translated from Tibetan sources by Lama Thubten Kalsang et al.	1002-1	

Amaravati Publications (Hertfordshire, England)	Seeing the way : Buddhist reflections on the spiritual life: an anthology of teachings by English-speaking disciples of Ajahn Chah	1017-1	
Christmas Humphreys	Buddhism	1021-1	The life of the Buddha, the ministry, the rise of the 2 schools, the spread of Buddhism, thereavada, the sangha, mahayana principles, the bodhisattva idea and the pure land schools, zen, Tibetan, the fruits of Buddhism and Buddhist Scriptures etc.
Dolma Taring	Daughter of Tibet: The Autobiography of Rinchen Dolma Taring	1030-1	Book Description Rinchen Taring was born in 1910 in one of the oldest families in Tibet. She was the first Tibetan girl to speak and write English.
Lama Zopa Rinpoche	The Door to Satisfaction: The Heart Advice of a Tibetan Buddhist Master/Lama Zopa Rinpoche	1041-1	Editorial Reviews Product Description In this new edition of a classic book, Lama Zopa Rinpoche reveals the essential meaning of an ancient text that he discovered in his retreat cave high in the Himalayas. This text was Opening the Door to Dharma, composed in the fifteenth century by a follower of the Kadampa tradition. Lama Zopa was so moved and enlightened by the text that he declared that only after reading it did he understand the true meaning of practicing Dharma. He has based an entire line of thought-training teachings on it and from it brings forth a powerful message in The Door to Satisfaction. Open this book and open the door to a timeless path leading to wisdom and joy. --This text refers to an out of print or unavailable edition of this title.
Anonymous	The Dhammapada	1045-1	Abstract: The aphorisms that illustrate the Buddhist dhamma or moral system. Probably compiled in the 3rd c. BC, the verses encompass the struggle towards Nirvana and point out the Path of Perfection leading to it. 'This gospel of light and love is amongst the greatest spiritual works of man. Each verse is like a small star and the whole has the radiance of eternity.'
Thupten Wangyal. (Geshe Wangyal)	The jewelled staircase / by Geshe Wangyal.	1050-1	

1878-1941.. Pha-bon-kha-pa Byams-pa-bstan-dzin-phrin-las-rgya-mtsho	Self-initiation of Vajrabhairava / compiled by Kyabje Phabongkha Rinpoche ; translated [from Tibetan] by Sharpa Tulku with Richard Guard.	1051-1	"For initiates who have completed the required retreat of this [Buddhist] deity."
Bstan-dzin-rgya-mtsho, Dalai Lama XIV, 1935-	The opening of the wisdom-eye and the history of the advancement of Buddhadharma in Tibet / by Tenzin Gyatsho the XIVth Dalai Lama of Tibet.	1076-1	Translated from Tibetan by Thubten Kalzang Rinpoche, Bhikkhu Nagasena, and Bhikkhu Khantipalo.
Suzuki, Shunryu, 1905-1971.	Zen mind, beginner's mind / by Shunryu Suzuki ; edited by Trudy Dixon ; with a preface by Huston Smith ; and an introduction by Richard Baker.	1077-1	
Geshe Kelsang Gyatso	A Meditation Handbook	1103-1	Book Description This step-by-step meditation manual provides a clear, practical explanation of what meditation is and how to integrate it into our daily life. The first part of the book gives the essential background to meditation - why we need to meditate, how to prepare for meditation, and how to enjoy a successful meditation session. The second part presents the twenty-one meditations of the Buddhist path to enlightenment, and includes advice on how to maintain the experience of meditation throughout the day, how to combine these meditations into a cycle for regular daily meditation, and how to do a simple meditation retreat. --This text refers to an out of print or unavailable edition of this title.
Kathleen McDonald	How to Meditate: A Practical Guide / Kathleen McDonald	1106-1	Buddhist Studies Review An excellent introduction...refreshingly readable...clarity without oversimplification." Yoga Today This book is as beautifully simple and direct as its title... earnestly recommended..."
Kathleen McDonald	How to Meditate: A Practical Guide / Kathleen McDonald	1106-2	Buddhist Studies Review An excellent introduction...refreshingly readable...clarity without oversimplification." Yoga Today This book is as beautifully simple and direct as its title... earnestly recommended..."

W. Y. Evans-Wentz (Walter Yeeling), 1878-1965, ed.	Tibetan yoga and secret doctrines ; or, Seven books of wisdom of the great path, according to the late Lama Kazi Dawa-Samdub's English rendering.	1117-1	Arranged and edited with introductions and annotations to serve as a commentary by W.Y. Evans-Wentz. With foreword by R.R. Marett and Yogic commentary by Chen-chi Chang. Also Titled: Seven books of wisdom of the great path Contents: General introduction.--The supreme path of discipleship: the precepts of the gurus.--The nirvanic path: the yoga of the great symbol.--The path of knowledge: the yoga of the six doctrines.--The path of transference: the yoga of consciousness-transference.--The path of the mystic sacrifice: the yoga of subduing the lower self.--The path of the five wisdoms: the yoga of the long hu?m.--The path of the transcendental wisdom: the yoga of the voidness.
W. Y. Evans-Wentz (Walter Yeeling), 1878-1965, ed.	Tibetan yoga and secret doctrines ; or, Seven books of wisdom of the great path, according to the late Lama Kazi Dawa-Samdub's English rendering.	1117-2	Arranged and edited with introductions and annotations to serve as a commentary by W.Y. Evans-Wentz. With foreword by R.R. Marett and Yogic commentary by Chen-chi Chang. Also Titled: Seven books of wisdom of the great path Contents: General introduction.--The supreme path of discipleship: the precepts of the gurus.--The nirvanic path: the yoga of the great symbol.--The path of knowledge: the yoga of the six doctrines.--The path of transference: the yoga of consciousness-transference.--The path of the mystic sacrifice: the yoga of subduing the lower self.--The path of the five wisdoms: the yoga of the long hum.--The path of the transcendental wisdom: the yoga of the voidness.
Geshe Jampa Tegchok	The kindness of others: a commentary on the Seven-Point Mind Training	1123-1	All Authors / Contributors: Jampa Tegchok, Geshe, Stephen Carlier, Andy Wistreich
Geshe. Rabten	Echoes of voidness / Geshae Rabten ; translated and edited by Stephen Batchelor.	1124-1	Tibetan Buddhist doctrine (BNB/PRECIS) Translation from the Tibetan. Bibliography: p144-147.
K. P. R. Nyingpo	Meditation on Vajrabhairava : the procedures for doing the serviceable retreat of the glorious solitary hero Vajrabhairava with the Sadhana 'Victory over Evil'	1126-1	Language Notes Text: English, Tibetan (translation) Abstract: This text is restricted to those who have received the initiation and maintain the commitments of this deity.
K. P. R. Nyingpo	Meditation on Vajrabhairava : the procedures for doing the serviceable retreat of the glorious solitary hero Vajrabhairava with the Sadhana 'Victory over Evil'	1126-2	Language Notes Text: English, Tibetan (translation) Abstract: This text is restricted to those who have received the initiation and maintain the commitments of this deity.
Chogyam Trungpa	Mudra	1138-1	

Sumedho Bhikkhu.	Mindfulness, the path to the deathless : the meditation teaching of Venerable Ajahn Sumedho.	1144-1	Rev. ed. of: Path to the deathless, 1985. "Edited from longer talks ... given to meditators as a practical approach to the wisdom of Buddhism"-- P. 9.
Marie Beuzeville. Byles	Footprints of Gautama the Buddha: being the story of the Buddha his disciples knew, describing portions of his ministerial life	1145-1	
W. Y. Evans-Wentz (Walter Yeeling), 1878-1965.	The Tibetan book of the great liberation or the method of realizing Nirvana through knowing the mind : Preceded by an epitome of Padma-Sambhava's biography and followed by Guru Phadampa Sangay's teachings	1150-1	
Thubten Jigme Norbu.	Tibet : its history, religion and people / [by] Thubten Jigme Norbu, Colin M. Turnbull.	1157-1	
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	Opening the eye of new awareness / Tenzin Gyatso, the fourteenth Dalai Lama ; translated by Donald S. Lopez, Jr., with Jeffrey Hopkins.	1167-1	
Conze, Edward, 1904-1979, ed. and tr.	Buddhist meditation / by Edward Conze.	1169-1	"The bulk of the selections are derived from the Old Wisdom school [i. e. of the Therava?din and Sarvastivadin schools] and in particular from Buddhaghosa's Path of purity." Continued by Buddhist thought in India. Includes bibliographical references.
Geshe Lhundub Sopa	The wheel of time : the Kalachakra in context	1179-1	Originally published: Madison, WI : Deer Park Books, 1985.
Geshe Lhundub Sopa	The wheel of time : the Kalachakra in context	1179-2	Originally published: Madison, WI : Deer Park Books, 1985.

Herbert V. Guenther	The dawn of tantra / by Herbert V. Guenther and Cho?gyam Trungpa ; edited by Michael Kohn ; illustrated by Glen Eddy and Terris Temple.	1184-1	
Geshe Sonam Rinchen	The thirty seven practices of Bodhisattvas : an oral teaching / by Geshe Sonam Rinchen ; translated and edited by Ruth Sonam	1222-1	From Library Journal These two volumes present perspectives on the Bodhisattva ideal, the distinguishing characteristic of Mahayana Buddhism that emphasizes the desire for enlightenment as an act of altruism toward all beings. A Guide to the Bodhisattva Way of Life is a classic of Tibetan Buddhism, composed in the eighth century by a Buddhist monk. The Wallaces (a professor and a student in religious studies, Stanford Univ.) translated this work with careful attention to Tibetan and Sanskrit versions, which makes their translation unique. The main text has been re-created from the Sanskrit with attention to the Tibetan. Where the nuances in the originals differ significantly, the translation of the Tibetan version is given in the notes. The Thirty Seven Practices of Bodhisattvas is a transcription of an oral teaching by a Buddhist scholar and teacher. The text on which the teaching is given is a set of verses written in the 14th century by a Tibetan Buddhist monk. Like the first title, this work seeks to elucidate the day-to-day practice of the Bodhisattva. The original verses are short and fairly clear, and the commentary by Rinchen makes the meaning and the demanding character of the Bodhisattva ideal realistic for the contemporary reader. The two titles offer insight upon insight as to the way a life should be lead. Rinchen's is perhaps the more accessible to general readers. For the price, any library with an interest in Buddhism would do well to acquire both.?Mark Woodhouse, Elmira Coll. Lib., N.Y. Copyright 1997 Reed Business Information, Inc.
ABC Radio	The Wisdom of the East.	1231-1	Contents: The impact of Asian religions on the West / Arthur Basham -- The Guru / Ian Kesarcodi-Watson -- Buddha points to the mind / Phra Kantipalo -- The sound of one hand clapping / John Cooper - Islamic mysticism / Saleem Akhtar -- To Hinduism through Gandhi / Eric Sharpe. Notes: Oriental religions. Lectures, speeches. Transcripts (ANB/PRECIS SIN 0329738) A series of six talks arranged for broadcasting on the ABC's Cross Ways programme by Maureen McInerney.
Anuruddha.	A manual of Abhidhamma : Abhidhammattha-Sangaha / [edited in the original Pali text with English translation and explanatory notes] by Narada Thera.	1244-1	Also Titled: Manual of Abhidhamma, being Abhidhammattha-Sangaha of Anuruddhacariya

Humphreys, Christmas, 1901-1983.	Zen Buddhism	1245-1	
Mark. Tatz	Rebirth : the Tibetan game of liberation / by Mark Tatz and Jody Kent.	1274-1	Notes: Coloured gameboard (folded sheet) as insert.
1935- Bstan-dzin-rgya-mtsho Dalai Lama XIV	The global community and the need for universal responsibility / Tenzin Gyatso the Fourteenth Dalai Lama.	1287-1	I believe that to meet the challenge of our times, human beings will have to develop a greater sense of universal responsibility. Each of us must learn to work not just for his or her own self, family or nation, but for the benefit of all mankind. Universal responsibility is the real key to human survival. It is the best foundation for world peace, the equitable use of natural resources, and through concern for future generations, the proper care of the environment. For some time, I have been thinking about how to increase our sense of mutual responsibility and the altruistic motive from which it derives. (excerpt)
1902- Thate Desaransi.. Phra	The flavour of Dhamma / by Phra Acharn Thate Desaransi..	1312-1	Also Titled:☐ Way of the path, Words of the master Notes:☐"Words of the master" was translated from a tape recording.
1357-1419. Tson-kha-pa Blo-bzan-grags-pa	A Short biography and letter of Je Tzong-kha-pa / prepared by the Translation Bureau of the Library of Tibetan Works and Archives.	1325-1	Contents:☐A short biography of Je Tzong-kha-pa, compiled by J. Marshall and edited by I. Stevens.-- Tzon-kha-pa. A brief exposition of the main points of the graded sutra and tantra courses to enlightenment. Notes:☐The 1st work has been extracted and translated from Mkhasgrub Dge-legs-dpal-bzan-po's work Je-tzun Lama Tzong-kha-pa chen-poi ngo-tsar ma-du jung-wai nam-par tar-pa da-pmi jug-ngog zhe-ja wa; the 2nd work is a translation of Lam-gyi rim-pa mdo tzam-du bstan-pa.

Dzongsar Jamyang Khyentse	What Makes You Not a Buddhist	1358-1	<p>From Publishers Weekly</p> <p>Here at last is a crisp new voice in Tibetan Buddhism. Khyentse, a lama from an influential family and Buddhist lineage in Bhutan, is also a filmmaker, responsible for the sleeper hit <i>The Cup</i>, about a group of Tibetan monks obsessed with soccer. The monk brings the same multicultural fluency to his first book. He can make references to Viagra and Camilla Parker-Bowles as easily as he can tell stories of the Buddha's life. With confidence tempered by wit, he cuts to the core of Buddhism: four "seals"--truths--that make up a Buddhist "right view" of the world and existence. This book is not, repeat not, about meditation. Instead, it looks at everyday life through a Buddhist lens, understanding happiness and suffering from that perspective. Enlightenment ends suffering but also trumps happiness. Khyentse writes persuasively about the importance of understanding emptiness: disappointment lessens, expectations soften, and change is not a shock. There is much food for thought in this short book for Buddhist students and for anyone interested in the ongoing adaptation of traditional Eastern wisdom into postmodern Western settings. "You can change the cup," Khyentse writes, "but the tea remains pure." (Jan. 9)</p> <p>Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.</p> <p>Review</p> <p>"Here at last is a crisp new voice in Tibetan Buddhism. . . . There is much food for thought in this short book for Buddhist students and for anyone interested in the ongoing adaptation of traditional Eastern wisdom into postmodern Western settings."-Publishers Weekly</p>
Kyabje Rimpoche Pabongka	Heart-Spoon; Encouragement Through Recollecting Impermanence	1374-1	Edited by Ailsa Cameron
Lama Yeshe	Lama Yeshe Becoming Your Own Therapist: an introduction to the Buddhist way of thought	1379-1	<p>Product Description</p> <p>Lord Buddha's idea is that everybody should become a psychologist. Each should know their own mind. Wonderful book on learning to understand and control your own mind.</p>
Panchen Lama 1	The Guru puja [and] The hundreds of Deities of the land of Joy	1400-1	<p>Translated and prepared by:-</p> <p>Alexander Berzin Jampa Gendum Jonathan Laine Thubten Samten Judith Diane Short</p>
Jan Knappert	Indian Mythology an Encyclopedia of Myth	1411-1	An A to Z of Indian mythological beings

Vicki MacKenzie	Cave in the Snow: A Western Woman's Quest for Enlightenment/Vicki Mackenzie	1443-1	<p>Amazon.com Review</p> <p>It sounds like a legend out of medieval Tibet: the ascetic who leaves home to join the Buddhist order, then spends 12 years in a cave, 15 hours a day in a meditation box. This is no legend, but you could call Tenzin Palmo legendary in her single-minded pursuit of higher realizations. From the East End of London to halfway up the Himalayas, she is now back in society, attempting to pull medieval Tibetan Buddhism into the modern era--women's rights and all. As biographer Vickie Mackenzie says by way of background, a group of elite women practitioners called "Togdemnas" still existed just decades ago. Tenzin Palmo, having studied with her male counterparts, is now canvassing the planet, welcoming women into full participation in Tibetan Buddhism and building support for an academy of Togdemnas that she plans to establish in the Himalayas. Mackenzie helps raise awareness for women's roles in Tibetan Buddhism by going into some detail about obstacles still faced by women as well as heroines who have overcome those obstacles, such as Yeshe Tsogyel (Sky Dancer) and Machig Lapdrön, a mother who started her own lineage. If Mackenzie has it her way, it won't be long before Tenzin Palmo joins that list of heroines. --Brian Bruya --This text refers to an out of print or unavailable edition of this title.</p> <p>From Library Journal</p> <p>Very possibly, the central figures of these two books?one German, the other British?met during their</p>
editor. Nicholas Ribush	Teachings from Tibet - Guidance from Great Lamas	1457-1	
Thubten Loden.	The graduated path to enlightenment : [oral commentary ...] NOT FOR LOAN	5009-1	<p>The graduated path to enlightenment : [oral commentary ...] by Thubten Loden.; Zazep, Tulku Rinpoche.; Tony Duff;</p> <p>Tibetan name: "Lam rim chen mo", by Je Tzong Kapa</p> <p>NOT FOR LOAN</p>
Thubten Loden.	The graduated path to enlightenment : [oral commentary ...] [Reference material only - not for loan]	5009-2	<p>The graduated path to enlightenment : [oral commentary ...] by Thubten Loden.; Zazep, Tulku Rinpoche.; Tony Duff;</p> <p>Tibetan name: "Lam rim chen mo", by Je Tzong Kapa</p> <p>Not for loan</p>
Thubten Loden.	The graduated path to enlightenment : [oral commentary ...]	5009-3	<p>The graduated path to enlightenment : [oral commentary ...] by Thubten Loden.; Zazep, Tulku Rinpoche.; Tony Duff;</p> <p>Tibetan name: "Lam rim chen mo", by Je Tzong Kapa</p>

Lama Thubten Zopa Rinpoche	The wish-fulfilling golden sun of the Mahayana thought training	REF 1	Original Illusion Farm book - For reference only, no loans.
Lama Thubten Zopa Rinpoche	Meditation Course Notes Volume 1	REF 2	"These notes are a somewhat paraphrased version of notes taken at Lama Thubten Zopa Rinpoche's discourses at the third and fourth Meditation Course based on the text, 'The Wishfulfilling Golden Sun of the Mahayana Thought Training'"
Lama Thubten Zopa Rinpoche	Meditation Course Notes Volume 2	REF 3	"These notes are a literal transcription of the teachings given by Lama Thubten Zopa Rinpoche at the Fifth Meditation Course text, 'The Wishfulfilling Golden Sun of the Mahayana Thought Training'"
Lama Thubten Zopa Rinpoche	Meditation Course Notes Volume 3	REF 4	"These notes are a literal transcription of the teachings given by Lama Thubten Zopa Rinpoche at the Sixth Meditation Course (text, 'The Wishfulfilling Golden Sun of the Mahayana Thought Training'"")